

Echo

IF YOU TRUST THE GOVERNMENT YOU OBVIOUSLY FAILED HISTORY CLASS - DON FREEMAN
The Byron Shire Echo • Volume 34 #45 • Wednesday, April 15, 2020 • www.echo.net.au



Time for resilience

Pictured are three close families/neighbours from Yankee Creek Road, behind Mullum. In front left are the Thomases: Lottie, Marli and Isla, with their expecting mum and dad, Maz and Arron, sitting on the far right. Joshua with his daughter Nicki are pictured centre, while Carole and Chris are standing behind. Photo Jeff Dawson

Mandy Nolan

As COVID-19 quarantining continues in our neighbourhoods, there are also new relationships forming.

There's a sense that this could be an opportunity to build connections that will see us adapt and survive more successfully in this dynamically changing environment.

Dr Jean Renouf teaches at Southern Cross University (SCU) in the area of social science, and researches how climate change affects community and national security.

His research focuses on living safely in a world of climate change.

This led him to create Resilient Byron last year - an idea that has been embraced by the local community - with Dr Renouf hopeful that more people will take on the idea and seed it into other communities around the globe.

He says, 'None of us could predict the impact of what is happening now. I think the bushfires had a more profound effect on us - on the Australian psyche.'

'They were a climate change wake up call. As were other natural events around the time - floods, a cyclone... We have this ability as humans to go back to normal after a crisis, but nature has been radically reminding us that this is happening and this is the new normal and we need to adapt,' says Dr Renouf.

Resilient Byron is an incorporated not-for-profit organisation led by members of the community.

While mayor Simon Richardson is on the steering group, it is independent from Council.

'Basically, the idea is to transform the shire and beyond. We need to transform the world we live in, and adopt a regenerative approach. We need to leave more than we

take. We need to focus on how to transform our shire when there is no crisis - which is transforming it economically and democratically - so that when disaster happens, we focus on making sure community is resilient to that crisis.'

Three main areas

Jean says that Resilient Byron focuses on three main areas, the first being, 'Providing a community notice board which is updated constantly and which informs the community about what is happening in the area in terms of resilience and regeneration.'

The second is, 'Supporting local people to create a neighbourhood supergroup - and providing them with tools so they can do it easily.'

'This hopefully will lead to a web of resilient neighbourhoods that encourage self reliance to radically

► Continued on page 2

Commercial tenants thrown a lifeline

Owing to COVID-19, a new code between commercial tenants and their landlords has been announced by the NSW and federal government. The code will be retrospectively applied to April 3.

Additionally, the NSW government have announced a moratorium on forced evictions owing to rental arrears for those financially disadvantaged by COVID-19, and new requirements for landlords and tenants to enter into negotiations over rental payments in good faith.

While the finer details and the legislation are yet to be finalised, the government's initial rhetoric says that commercial landlords, 'must negotiate rent relief agreements with tenants', and termination of a lease for non-payment of rent will be banned. A 'freeze in rent increases' is also mandated.

Increased mediation and advisory services to commercial parties will be provided, and where leasing dispute resolution fails, processes for binding mediation will be provided by the 'Small Business Commissioners/Champions/Ombudsmen where applicable'.

According to the over-arching principles of the National Cabinet Code of Conduct, 'The objective of the Code is to share, in a proportionate, measured manner, the financial risk and cashflow impact during the COVID-19 period, while seeking to appropriately balance the interests of tenants and landlords.'

'The policy will apply to business tenants with a turnover of less than \$50 million that experience a 30 per cent (or more) reduction in revenue as a result of the COVID-19 pandemic.'

This will include any business with annual turnover of less than \$50 million who is eligible for the Commonwealth's JobKeeper program.'

The government press release says, 'Commercial landlords will be offered [a] land tax concession if they pass the savings on to tenants through a rent reduction.'

Eligible landlords will be able to apply for a land tax concession of up to 25 per cent of their 2020 (calendar year) land tax liability on relevant properties.'

Proposed leasing principles

According to the proposed leasing principles, 'Tenants must remain committed to the terms of their lease, subject to any amendments to their rental agreement negotiated under this Code.'

Conversely, 'Landlords must offer tenants proportionate reductions in rent, payable in the form of waivers and deferrals... of up to 100 per cent of the amount ordinarily payable, on a case-by-case basis, based on the reduction in the tenant's trade during the COVID-19 pandemic period and a subsequent reasonable recovery period.'

'Rental waivers must constitute no less than 50 per cent of the total reduction in rent payable... over the COVID-19 pandemic period and should constitute a greater proportion of the total reduction in rent payable in cases where failure to do so would compromise the tenant's capacity to fulfil their ongoing obligations under the lease agreement.'

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Mandy versus the 5G yabber humbug ► p12

Uncharted Waters: the business community's response to these extraordinary times ► p14

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Support for individuals and businesses is available.



My priority is to help locals who urgently require assistance and support.

For individuals needing Centrelink assistance, you can access this through your myGov account, by going to www.servicessaustralia.gov.au or by phoning **132 850**.

I know many locals are having a lot of trouble getting through on the phone and online. We're calling on the Government to fix this urgently.

For information and support for local businesses, go to www.business.gov.au, and businesses impacted by coronavirus can also phone the business hotline on **13 28 46**.

Information, guidance and advice are changing rapidly. You can find the details of current announcements and advice, which are updated regularly, on my webpage at www.justineelliott.com.au/hot-topics/ and on my Facebook page at www.facebook.com/JustineElliotMP.

If you need help, please call my office on **(07) 5523 4371** or by email at justine.elliott.mp@aph.gov.au.

Please stay safe - we're all in this together.



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NORTH COAST

INFORMATION UPDATES

on Facebook | online



Authorised J Elliot, ALP, 107 Minjungbal Drive Tweed Heads South

Time for supergroups in your hood?

► Continued from page 1
change the way we live’.

The third is, ‘Bringing people together to benefit – through connection and support and bringing groups together through a shared passion or skill – for example those with first aid training or medical experience could create a group of first responders if the emergency services are overloaded. This is intended to provide community support by the community for people in need’.

Food security

‘We are also seeking to create food security in the shire’ says Jean. ‘We need to assess what our needs are, and what we do, then process what is missing and what we need to reorient – so that

those who don’t have enough money can still access food.’

Resilient Byron maintain their vision is around connecting or partnering with existing organisations, such as Renew Fest or Zero Emissions Byron, and will not try to replace them.

It’s a time Jean believes to move beyond the political polarisation. ‘I think now is a time to change the way we interact with each other. We have to find a genuine compassion for those we agree with and disagree with.’

One of the key building blocks of Resilient Byron is the neighbourhood supergroup.

‘At the moment, there are eight groups that have formally registered with Resilient Byron.



Southern Cross University’s Dr Jean Renou

Jean refers to a ‘formidable neighbourhood effort’ of close neighbours on Yankee Creek Road (pictured on page 1).

‘They met up and worked together on common projects – but would help each other if someone was planting trees or doing work on their property.’

Jean says when it comes to making a change, you can start where you are and

create your own neighbourhood supergroup.

‘We also need to acknowledge communities aren’t just geographic – you can link up with other communities you associate with – schools, the arts, mental health’.

‘It’s also important to share information about what is happening around you. You are part of an organisation that helps residents build their regeneration.’

So while you are at home, why not start working on building your own neighbourhood supergroup?

Visit www.resilientbyron.org for more info. Community organisers/leaders are also welcome to join the conversation on the Facebook group www.facebook.com/groups/ResilientByron.

Connecting Our Community Through Online Learning

We are taking our classes online over the next weeks/months, so that you can continue to learn together (whilst apart). Please join our newsletter or visit our website for the latest details...

Learn Online



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byroncollege.org.au

‘You know, people think mathematics is complicated. Mathematics is the simple bit. It’s the stuff we can understand. It’s cats that are complicated’ – John Conway (1937–2020)

‘Fast-track’ development laws announced

Paul Bibby

Could controversial development projects such as the West Byron housing proposal be fast-tracked under new laws introduced by the state government to boost the construction industry?

Planning minister Rob Stokes says the new laws, given the rather ominous title of the ‘Planning System Acceleration Program’, will ‘cut red tape’ to keep people in jobs and the construction industry moving.

Though very light on detail when announced last week, the laws include provisions to ‘fast track assessments of state significant developments, re-zonings and development applications with more decisions to be made by the minister if required.’

It also includes a provision to ‘support Councils and planning panels to fast-track

local and regionally significant DAs.’

Any development valued at over \$30m is deemed to be a ‘Regionally Significant’ development under Schedule 7 of the State Environmental Planning Policy (SEPP).

This includes the two West Byron housing developments, which are valued at considerably more than \$50m in total.

