

ACUPUNCTURE

Chinese herbs, cupping, massage Oz & China trained - BSc (Ch.Med) Angeliki 66809809, 0412494199

MULLUM MASSAGE

DEEP ★ FLOWING ★ NURTURING Kahuna style Deborah Lilly 66843723

PODIATRIST

Home visits Ocean Shores, Brunswick, Mullum. Ph 66884366 - Heather Walker

Therapeutic Massage \$40hr. No sex. Ph Mel 66851129 or 0401879474

Solomon Yagalates™ Mullumbimby
STRENGTHEN STRETCH & RELAX
• Mon 9am above Santos
• Thurs 7am • Sun 10am
at Pioneer Hall Gordon St
EASTER BREAK 9.4 - 23.4
Carolyn Minifie 6684 3745

the **O3 Zone**
OXYGEN DAY SPA
LOOK YOUNGER
Oxygen Facials, Steam Sauna, Massage, Body Wraps, O2 Breathing
29 Fletcher St, Byron Bay Ph. 6685 5511

Human Awareness Institute presents
Pathways to Intimacy
Ambaji 16th May
Ph: 6684 3227

6 month core yoga sessions
Beginning May 3 & 5, 2004 (Monday & Wednesday)
Moller Pavilion - Bangalow Showgrounds
7 - 8.30am
Plant winter fitness for blooming spring health
With Pilates mat work & Hatha Yoga - suitable all levels
\$13 casual class. \$55 - 5 classes. \$100 - 10 classes
'Your investments to you pay back a thousand fold'
(Post-surgery, chronic injuries or absolute beginner to yoga or pilates)
Call Danielle @ 6687 2916

byron guide **body & soul**
The **Byron Body & Soul Guide** is now open for bookings for the **winter/spring** issue.
Call **NOW** to reserve your space in Byron's most popular tourist guide
DEADLINE for all copy is **May 4**
Call **0500 503316** (local call rates)

EPICENTRE YOGA ROOM

	6am	8am	10-12	4pm	6pm
MON		John	John	Joanne	Darren
TUES	Darren	Mandakini	Flo	Mirella	Yoga Dance
WED		John	John	Claire	Darren
THURS	Darren	Mandakini	Flo	Joanne	Mirella
FRI		John	John	Mirella	
SAT		John	Flo	Liz	
SUN			Liz		

Class Cost \$12.00 5 Classes \$50 Enq. John Ogilvie 6687 2230
NEW STICKY MATS FOR SALE \$25
BOWEN THERAPY & MASSAGE
By appointment only / Phone Kylie: 0438 128 145
Yoga With Darren
Evening Classes Mon & Wed 6pm Beg-Intermediate
New morning class Tuesdays and Thursdays 6am
51 Border St, Belongil Beach, Byron Bay

DEEP TISSUE MASSAGE specialising: sore back, stiff neck, sciatica, pinched nerves & relaxation. Ph 0402720374

★ **YOGA @ Sunrise Beach** ★

Mon & Thur 6-7.30pm
Tue & Fri 7-8.30am
New women's class Wed 12-1.30pm.
Call for info/bookings 66809242

TANTRIC TIBETAN HEALING
Powerful energy work specialising in **Prostate problems**, sexual issues.
Surati 66854918, 0427917960

MESSAGE - A journey of healing touch, pleasure for your body, heart & soul. Aloha ♥ Christie 0413034808

CLINICAL SPORTS MASSAGE

For injury prevention/promoting recovery, treating specific injuries and relaxation. Keren 66805597 or 0423844480.

Oki-Do YOGA BYRON

3 week course 6.30-8am Mon-Fri starts 3 May @ Ambaji.
Weekly Weds 9.30-11.30 @ Ambaji.
Gail 0404147398, Sarah 66807512

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A Computer Based Health Care System
ALLERGY TESTING
Foods, Chemicals, Pollens, Pesticides, Heavy Metals and Parasites etc.
THE RAINBOW CENTRE
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Iridology Course
with **Sue Daly**
Tues nights from 27th April. For 10 weeks.
Bangalow RSL Hall
• Student discounts
• Payment plan available
Ph 6687 2928
or **0427 872 874**

PELVIC POWER

Pelvic floor classes for women. 5 wk courses in Byron beg. April 27 & 30. Viveka 66809427 Physio/yoga teacher

MASSAGE GO-KAHUNA

\$40ph. 7 days. Mullum. 66846049

YOGA OCEAN SHORES

Cait 66803067 or 0422038113

SEE BETTER NATURALLY

W'shop 15 & 16 May \$225. 66724748

EARLY MORNING YOGA

Mullum @ Pioneer Hall 2 hr classes
Tue 7.30am, Fri 7 & 10.30am.
Martine 66840044

MASSAGE

QUALIFIED REMEDIAL MASSAGE.
Yoga & Fitness Instructor.
0402712422 Raelen.

MASSAGE. FEEL GOOD, RELAX, flow, central, M/F. Ph Lee 66844220

YOGA 6PM WED. Peaceful Sunrise setting. Phone Rob 0431928296

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0402 669 676
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Wed 28 April 7pm-9pm
Ambaji Wellness Centre, 6 Marvel Street, Byron Bay.
All welcome.

QIGONG

Classes start Wed April 28, 6-7pm @ the Watergarden, Byron with Elizabeth (AATC). 0422058578

RETURN TO YOUR SENSES

Pampering aromatherapy massage. Ana 0421191908

HAWAIIAN MASSAGE

Deep & nurturing. Larissa 66804979, 0411848412

YOGA DANCE

Tuesdays 10am @ O.Shores C'ty Ctr 6pm @ Epicentre, Thursdays 11am @ Yoga Arts I. Phone Lee 66847596

RELAX, release patterns, rejuvenate mind, body, soul with massage or body work. Sth Golden. Chania 66803773

TANTRIC MASSAGE

Men & women. By Paul. 0407431588 Also tuition available.

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