

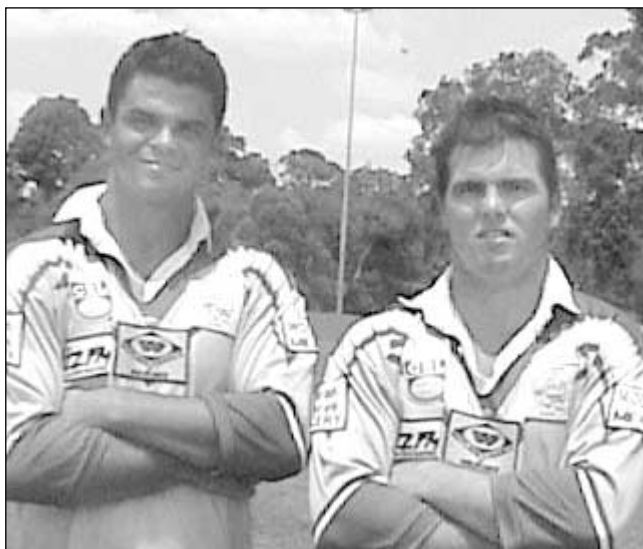
Sports Roundup with Lesley Patterson

Mullumbimby Giants hook a few eels

In a major coup for the Junior Giants, the Parramatta Eels will be co-operating in a series of fundraising events next month. The NRL team will use Brunswick Heads as their base for a week long camp next month ahead of the start of the 2004 Telstra Premiership.

Following a trial game against the Sharks in Ballina on February 14, the Eels will spend a week in heavy training before their second trial, against the Warriors at Carrara on 21 February.

Eels fans will be able to play a round of golf on February 18 with two of 20 Eels' players and officials or join the team for an after game dinner at the Ocean Shores Country Club. Tickets for the dinner are \$25 a head and \$100 buys you a round of golf with players and dinner. Get in quick to reserve your spot by calling Leon Reid, president of the Mullumbimby Junior Rugby



NRL players Daniel Wagon and Luke Burt from the Eels will be two of the 20 players and officials visiting Byron Shire next month to help out the Mullumbimby Junior Rugby League Club.

League Club on 0412 779577. The Eels will use the facilities of the Mullumbimby Giants ground during the week and will also be promoting the game through school and junior league clinics, as well as local business promotions and coach the coaches forums. The Mullumbimby Giants have a rich history in rugby league, and welcome the involvement of the Eels who will also be signing autographs at the junior rugby league club's sign-on day on Sunday February 15.

WCT wildcard coup for McGrath



Byron Shire surfer Laurina McGrath, pictured above, has won the last remaining place into the elite World Championship Tour (WCT) for 2004.

McGrath, who has been competing in the World Qualifying Series for the past few years, originally missed out on qualification for the WCT.

Her performance at last weekend's Roxy Pro at Phillip Island was her last chance to make it to the WCT via the wildcard route. In an extraordinary four girl surf-off for the one re-

maining position on the World Championship Surfing Tour, Laurina won through to the final, then defeated the very experienced Serena Brooke from Queensland, French surfer Marie Peirre Agrail and Wollongong's Kate Skarrett.

'This is the greatest day of my life,' said McGrath after the event.

'To qualify for the World Championship Tour is amazing. I injured my medial ligament last season in Hawaii and it's been a difficult 12 months, but now I'm right. I can't wait for the Roxy

Pro on the Gold Coast. It's a dream come true.'

Laurina's next major event will be the Roxy Pro World Championship Tour Event on the Gold Coast in early March.

She will be competing with season pro Pauline Menczer from Ocean Shores who opened her 2004 competitive season with a strong third placing in the Roxy Pro WQS event.

Amazingly enough no major sponsor has yet signed up McGrath, so if you are interested you better be quick.

Photo: Surfing Australia

Bronze medal for Bruns lifesavers



Nathan Diehm, Ben Martin, Ben Condie and Katelyn Dennis are pictured above after receiving their bronze medals in the surf team event at the NSW Country Championships at South West Rocks last week.

The Country Championships attract teams from all rural and regional surf lifesaving clubs throughout New

South Wales. A small, but enthusiastic team from Brunswick Junior Surf Lifesaving Club made the trek south to battle the rough seas.

Steve Dennis, president of the club, said the team gave their best efforts in cold and wet conditions, achieving excellent results in all events.

'Brunswick Heads can be

proud of the determination and sportsmanship displayed by all those who competed,' Mr Dennis said.

Standout performers were Callum Smith who won a silver medal in the surf swim, Luke and Sam Condie, Lillian Kapodistrias-King, Grace Hamilton, Elyse Dennis, Sam Martin, Katie Dailhou and Sam Rogan.

Valleys start training

Training for the Brunswick Valley Soccer Club gets underway this week continuing every Tuesday and Thursday night at 6pm.

The club is hoping to enter four teams in the Far North Coast Soccer Competition this season and are looking for players to fill positions in first grade, first reserves, third division and over 35s.

'We are yet to name a first grade coach,' said publicity officer Matthew Wood, 'but the team for first grade is well balanced with some over 35

players making themselves available for first grade this year. With players like Mark Stephens, Matt Taylor and Adam Goodhand, the side will be full of skill, youth and experience. This year is looking good for the Valleys to once again make an impact in first grade.'

The club is also planning to enter two teams in the pre-season Anzac Cup competition. To join up get down to Pine Avenue any Thursday or Tuesday night from 6pm.

Surfers able the disabled

The Disabled Surfers Association (DSA) is a group of surfers who donate their time to take people with limited ability surfing in controlled conditions.