The combined proposals would lead to an additional 650 residential lots being built beside Ewingsdale Rd, creating an extra 14,000 traffic movements a day.

West Byron has consistently drawn strong opposition from a broad spectrum of community members.

One of the DAs (10.2017.661.1) is on public exhibition until May 7 and requires approximately 470,000 cubic metres of fill.

The Belongil Catchment Drainage Board have just

submitted a strong submission against, and warn of ‘major flood events of the area and the Byron Bay township if developments of that magnitude are approved.’

Other elements of the new acceleration program by the state government include introducing a ‘one-stop shop’ for industry to progress projects that may be ‘stuck in the system’, and clearing the current backlog of cases stuck in the Land & Environment Court with additional acting commissioners.

Mr Stokes said, ‘We are fast-tracking assessments to keep people in jobs, boost the construction pipeline and keep our economy moving.’

‘Our economic recovery will in many ways be longer and harder than the health one, and it’s essential we do everything we can now to keep our state moving forward and allow work to continue, wherever possible, in line with the best medical advice.’

Mr Stokes promised that more detail about the new laws would be released in the coming weeks.

Govt grant webinar, April 16

A webinar to inform businesses on available COVID-19 government grants will be held Thursday April 16 from 1pm. Presented by the Byron Chamber and hosted by Keith Whelan, the aim is to educate and prepare small businesses applying

for grants funding around budgeting, grant writing do’s and don’ts, practical writing tips and how to undertake a ‘statement of needs exercise’.

For more information visit www.my.demio.com/ref/aMtdo4k4V9GhMT8z or www.byronbaychamber.com.

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*Budgeram means story in Bundjalung language. Thank you to Ninbella Gallery for supporting this new monthly column.
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PLANET WATCH

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Thank you to Byron Eco Park Holdings and Southern Cross Uni for supporting this new monthly column:
www.echo.net.au/articles/planet-watch
Echonetdaily

Medical cannabis clinic opens in Byron

Mandy Nolan

In 2016, the federal *Narcotic Drugs Amendment Act 1967* was amended to allow doctors to legally prescribe medical cannabis to patients with specific health conditions through the Therapeutic Goods Administration (TGA) Special Access Scheme.

However, there hasn't been a huge uptake in doctor's prescribing cannabinoids, with many potential patients unclear of how to access prescriptions.

Dr Jamie Rickcord has just opened Ananda Clinics in Byron last week, and believes most doctors aren't informed and that patient demand in a few years will see them prescribing medical cannabis as common practice.

It's something he is passionate about seeing happen. 'I hope in that time, I will be out of business because everyone will be prescribing.'

Originally from London, Jamie moved here about eight years ago. He formerly worked at the Lismore Base hospital before going into practice as a GP.

Jamie started investigation into integrative plant medicines and cannabinoids because he wanted to find treatments that he believed actually worked.

'I find opiates virtually impossible to deal with now,' he says. 'While some of the pain killers out there are very good - people don't take responsibility for the other things they need to do to fix their pain. It becomes a false sense of security. Diet and exercise are part of practices that can help. The bio-medical model will say that it's all in your head, but that's not the way to deal with it. People just want to take a tablet and be instantly fixed. I



Dr Jamie Rickcord. Photo Jeff Dawson

realised there is a better way.

'A lot of conventional approaches put people in a fight or flight mode, so that physiological responses don't allow for healing and how to improve connections. If you take them into a parasympathetic response, they heal slowly.'

Rest, digest and heal

'The ethos is: Rest, digest and heal. The body won't heal while it feels it is being attacked - so many humans are living in that place where they haven't dealt with old traumas, and that ramps up cortisol and adrenalin and doesn't allow the body to improve.'

Dr Rickcord believes that cannabinoids provides a more wholistic approach to healing, including processing trauma.

'We all think intergenerational trauma applies just to Indigenous communities, but it applies to vast swathes of society. Many think they had a perfect childhood, but years later, you discover how that has impacted on you.'

Mental health issues are one of the areas the TGA will approve for prescription of cannabinoids.

'The TGA has approved cannabinoids for use in

certain medical conditions that have had to last for more than three months. They include anxiety, depression, chronic pain, cancer pain, nausea from chemotherapy, ADHD and autism.'

False narrative

Jamie believes that the community uptake of such a powerful and natural drug has been slowed by the narratives around marijuana and weed culture.

'We have to change the narrative around these medicines. This is not marijuana or illegal drugs for recreational use. Cannabinoids are highly potent pharmaceutical grade medicines, grown and produced under medical conditions.'

'The science is catching up with what we have always known - there are people doing fantastic research around the planet and who are proving this is an amazing treatment. We are still breaking through this false narrative that this is nasty or bad. The propaganda around the war on drugs has made us think drugs are bad. But look at what alcohol does - it's totally acceptable!'

Jamie is also chairman of the Byron Bay chapter of the non-for-profit Mind

Medicine - who lobby for the introduction of MDMA and psilocybin to treat mental health disorders.

Some of these treatments for trauma-related illness have been shown to be significantly more effective than existing pharmaceuticals.

Jamie believes the government and the health industry are ethically obliged to provide medicines that work.

The introduction of these medicines, however, will have an impact on the pharmaceutical industry.

'These curative medicines have nothing to do with big pharma. A whole new era of medicine needs to be born.'

Jamie has set up a clinic in Byron because he believes when it comes to health, we are proactive in seeking more engaged and natural approaches.

Working with cannabinoids and plant medicine is not quick.

'It's slow extraordinary change - it's not a quick fix,' says Jamie. 'It takes weeks and months sometimes.'

'Everyone is different.' Everyone's endocannabinoid [biological] system is different. We start with low doses, and titrate it to find out what works for them. Some of the patients I work with have stopped using opiates altogether.

'The industry-wide expression is start low, go slow.'

A pharmacy in the Byron Industrial Estate has come on board to provide Jamie with access to the prescriptions needed for patients.

The Ananda Clinics are located at Suite 8b, 9 Fletcher Street, Byron Bay.

For more info visit www.anandaclinics.com.au or call 56 245 024. Telehealth appointments and socially distanced consults are available.

Echo

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Nicholas Shand

1948-1996

Founding Editor

'The job of a newspaper is to comfort the afflicted and afflict the comfortable.' - Finley Peter Dunne 1867-1936

The Echo acknowledges the people of the Bundjalung nation as the traditional custodians of this land and extends respect to elders past, present and future.

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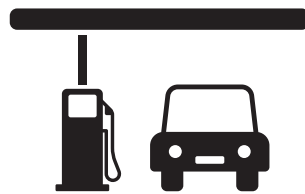
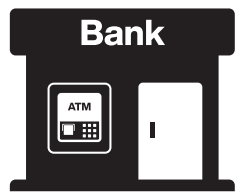


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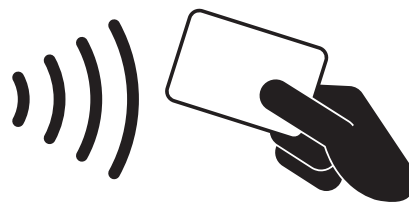
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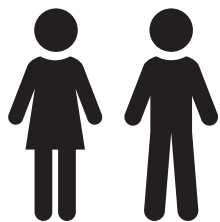
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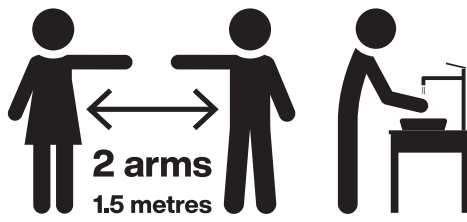
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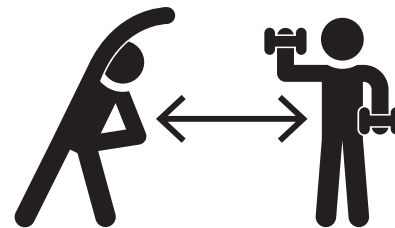
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CUT OUT AND KEEP

Planning staff support questionable Main Arm DA

Hans Lovejoy

Council's planning process is under the spotlight after staff again recommended approval of a contentious dual occupancy development application (DA) in a high fire danger area in Main Arm.

The matter is before Council this week, after councillors previously sought more clarity around Rural Fire Service (RFS) guidelines and the proposed access road; which is a narrow single track, dead end road with blind corners.

Ironically, planning staff have also included a document in the attachments to the DA that outline reasons to refuse the DA. These include that the application has not demonstrated that suitable vehicular access is available or that adequate arrangements have been made to make suitable vehicular access available to the proposed development.

Issues have been raised by multiple neighbours include that the legal right of carriageway (ROC) fails to meet RFS guidelines regarding its width and steep gradient. They say the gradient of the narrow road is up to 17 degrees, while the RFS guidelines only allow a maximum of 10 degrees on average.

Neighbour Peta Best said that planning staff member Chris Larkin told the February 20 planning meeting that passing bays could be put in at various locations to accommodate the DA's requirements.

'[But] The key point is that you cannot fit an eight metre wide road into a five metre width. The maths does not allow it. Therefore, as the ROC currently exists, the road cannot be brought up to current bush fire regulation standards.'

The failure of the ROC to meet the bushfire regulations has since

been acknowledged in the updated report by bushfire assessor Peter Thornton.

His report now states, 'The existing carriageway does not fully comply with... Planning for Bushfire Protection 2006, most notably passing bays with a total width of 6m are not provided.'

Yet Mr Thornton fails to acknowledge that the 6m, with the additional requirement of one metre on either side of the road being cleared taking the requirement to 8m, is not legally available to the ROC holders and therefore cannot be implemented.

Former councillor and neighbour Duncan Dey says, 'The RFS pushes the responsibility for investigation into fire access directly back onto the shoulders of Council and the planning staff. Nonetheless, the staff have refused to meet with objectors to discuss the shortcomings of the DA in its current format.'

Additionally Mr Dey says, 'The RFS has mistakenly referred to the property as a "residential allotment", where in fact it is zoned RU2 primarily for agriculture. It is not zoned as a residential subdivision.'

Another concern of residents is that the land would be prone to landslips if extensive road works were undertaken on steep inclines.

Ms Best adds, 'We have not been approached by Wayne Weisse, owner of Lot 2, or any other land owners who have a ROC through our property, seeking to widen the ROC. While we support the upgrades to the existing legal dwelling on Lot 2, we believe it would be irresponsible of Council to approve the secondary dwelling under these conditions in a high fire danger area.'

■ *Echo* journalist Aslan Shand lives on a neighbouring property to the applicant seeking the dual occupancy.

Byron College goes online

Byron Community College have moved all their courses online owing to COVID-19.

College director Richard Vinycomb says, 'Our priority, after the health of our staff, tutors and students, was to enable our VET courses to continue with minimal disruption and for students and tutors to stay connected.'

'The tutors and students

– some of whom had very little online experience – rose to the challenge and the courses continue to run.'

And for the first time in 20 years, the college will not be printing a hard copy brochure and all term 2 classes will be communicated through the College newsletter, social media and website.

For more information visit www.byroncollege.org.au.

Where food growers can connect

There's a new space where local growers and food lovers can connect to share, trade and sell their produce.

Grow It Local is an online platform which provides growers and food lovers with a free listing for their homegrown produce, homemade foods and seeds or seedlings. Members can also list digital workshops or content to help educate and inspire.

While Grow It Local is a nation-wide start up,

co-founder Diego Trigo is a Byron local.

Trigo says, 'An increase in the production and consumption of locally grown foods is a win-win.'

'This can inspire positive health and wellbeing and help build stronger and more resilient communities.'

'There's also the added bonus that increased composting will reduce organic waste to landfill', he added.

To get involved, visit www.growitlocal.com.



Byron Shire Council Notices

COUNCIL CONTACT DETAILS

Council Administration Centre	70 Station Street, Mullumbimby
Opening hours	8.30am to 4.00pm
Phone	02 6626 7000
Email	council@byron.nsw.gov.au
Website	www.byron.nsw.gov.au
Emergency after hours	02 6622 7022
Works Depot	02 6685 9300
SES Controller	02 6684 3444
Rural Fire Service	02 6671 5500
Byron Resource Recovery Centre	1300 652 625
Cavanbah Centre	02 6685 5911

In Byron? Customer service for general enquiries now at Byron Visitor Centre, 80 Jonson Street, Byron Bay. Tuesday and Wednesday, 9.00am to 12.00pm and 12.30pm to 4.00pm or phone 02 6626 7000. Card only payments accepted at this location.

Documents on exhibition are available for viewing at the customer service centre in Mullumbimby and on Council's website at www.byron.nsw.gov.au/Public-Notice.

MAKE A SUBMISSION

Submissions may be made to Council in the following ways:

Online: www.byron.nsw.gov.au/Council/Make-a-submission

Written: Address to: General Manager, Byron Shire Council, PO Box 219, Mullumbimby NSW 2482

Email: submissions@byron.nsw.gov.au

Please be aware that all submissions will be made public in accordance with Schedule 1 Part 3 Clause 1(a)(vi) of the GIPA 2009 Regulations as applicable including both the substance of the submission and the identity of the author. For further assistance please contact our Records team on 02 6626 7113.

CURRENT VACANCIES

Apply for a job at Council. For current vacancies refer to www.byron.nsw.gov.au/Council/Working-at-Byron-Shire-Council/Current-vacancies.

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PUBLIC EXHIBITION OF DEVELOPMENT APPLICATIONS

ENVIRONMENTAL PLANNING & ASSESSMENT ACT, 1979

The following Development Applications and the supporting documentation are available online at www.byron.nsw.gov.au/datracker. You can also view them online using the electronic kiosks at Council's Customer Service Centre during normal office hours.

For further information on these applications, contact the relevant planning officer whose details you can find on the DA Tracker. To make a submission, select the 'Exhibition Details' tab when viewing the application on the DA Tracker and use the online form.

Note: Should you make a submission, there are requirements in relation to the disclosure of political gifts and donations. Refer to www.byron.nsw.gov.au/Political-donations-disclosure for further information.

EXHIBITION CLOSURES 22 APRIL 2020

10.2020.109.1 – Mullumbimby, 77 Tuckeroo Avenue (Lot 162 DP 1251169)

Bayview Land Development Pty Ltd, Stage 9 Tallwood Ridge Estate Subdivision to Create Forty-Seven (47) Residential Lots

EXHIBITION CLOSURES 29 APRIL 2020

10.2020.138.1 – Ocean Shores, 8 Kumbellin Glen (Lot 1323 DP 243480)

Ardill Payne & Partners, Demolition of Existing Dwelling House and Construction of Multi-Dwelling Housing Comprising Seven (7) Dwellings

10.2020.147.1 – Byron Bay, 90-96 Jonson Street (Lot 5 DP 619224)

LK Byron Bay Pty Ltd, Change of Use to Amusement Centre

10.2020.137.1 – Mullumbimby, 29 Morrison Avenue (Lot 3 DP 35827)

Byron Bay Planning & Property Consultants, Use of Secondary Dwelling

10.2020.142.1 – New Brighton, 6 Strand Avenue (Lot 3 Sec 5 DP 6834)

Planners North Pty Ltd, Demolition and Construction of New Commercial Premises

10.2020.124.1 – Byron Bay, 9 Mott Street (Lot C DP 416656)

Town Planning Studio Pty Ltd, Stage 1: Two (2) New Dwellings to create Multi-Dwelling Housing Stage 2: Strata Subdivision Three (3) Lots

EXHIBITION CLOSURES 6 MAY 2020

10.2020.163.1 – Eureka, 149 Federal Drive (Lot 22 DP 1014053)

Balanced Systems Planning Consultants, Community Title Subdivision of an Approved Rural Landsharing Community – 15 Lots and a Neighbourhood Lot

10.2020.164.1 – Mullumbimby, 209 Mullumbimby Road (Lot 1 DP 748308, Lot 1 DP 1169608)

Town Planning Studio Pty Ltd, Use of Secondary Dwelling

10.2020.119.1 – Coopers Shoot, 231 Coopers Shoot Road (Lot 1 DP 868657)

Newton Denny Chapelle, Use of Dual Occupancy (Attached)

10.2020.170.1 – Brunswick Heads, 16 Short Street (Lot 4 Sec 25 DP 758171)

Ardill Payne & Partners, Multi Dwelling Housing Comprising Four (4) Dwellings and Four (4) Swimming Pools

10.2020.169.1 – Byron Bay, 30 Marvell Street (Lot 1 Sec 30 DP 758207)

Ardill Payne & Partners, Demolition of Existing Dwelling House and Construction of Multi Dwelling Housing Comprising Three (3) Dwellings and Three (3) Swimming Pools

DEVELOPMENT CONSENTS

In accordance with Section 4.59 of the *Environmental Planning and Assessment Act 1979 (as amended)*, notification is hereby given of the following development consents granted by Council. The consents listed are available to view Online at Council's website www.byron.nsw.gov.au/find-a-DA.