Their aim is to help surfers who have been disabled through accident or illness to take to the water again with assistance from volunteers.

Many people have regained their confidence in the water and had heaps of fun at events run by the Disabled Surfers Association throughout Australia.

The North Coast Branch only formed last year and are keen to encourage both volunteers to help in the water and participants.

Their next event will be

held at Byron Bay on Saturday February 28.

Volunteers are encouraged to meet at the surf club at 9am or join the group on the beach. Participants should phone Ben on 6680 7184, Ted 6680 4423 or Daffy on 0414 876874 to register their interest.

DSA are looking for sponsors to help fund equipment purchases or cover the cost of hosting events and are soon to start a campaign among local business houses.

Anyone who is interested in joining the Far North Coast branch of DSA can come along to the next meeting on Tuesday February 10 at 7.30pm at the Byron Bay Services Club.

Fitness leaders course at Lennox

A fitness leaders' course that trains participants for a career in the fitness industry as an aerobics teacher, gym instructor or personal trainer is being held in Lennox Head.

The NSW Department of Tourism, Sport and Recreation is bringing an eight day course to Lennox Head in March. The course is the first step in becoming a nationally recognised fitness instructor.

'This is the perfect opportunity for people in the North Coast region to gain the first

step towards becoming a qualified aerobics teacher or gym instructor without having to travel great distances to access the training,' according to Development Officer, Rebecca Idiens.

'The Department of Tourism, Sport & Recreation will be bringing nationally-recognised lecturers from the FIA (Fitness Institute Australia) to present the course in Lennox Head.'

'They include Paul Haslam, a former Olympic

weightlifting champion; Wendy Richmond, who specialises in fitness and group exercise instruction and corporate health and gym management; and Andrew Richardson, a former national judo champion.'

The course will run from March 22-31 at the Lennox Head Surf Lifesaving Club.

For further information and enrolment forms contact the NSW Department of Tourism, Sport & Recreation on 1800 655 248.

MONTHLY MARKETS			
1st SAT	Bruns Hds.....	6684	4437
1st SUN	Byron Bay.....	6680	9703
1st SUN	L'more Car Boot.....	6628	7333
2nd SUN	The Channon.....	6688	6433
2nd SUN	Lennox Head.....	6672	2874
3rd SAT	Mullumbimby.....	6684	3370
3rd SUN	Uki.....	6679	9125
3rd SUN	Nimbin.....	6680	4469
3rd SUN	L'more Car Boot.....	6628	7333
3rd SUN	Ewingsdale.....	6684	7706
4th SUN	Bangalow.....	6687	1911
5th SUN	Nimbin Market.....	6680	4469
EACH TUE	Organic L'more	0428887340	
EACH THU	8-11am Byron Farmer's	Butler St 6680 7431	
Byron Bay Camping & Disposals			
For King Gee work clothes and Rossi Blundstone and Redback work boots Phone: 6685 8085			

TIDE TIMES			
PHASES OF THE MOON			
First Quarter	29th Jan	5.04 pm	
Cancer Full Moon	6th Feb	7.48 pm	
Last Quarter	14th Feb	12.41 am	
New Moon	20th Feb	8.19 pm	
WED 28th	High 1.50 am 1.3	Sunrise 6.12 am	
	Low 1.46 pm 1.3	Sunset 7.44 pm	
	High 7.47 am 0.6	Moonrise 12.08 pm	
	Low 8.11 pm 0.4	Moonsit 11.48 pm	
THU 29th	High 2.38 am 1.3	Sunrise 6.13 am	
	Low 2.37 pm 1.1	Sunset 7.43 pm	
	High 8.50 am 0.6	Moonrise 1.02 pm	
	Low 8.52 pm 0.5		
FRI 30th	High 3.32 am 1.3	Sunrise 6.14 am	
	Low 3.42 pm 1.0	Sunset 7.43 pm	
	High 10.03 am 0.6	Moonrise 1.57 pm	
	Low 9.39 pm 0.5	Moonsit 12.18 am	
SAT 31st	High 4.31 am 1.3	Sunrise 6.15 am	
	Low 4.59 pm 1.9	Sunset 7.42 pm	
	High 11.24 am 0.6	Moonrise 2.52 pm	
	Low 10.35 pm 0.6	Moonsit 12.51 am	
SUN 1st	High 5.31 am 1.4	Sunrise 6.16 am	
	Low 6.11 pm 1.0	Sunset 7.42 pm	
	High 12.32 pm 0.5	Moonrise 3.48 pm	
	Low 11.34 pm 0.6	Moonsit 1.28 am	
MON 2nd	High 6.25 am 1.4	Sunrise 6.17 am	
	Low 7.08 pm 1.0	Sunset 7.41 pm	
	High 1.24 pm 0.5	Moonrise 4.44 pm	
	Low 1.24 pm 0.5	Moonsit 2.09 am	
TUE 3rd	High 7.13 am 1.5	Sunrise 6.17 am	
	Low 7.54 pm 1.1	Sunset 7.41 pm	
	High 12.30 am 0.5	Moonrise 5.37 pm	
	Low 2.05 pm 0.4	Moonsit 2.56 am	
Times are EDST. Heights in metres.			
Courtesy of NSW Tide Charts, Manly Hydraulics Laboratory, NSW Dept of Commerce - Brunswick Heads +6 min; Byron Bay -9 min; Billinudgel, Marshalls Creek +3 hr 55 min; Mullumbimby +1 hr 10 min			
corner Lawson & Fletcher Streets Largest range of Surf Hire			