Information relating to these applications as required by Schedule 1, Division 4, Clause 20(2) of the *Environmental Planning and Assessment Act 1979 (as amended)* is also available online

APPLICATIONS APPROVED

10.2020.33.1 – Eureka, 70 Whian Road

Alterations and Additions to Existing Dwelling House including an Expanded Dwelling Module

10.2019.592.1 – Ocean Shores, 62 Balemo Drive

Strata Subdivision of Existing Dual Occupancy

10.2020.16.1 – Byron Bay, 16 Kendall Street

Dwelling House

10.2019.655.1 – Myocum, 81 Myocum Downs Drive

Expanded Dwelling Module and Studio

10.2019.532.1 – Mullumbimby, 12 Tincogan Street

Alterations and Additions to Existing Dwelling House

10.2020.78.1 – Mullumbimby, 31 Station Street

Alteration and Additions to Existing Dwelling House

10.2019.197.3 – Mullumbimby Creek, 7 Grand Valley Court

S4.55 to Modify Frame Design

10.2020.150.1 – Suffolk Park, 6 Alcorn Street

Alteration and Additions to Existing Dwelling House

10.2017.212.2 – Mullumbimby, 5 Chinbible Avenue

S4.55 to Modify Floor Plans of Multi-Residential Dwelling

Home schooling in a DV environment

Paul Bibby

One of the biggest threats facing children during the COVID-19 pandemic is not the virus itself, but the risks of living in a highly stressed and unstable home.

That's the view of multiple child protection agencies and experts, as the wider social impacts of the pandemic become clearer.

With the vast majority of local kids now being home schooled, the weight of caring for and educating them has fallen onto parents, many of whom are also working from home.

The loss of contact between kids and their friends, and the suspension of activities such as weekend sport is leaving a big hole in children's lives that is putting more pressure on families to fill the void.

Child advocacy organisation Lookout says, 'Family violence advocates in China have already reported that family violence incidents have tripled for the month of February.'

'Research into other natural disasters in Australia suggests that family violence



Photo www.cps.ca

could increase anywhere from 30 per cent to 100 per cent [owing to COVID-19].'

Services available

Experts and advocates are urging parents to make use of the services available to support families, including a number that have been set up specifically to meet the unique needs of being in lockdown.

These include the National sexual assault, family and domestic violence counselling line: 1800 737 732, Lifeline: 13 11 14, the Kids Help Line: 1800 551 800, and Relationships Australia: 1300 364 277.

A number of local phone counselling services have also been set up, including

the Byron Community Centre counselling service (call 0414 322 064 between 10am and 2pm to arrange an appointment), and the Women's Resource Service at the Mullumbimby District neighbourhood Centre (ph 6684 4429).

Home schooling tips

There are also simple tips for home schooling and child care during lockdown that can help to smooth the way.

Luminous Youth provides classes for local kids to explore spirituality and their inner worlds.

Its co-founder Paul Crebar says, 'In an extremely challenging and intense time for everyone's wellbeing, it

becomes so important to connect to the fundamentals: listening to each other, hearing each other, taking care of each other's feelings.

'It's important to ask kids how they're feeling about this situation. Do they feel like just getting on with life, or talking about what's happening and how they're coping with the huge changes?

'I think it's also important to be careful with having too many expectations on your kids at the moment.

'I can see how parents might want to keep up with all the school work, but it's also important to consider whether they really need to do maths today or whether just spending some quality connecting time together is more important.'

Mr Crebar said it was also very important for parents to look after themselves.

'There are enormous mental and emotional challenges, so self-care is really important.'

Luminous will soon launch some of their programs in an online format.

For more information, visit www.luminouslyouth.com.

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HEALTH ALERT COVID-19 (NOVEL CORONAVIRUS)

Stay on top of your health... from a distance.

Physical distancing is crucial in our fight against COVID-19. So is staying active and looking after our health.



Keep up with your regular appointments

Many health care services are now offering phone or video consultations.

Call your GP, Aboriginal Medical Service, mental health professional and other health providers to find out what remote appointments they have available.

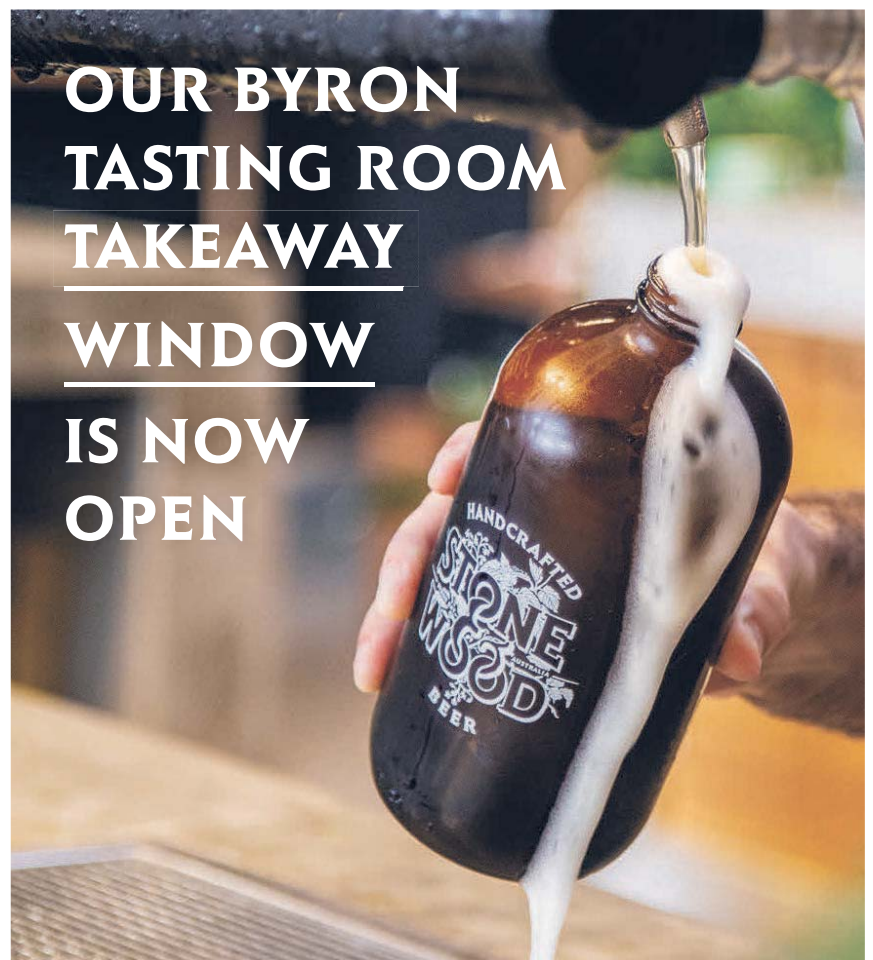
Find out what you can do at home to care for yourself and others.

Ask your GP about your regular medication scripts, plus when to get your flu shot.

Don't let COVID-19 stop you from staying active and well at home.



For more about COVID-19 visit www.ncphn.org.au



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See [@stoneandwoodbyronbay](https://twitter.com/stoneandwoodbyronbay) for hours and updates.

STONE & WOOD BREWERY
100 Centennial Cct, Byron Bay



Echo

The Byron Shire Echo
Volume 34 #45 • April 15, 2020

This is not COVID-19 related

While a virus sweeps across the planet and through humanity, this Thursday in the Mullum chambers you will find a dedicated bunch of Council staff and elected councillors thrashing over contentious local planning issues. In varying degrees of abilities.

Development, in case you missed it, is not only steaming ahead, it's being ramped up by the state government.

There's no better time to plunder while chaos reigns.

Within Council's agenda there's a few contentious items, notably a Main Arm DA which requires a road that appears to be inappropriate and in a remote area. And the access that needs to be granted by neighbours is not forthcoming. Approval for the dual occupancy can, and will likely, lead to increased development in years to come.

An explanation from planning staff is needed – why weren't residents invited to meet staff to canvass their concerns, as Duncan Day says in the page 6 story?

Why should residents trust the planning process when there are a litany of poor decisions in recent years?

Simply put, the councillors in charge are not up for the task of keeping planning staff (at least) in line with community expectations. The Main Arm DA is interesting because it shows how third party consultants have very little powers in the decision making.

For example, take Rural Fore Service (RFS) guidelines.

In response to Council on March 13, RFS stated that 'Council is the consent authority, [in] matters relating to legal access and owners consent'.

So is RFS input just a formality that can be ignored?

Additionally planning staff admit within their report that approval does not comply with policy regarding suitable vehicular access (Clause 6.6(e) of the *Byron Local Environmental Plan 2014*).

Then why recommend approval?

Since the fake Greens took control in 2016, there has been a spectacular failure in Council's leadership when it comes to appropriate and responsible planning, especially around residential amenity.

Perhaps instead of failure, it is a cunning plan to facilitate never ending growth?

Also up for debate on Thursday is a DA for the Linnaeus Estate, which is located on the pristine beach between Lennox and Broken Head. Remarkably, staff recommend Council withdraw its support for the planning proposal, 'and request the Minister to determine that the planning proposal not proceed.'

Staff admit there were 'fundamental errors' in the way the existing and proposed LEP Controls for this site apply to 'land zoned SP1 Special Activities – Mixed use development'.

Moving on: Those who take an interest in wordy documents that shape the future of the Shire can put their minds to Council's latest forward planning strategy, called the draft Local Strategic Planning Statement (LSPS).

It's available at www.yoursaybyronshire.com.au/LSPS and is on public exhibition.

To be fair, this is a state government directive, meaning Council cannot refuse to exhibit and then adopt this in some form or another. It is being trumpeted by planning staff as being 'designed to link the state's strategic plans with Council's land use plans and guidelines.'

As if there isn't enough on everyone's plate. Stay safe everyone!

Hans Lovejoy, editor

Snapping back with casualties

Well, that should be out of the way for the next four months.

Having shrugged off the minor and temporary distraction of parliament, Scott Morrison can resume doing what he is best at – marketing himself and his often-dubious achievements.

And he has finally got a few to boast about, as the overwhelming public support for his JobKeeper package has now been confirmed in the latest News-poll. So he has momentum; but, as he constantly warns, this is not a time for complacency.

Like many alpha predators, ScoMo needs to keep moving constantly to survive. And given that this is, as he realises, essentially a time of consolidation, of waiting to see what happens – until about Anzac Day – he will have to find ways to keep himself on the daily, almost hourly, news bulletins in case those punters with more than the shortest of short term memories remember why they had doubted him for so long.

Fortunately there are a few loose ends to tie up. Attorney General Christian Porter called it a Dunkirk moment, hardly the happiest analogy given that Dunkirk was not a glorious victory but a desperate retreat – a bit like Anzac, actually, but let's not go into that.

And, as Labor's Tony Burke acidly remarked, JobKeeper has left about a million casualties abandoned on the beaches, the hapless lot who are not eligible for the unexpected largesse.

While some can be left there more or less indefinitely, there are those who will have to be triaged out, notably backpackers and other temporary visitors who are currently stranded without the means or ability to get home, and rapidly running out of any visible means of support.

There will be enough tweaking to be done to guarantee a few press conferences. But the main game is sweating on the figures, and particularly in the next couple of weeks.

It is just about time to declare victory over the first wave; the COVID-19 outbreak triggered by overseas arrivals. The clamp down has now been in place for longer than the standard period of infection, and while there are probably a few outlying cases to be identified and mopped up, the worst is clearly over, that curve has been flattened.

Barring a new disaster it is unlikely to rise. And we can be fairly sure that there are no more Ruby Princesses preparing to arrive – not even the smuggest of the buck passers in Border Force is willing to risk that. So far so good; but now on to COVID-19-Mark II.

We can be fairly sure that there are no more Ruby Princesses preparing to arrive – not even the smuggest of the buck passers in Border Force is willing to risk that.
Mungo MacCallum



The rate of increase among domestic positive tests is still fairly slow, but there are more than enough of them, and they are sufficiently widespread to start a second, and potentially more lethal, wave.

And they are harder to police and control; not only are many of them appearing from apparently unknown causes, but there is a well-grounded fear that there are a surge of what are called asymptomatic infectors lurking among the populace – Typhoid Marys who have no signs of the illness themselves, but can and do pass it on to others.

This is the big issue for the current fortnight. If this curve flattens, or at least does not start bending more steeply, we can say with some confidence that the measures that are being undertaken, principally isolation, quarantine, and social distancing, are working, and if they are pursued with due diligence they may get us through the initial nightmare.

But of course that will not be the end; even as we slowly and carefully ease the restrictions, things will be very different. Morrison talks airily about snapping back. But the economy is not like an elastic band that can be stretched to breaking point, and then instantly resume its original shape. It is more like chewing gum – it can be molded, distorted and otherwise maltreated, but no matter how carefully you leave it on the bedpost overnight, it can never be the same again.

This does not mean revolution, the overthrow of capitalism and globalism, as some would-be Utopians might

hope, but it does mean that there will have to be different rules, and different standards as things struggle back to some form of coherence. And there will be much pain and gloom in the process; a lot of people and institutions have been damaged during the pandemic, and its aftermath will be long lasting and, for some, traumatic.

Privileges, and even rights will have to be curtailed, budgets and belts tightened. Morrison has suddenly flourished as the Great War Leader, but whether he can manage the period of austerity that will surely follow will be the big political question for the rest of his current electoral term.

He will not have the advantage of urgency, of being allowed and even encouraged to rush through life and death decisions. But if he is serious about snapping back, he will have to summarily remove much of the bonanza he has only just bestowed on the voters. No more free child care, and back below the poverty line for Newstart recipients.

And it won't be just the consumers at the sharp end; industries such as tourism, and private hospitals, will be back on their own. Taking back government benefits is never popular, and it certainly won't be this time.

In practice it won't be quite as sudden as that; the wind down will come with warnings, and a deal of preparation. But come it will, come it must, if Morrison's newfound credibility is to endure and prosper.

The desire to return to what used to be called 'normal' is strong, even obsessive. This is, no doubt, why the National Rugby League is moving Heaven and Earth to resume some kind of competition by the end of next month.

There is little doubt that this is the wrong message for the rest of us, immured in self-isolation, but if it happens the fans will be hugely relieved, as will the administrators, players, sponsors and any TV network willing to broadcast the matches in the absence of live audiences.

The games may go on, but if they do, they will be scaled down, not quite the real thing, overhyped, and in the end probably a bit of a letdown.

Perhaps an ominous precursor for ScoMo's brave new Australia.

Scientific faith

I find it bizarre that we have accepted, almost without question, the scientific opinion and rigour which supports the near universal acknowledgement of the threat currently posed by the COVID-19 pandemic.

Yet, only 43 per cent of the population of Australia, to quote Pew Research Centre 2015, supports the view of 97 per cent of the world's leading climate scientists; that civilisation as we know it is threatened unless we take direct action on climate change.

This extraordinary position of climate change denial is strenuously supported by a large percentage of the media in the western world, and curiously by the majority of the current Australian government.

When we know that good government relies on rigorous advice one might well ask; what's in it for them by adopting this position which may well threaten humanity as we know it? Don't any of them have children or grandchildren?

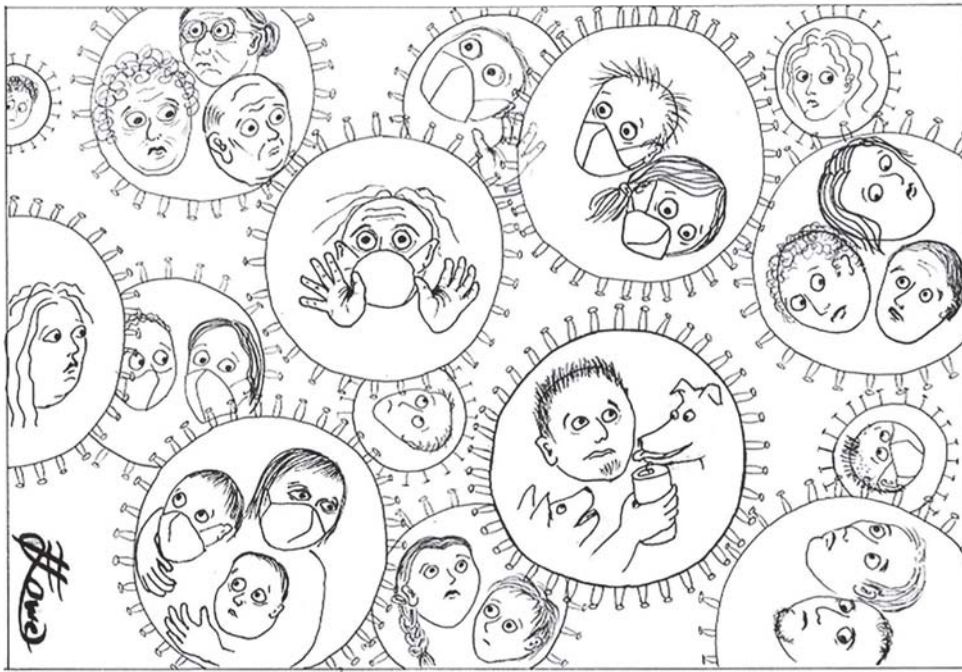
More importantly, what is the difference in validity between medical science and climate science that brings about this strange disparity?

Christopher Wright
Byron Bay

■ In the dying days of 2019 we thought that the way that year had transpired we were glad to see the end of it. Climate change was taking hold, unleashing the worst drought on record with thousands of battling farmers driven to the point of total desperation with many even pushed to end their life.

The Murray/Darling river system was in total collapse, with devastating environmental and community consequences, with both Federal and NSW coalition governments struggling to explain continuing claims of large-scale water theft and endemic rorting of taxpayer funded water buy-back initiatives.

Again, due to the effects of ever-increasing climate change, the bushfire season started some two months earlier and further deteriorating weather conditions soon gave way to the most



Cartoon by Francie Lowe

catastrophic bushfires Australians have ever experienced.

2019 became 2020, the bushfires continued unabated – more suffering, death and loss of property. Finally the heavens opened, the bushfires were extinguished, and the Murray/Darling catchment received the best rain in a decade, and the environment began recovering.

Again we thought, 'we're glad to see the end of those disasters, better days must be ahead'. Sadly, events in China soon put paid to that theory. Now people around the world are dying in their thousands, because of a virus we can't yet cure or vaccinate against.

This unprecedented string of disasters provides a reality check on our greed-driven lifestyle – our existence is not bullet-proof. We all must heed the warnings from experts and stop playing Russian roulette with the health of this planet.

Keith Duncan
Pimlico

Plastic reuse

Having read Malakai Smith's letter (1 April) I would like to suggest a reuse for what is intended as a single use plastic. When the Byron Shire News is delivered to my front gate, I remove the paper from the bag, I cut the plastic down to whatever size I want, throw away the portion at both ends and then use the other half for whatever – partly eaten avo, apple, or any other fruit or veges that needs a plastic

wrap before storing in the fridge.

Obviously the bag is no good for liquids, but other than that I find it has many uses, and I haven't bought a plastic bag of any description for I can't remember how long – over 30 years.

Be inventive people, before you throw that plastic into the recycle bin or the trash bin, think about how you can use it again (and possibly again and again).

Bronwyn Sindel
Mullumbimby

No slight on Coorey

In response to Roger Secombe (Letters, 8 April), fair point, I could have been more circumspect with my comments last week.

It has been pointed out to me that the community protests against the seniors development adjacent to the hospital applied the pressure on the state planning department, who subsequently ruled it out due to traffic impacts. I meant no slight on Cr Coorey's integrity or the significant role she played in the protests against this development.

I think we differ in that I see the Industrial Lands Strategy as the perfect document to flag, as we have done in Direction 4. That Council and the community want to establish criteria and limits in the Development Control Plan (DCP) to guide future developments in that area, so we do not have to fight this battle again when McGettigans Lane is upgraded.

Cr Michael Lyon
The Pocket

UBI to COVID

Now is the time to give Universal Basic Income (UBI) the grandest practical trial ever. I suggest it be done in Tasmania, without any prospect of Federal participation.

It is surely the most promising tool of easing the economic crises arising from COVID-19, and the bushfires, in light of a failing capitalist economy.

But how rapidly things changed! Perhaps humanity's compassion expanded rapidly, and it loosened the vice-like grip of big business and various industries over government. Politicians from all parties and factions were able to access their collective souls, agreeing on a major cash splash.

This is a tacit admission that capitalism is unworkable, just like misguided party dogmas and various economic theories.

Early results from the one off \$750 payments to the financially stressed demonstrated impressive immediate benefits. The much bigger handouts are bound to confirm this. When they see the liquidity created, politicians will realise that UBI will do that more effectively.

The problem with the new government measures is their great complexity. Many will miss out, and it's subject to misuse.

The benefit of UBI is its simplicity, directly targeting individuals who know what they need. By starting with the neediest categories immediately, while expanding it to encompass all adults, results can be evaluated progressively within Tasmania, and applied federally as confidence grows.

There can be no return to normal. UBI is a key tool to help transition to a fair economic system where all can flourish.

Hayo van der Woude
Mullumbimby

Mercy dash

I'm really pleased to see that Mandy Nolan has gone back to writing humorous articles

for *The Echo*. I think humour is where her true talents lie.

In her latest article, she mentions that she drove all the way down to Melbourne just to bring her son back to Byron. This is a distance of 1,700km each way. In case you're wondering, if her car uses six litres of petrol per 100km, that's about 200 litres of fuel, or about 462kg of CO₂, nearly half a tonne, that she has contributed to the greenhouse effect.

Charles MacFarland
Ewingsdale

Priorities?

Whilst I acknowledge these are difficult times for any government, I am astounded at the lack of intelligence from both federal and State governments.

Where in the world these days can you disembark from a cruise ship and enter

a country without declaring a passport!

The PM tells us that we are different from other countries because we are a federation. This virus does not recognise lines on a map.

Then, we are expected to take the advice of Federal Chief Medical Officer, Professor Brendan Murphy, who in front of the TV cameras, takes his hanky, sticks it up his nose with his finger, puts it back in his pocket, then spreads his hands back on the podium. Health professional?

Here in NSW we have what seem to be the most draconian social distancing laws, yet the borders are open, you can go to the hairdresser, or go for a game of golf. But don't you dare sit down for a rest, even if you wear a mask, and there is not

► **Continued on next page**

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MAYOR'S COLUMN

By Byron Shire Mayor Simon Richardson

Big thanks to all who have risen to the challenge of keeping COVID-19 at bay in our Shire. Everyone I talk to is heeding the social distancing and essential travel protocols to keep our community, especially our vulnerable and elderly residents, as safe as we can.

We've also got the end game in mind in that the sooner we get this virus under control the sooner things will get back to some sort of normal.

This is a really difficult time for so many of us and it is heart-breaking to see so many businesses closed and people out of work. If ever there was a time for kindness, compassion, understanding and empathy it is now.

Our amazing community though is resilient and already people are adapting, where they can, to new ways of doing business and working – so to everyone who is able, please support local where and when you can.

From a Council perspective staff have been working hard to continue, as much as possible, to provide all the services that they normally do and it's great to see our roads and infrastructure projects, including the Byron Bay bypass, continuing.

Our face-to-face Customer Service centre is temporarily closed but staff are still answering phones, fielding questions and the Engineers, Planners, Records and Environmental Health staff, everyone in fact, are still working and contactable.

Our April Planning meeting is scheduled for this Thursday (16 April) and, to comply with social distancing and public gathering protocols it is closed to the public. The good news is that you can see a livestream of the meeting on our Facebook page.

Take care.

Letters to the Editor

Send to Letters Editor Aslan Shand, fax: 6684 1719 email: editor@echo.net.au Deadline: Noon, Friday.

Letters longer than 200 words may be cut. Letters already published in other papers will not be considered. Please include your full name, address and phone number for verification purposes.

CHESS by Ian Rogers

When the world body FIDE halted the Candidates tournament a fortnight ago, they expected that the players would return to Ekaterinburg in a few months' time to finish battling for the right to challenge World Champion Magnus Carlsen.

However, the real battle is over the fate of Teimour Radjabov, the Azeri player who called out FIDE for not postponing the event and was replaced in the Candidates tournament by Maxime Vachier-Lagrave. (Wang Hao also wanted to withdraw but was pressured by the Chinese Chess Federation into participating.)

Radjabov's motives were questioned by none other than Carlsen who claimed, insultingly, 'I think if he had wanted to play the tournament he would have played. I think he didn't particularly fancy playing the Candidates.'

Radjabov, who had paid out large sums of money to hire seconds as prominent as Sergey Karjakin to prepare for the tournament, was incensed but stuck to the main game: 'I think FIDE should take some action to include me back into the tour-

nament. I asked them, warned them, and I also warned the chess community [about the risks of the tournament proceeding]. There was no action by FIDE and now we are in this situation.'

Radjabov found some prominent supporters, including Viswanathan Anand who said, 'It's clear that Teimour's understanding of the dangers of the Covid19 virus was ahead of the others. I hope FIDE can compensate him.'

The form that any compensation should take is far from clear: should Radjabov be included in the current tournament or should it be started afresh with nine players? Should FIDE pay out Radjabov or even include him as a wild card in the 2022 Candidates tournament?

Carlsen, as usual, was not afraid to chime in: 'Giving Radjabov the wild card for the 2022 Candidates - that I would find just ridiculous. You could make the case that he should play in this one now that it's been postponed. I don't feel that way, but I would understand it. But 2022... no!'

FIDE has made no comment but the longer the tournament is delayed, the more the pressure to include Radjabov will rise.

'Beyond reasonable doubt' leaves many unsatisfied with Pell release

■ On the two occasions I appeared before the High Court I didn't bother with lawyers: I represented myself. On both occasions there were many other appellants and on both occasions there were only two judges present - which is normal for the majority of High Court cases.

So of course I have been wondering how George Pell managed to obtain all seven judges of that particular court to hear his grievances. He himself has emphasised that it wasn't the Catholic Church which was on trial, just him as an individual. Indeed the reputation of the church was in tatters already.

The other strange thing is that in this age of individuality, where seven people in one room normally couldn't even agree on the time of day, their Honours were

unanimous in their decision. Just as well I'm not a conspiracy theorist, eh, or I'd suspect that the conservatives have stacked the bench, as in the good old US of A. But that would never happen here.

A couple of decades ago Patrick Stevedores took on the wharfies' union. Their Honours in those days were more diverse and actually had personalities; three judges gave one set of reasons for their opinion, three judges another set and the remaining right-winger offered yet another perspective. I suppose you could say that the current crop are more 'disciplined'.

The judiciary go out of their way to project an image of themselves as above and beyond partisan interests, but my experiences in the Local, District, Land and Environment, Supreme, and

High Courts have convinced me otherwise; they are just human beings with all the normal foibles.

Let me point out that all judges were once lawyers who practised in the marketplace, with all that entails.

I rest my case. One last speculation. Mr Pell would have racked up a couple of million dollars in legal expenses by now, probably more. Who's paying?

Fast Buck\$
Coorabell

■ Who does one believe; Australia's High Court judges or perhaps Australia's greatest investigative journalist, Sarah Ferguson?

Justices of the High Court are appointed by the Governor-General in Council on the advice of the Commonwealth Attorney-General

and the Federal Cabinet.

While the Walkley Award winning journalist, Sarah Ferguson, in her no expenses spared, four and a half hour, three part series, *Revelation* (you can still watch it on ABC iview), investigated paedophilia in the Catholic Church in Australia. She spent the whole of her final 90 minute program on a forensic examination of Cardinal Pell's career, focussing on his past, the recent charges, and there are new charges to come!

No viewer could be left with any confidence after this decision by the High Court of Australia.

This decision says a lot about the narrowness of legalistic interpretations in the High Court of Australia and nothing about George Pell.

Jim Beatson
Byron Bay

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► Continued from page 9 another soul around.

But don't worry you can still go to the bottleshop, because here in this lucky country it's an essential service.

Bless us all. Especially the workers who are keeping the wheels in motion, and the health care workers. What would we do without them?

Stay safe, keep a distance and consider wearing a mask.

Mick Stacey
Ballina

wouldn't be wearing it unless you had to,' in a really supportive way.

That was back in the days when a doctor gave you one so you could protect society. I wouldn't dream of wearing one now. Our essential workers need them.

I fail to comprehend how or why anyone would break their isolation period in this age of the pandemic. That simple action could put the entire country at risk.

We love our parents and grandparents. Please wash your hands, stay at home, and keep your distance.

Sarah Smith
Eltham

Oh God!

Drought, fire, flood, plague, martial law... Are you ready to repent yet? Or would you prefer more suffering? Have a second helping, there's plenty.

Much or most pestilence begins in inland China, where the inhabitants eat swine flesh, and other assorted

carnivores, also crustaceans and various other insects. Regrettably many other Australians follow suit.

The God of the reviled and ignored Christian Bible is still in control. We, sadly, richly deserve being punished by the microwave-enhanced COVID-5G 'plannedemic' for disobeying the Divine list (also including lending at interest, heathen temples, tattoos, escort girls etc).

Accept Jesus as if your life depended on it.

Vyvyan Stott
Mullumbimby

group who have been working tirelessly for some time to restore the railway.

This group has completed preliminary costing for reopening the railway from Casino to Murwillumbah as well as gauging the strong support for the revitalised railway from the community through surveys.

Furthermore, the carbon footprint generated in the region would be reduced especially if solar trains were used - like the railway to the Elements resort.

As far as congestion on Ewingsdale Road is concerned, the railway could be extended to Tyagarah far quicker and for much less money than duplicating Ewingsdale Road.

If you agree with this letter please lobby Council and your State member of Parliament and if you would like more information, contact me at bolthole@bigpond.net.au

Chris Abraham
Mullum Creek

Suicide Prevention
Any Age. Any Gender. Any Stage.

WE NEED YOU!
SHEAR*CLASS*!

My *Wool Classer's Specifications - 4 LIFE!
*Jed says...*We ALL need 3 things...

Something 2 Love
Something 2 Do
Something 2 look 4Ward 2!

Classer's Registered #
Written Report

W. B. HIGHLANDS
178668
AAAM
29


One of the many Classers I've had now over 4 decades, recently gave me his take, his *SPECS4 LIFE. These wise, insightful words R from this younger fella, not just my Classer, but a friend who strongly supports my S.P. work. These qualities have earned him his very own advert. x

My TAKE on Jed's *SPECS!

- If UR left and/or lonely ALWAYS REMEMBER:- If UR dog thinks UR the best thing on 2 legs, NEVER go looking 4 a second opinion!
- If U've lost UR job, retired, or for any reason R at a loose end... Make a difference to a cause U care about:- Volunteer!
- 2day, U mayB filled with Sorrow, but with *Help, Hope and Healing...

Volunteer UCAN ALWAYS
Look 4ward 2 Feeling,
The Warm Sun Rising...
2MORROW!
*Any Doctor. *Emergency 000. *Lifeline 13 11 14

Created by sheep farmer Tim Barritt. Barossa Valley, S.A.



Masking

The only time I wore a mask out publicly (to buy essential food) was when my daughter had whooping cough (the incubation period can be extensive). I couldn't have lived with myself if I'd passed it on to a baby under six weeks of age (prior to the age of vaccination) and caused their death.

It was a bit embarrassing. A Woolies lady said, 'Don't worry, we know you

Give us a new story

Mandy Nolan

One virus to rule them all, one virus to find them, one virus to bring them all, and in the darkness, bind them.

Right now, the entire world is living under the sway of one unifying narrative - COVID-19. It feels that we are truly living in the Land of Mordor where the Shadows lie - both in our world and in ourselves.

The viral genome is 26-32 kilobases in length, the largest among known RNA viruses but still imperceptible to the human eye. It's invaded our bodies, our towns, our cities, our countries,

our economic system, our world. It's become not only the dominant narrative, its' become the ONLY narrative

Having one narrative is fatiguing. It's unrelenting. And it's only just started.

We watch the horror behind glass, from the safety of our screens. Many are tired of hearing about it. Tired of talking about it. Tired of thinking about it. Tired of how in such a short space of time the multiplicity of narratives around the world has been shrunk into just one: something bleak and hopeless.

Surviving the virus isn't just about avoiding infection and transmission' or even managing economically - it's about managing mentally. We need things to look forward to. We need

people to touch. We need people to talk to. We need to laugh. We need hope.

We need community. We need purpose. We need our narratives back. So maybe in this weird time we should tell each other stories that have NOTHING to do with coronavirus. We need narratives that give us space to breathe.

Echonetdaily wants you to create new narratives with a short story competition. The main rule is the story has nothing to do with COVID-19. It can be no more than 800 words in length and there will be a \$50 cash prize every week for six weeks!

Email your entries to: echostory-comp@echo.net.au by 11.59pm every Tuesday for inclusion.

Where do homeless and travellers go during the pandemic?

Aslan Shand

There are reports of increasing numbers of campers at Scarrabellottis Lookout on Coolamon Scenic Drive, car parks in Broken Head and Tyagarah – but where else can they go?



There are increasing numbers of campers at Scarrabellottis Lookout and other locations throughout the Byron Shire. Photo supplied.

‘From a public health point of view, this situation is very worrying, as Byron Bay is now a known hotspot of concern for COVID-19,’ said Anthony Stante who lives near Scarrabellottis Lookout.

‘Having uncontrolled access for campers and backpackers at the lookout means the virus could easily be spread. These people have limited washing facilities, are using the scrub for toilet facilities, and then driving back and forth to town to get supplies, and mixing with locals in supermarkets etc.’

Nowhere to go

When Mr Stante spoke to some of the campers they said they were desperate and had nowhere else to go.

For many people who are travellers, backpackers, or who are homeless, finding a safe place to be during the COVID-19 pandemic is difficult.

‘We have taken in Uncle Yado from Murwillumbah for the time we are in isolation,’ said Mullumbimby locals Murray Dreschler and Daya Pepper.

Uncle Yado was homeless and had called Murray and Daya to ask for support; but not everyone has someone to ask for help.

‘It is not just about compassion, it is our duty to help

people,’ Daya told *The Echo*.

Murray agreed saying, ‘There are all these people who don’t have homes, who can’t afford the rent, and as fellow human beings we need to look after them. We need to make sure they have access to toilets and showers. We have to have more compassion. We need to create places for people to be to get through this challenging period.’

Responding to Mr Stante’s concerns, Byron Shire Council general manager, Mark Arnold said that, ‘Staff will be attending the site [Scarrabellottis Lookout] to provide alternate options for the campers within the Shire. Following the relocation of the campers, Council will be moving to close the lookout entrance.’

Are camp grounds an option?

Council and police are continuing to patrol across the Byron Shire. A police spokesperson told *The Echo* that they ‘will be using their discretion on a case by case basis when making a decision to enforce the regulations’.

Currently camping

grounds are closed, however, exceptions are made in the Public Health Order, part 4. This allows permanent residents to remain, as well as those ‘persons who have no other place of permanent residence or whose primary place of residence is temporarily unavailable’.

Reduced rates

The police and Byron Shire Council are quick to point out that camping in the streets, parks and reserves is prohibited.

However, they say they have not forgotten these vulnerable people. They are encouraging the homeless, backpackers, and people sleeping in vans and cars to utilise local camping services at a considerably reduced rate.

Support needed

Tamara Smith has supported the use of caravan parks for rough sleepers and travellers in the current circumstances.

‘Our caravan parks are permanent homes to many folk who are vulnerable in terms of age and health, so managing who might be given shelter in the parks

now that they are closed to casual visitors needs to be carefully managed,’ said Ms Smith.

‘If we have the right support from government to protect guests, tenants, park managers, staff and the community, I think our caravan parks could be used to provide shelter for people rough sleeping, and also for travellers who need to be quarantined.’

‘What we don’t want is folk dumped into settings like caravan parks without a huge amount of support for the entire park community and the people placed there,’ she told *The Echo*.

‘That means for many rough sleepers wrap around social and health support at a level that we were not seeing before the pandemic. So we would need to see radical improvement and assurances before we could sanction placing homeless folk in our caravan parks.’

‘How do you stay at home if you don’t have a home to stay at?’

► Read the full story online in *Echo* www.echo.net.au/where-do-homeless-and-travellers-go-during-the-pandemic.

COVID-19 is definitely not the flu

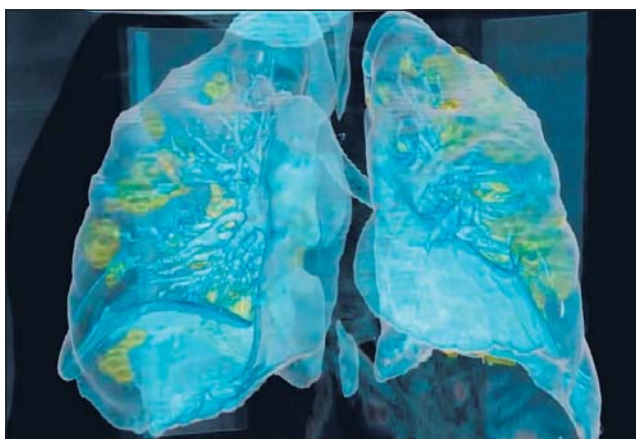
Michael McDonald

People with a COVID-19 infection may have flu-like symptoms, but the virus attacks the lungs in an entirely different way. It is important to understand that and not think, ‘Oh, it’s just another flu.’

Presents as a blood disorder

According to Hugh Montgomery, Professor of Intensive Care at University College London, COVID-19 is ‘as different from flu as Ebola is from an ingrown toenail’.

In a very articulate interview with ABC’s 7.30 on April 5, Professor Montgomery explained that, unlike a



A still from a 3D simulation of how COVID-19 affects the lungs, created by scientists at George Washington University Hospital www.gwhospital.com/health-alert.

pulmonary infection that clogs the air sacs in the lungs, COVID-19 presents as a blood disorder.

Prof Montgomery notes ‘blood essentially is coming

into the lung full of carbon dioxide, and without much oxygen, and it is transiting the lung to the arterial side in exactly the same state that it came in.

‘So a lot of this problem seems to be vascular, and indeed when we measure clotting in the blood, it is off-the-scale abnormal.’

‘There are things called D-Dimers that break down clots, and those would be up a little bit if you had a clot. These are stratospheric levels.’

If that doesn’t make people think twice about taking precautions to protect themselves and avoid giving the virus to others, I don’t know what will.

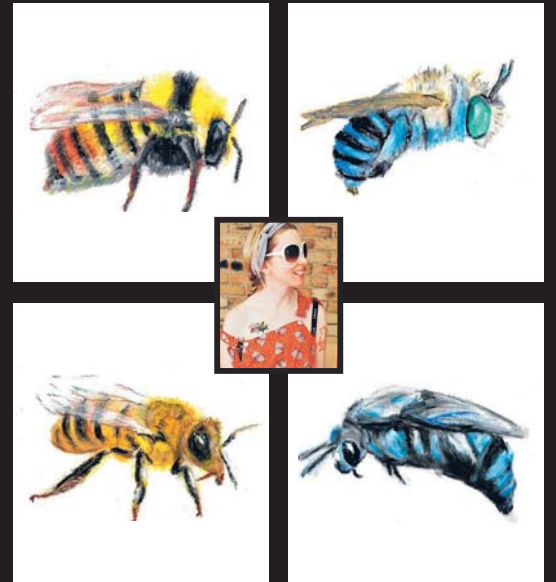
3 minute interview

You can watch the three-minute interview at: www.abc.net.au/7.30/intensive-care-specialist-hugh-montgomery/12130856 and also read a transcript.

Local Artist

Holly English

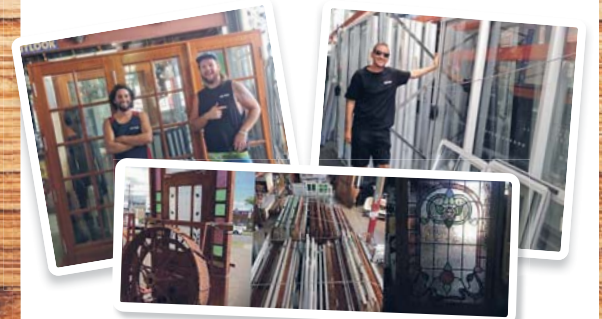
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Beyond Belief

Apparently I am dangerous. Uninformed. A Sell Out. And the Editor of *The Echo*.

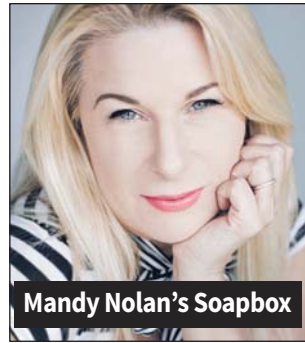
This was news to me. Some friends pointed me in the direction of the Stop 5G Northern Rivers NSW page, which was almost in meltdown in response to my recent mis-sive satirising the plethora of COVID-19 conspiracy theories – one of which was about 5G. Although it invoked a tirade of hate speech, it was rather flattering for a humble comedian to be bestowed with such power. There I was, trying to lighten the load with laughter, but as it turns out I am brain-washed. I am in the employ of the government. Others touted that I had political sway, and a few more declared me Editor of *The Echo*.

I would suggest that before anyone calls another person uninformed, they should perhaps do some very basic fact checking, such that can be done by simply picking up the locally distributed newspaper. There's probably one on your lawn. I am sorry it's not accessible via a YouTube link (where all good science lives) but must be sourced locally in black and white.

Hans Lovejoy is the Editor of *The Echo*. I am the entertainment editor, which I have been for nearly 20 years. So, for that fact to have escaped them, perhaps I am not the only 'uninformed' person in the region...

Be kind & courteous

One bloke went a little further than the others – advocating my violent demise. I will not name that person, because the abuse of oneself shouldn't be cause for uncompassionate treatment of others. Ironically – the 'group rules' from the STOP 5G admins agree. They state 'Be kind and courteous: Let's treat everyone with respect. Healthy debates are natural, but kindness is required.' And number 2: 'No hate speech or bullying... bullying of any kind



Mandy Nolan's Soapbox

isn't allowed.' Kind of at odds with this statement which [as we went to print] still stands un-moderated: '...we can feed her to the dogs with the rest of them.' That sounds like a threat of violence.

Does the STOP 5G page condone threats of violence from men to women? I thought this was all about supporting 'healthy community'? Or is it just about supporting those who share your belief?

Fervent fundamentalism is underpinned by assertions that somehow these disparate community members are the *truly* enlightened. They alone have claim to the *real* truth – as they have access to what they assert is *real* science – accessed and distributed through a variety of links on the 4G Network.

To be authentically aligned with their values though, shouldn't they be running this group via pigeons, not the internet?

On this site they talk a lot about the evidence they have – like they are the gatekeepers of the truth. If you find this evidence questionable, unfounded and unscientific, then *you* are brainwashed by the system.

The 'logic' they employ underpins a world view of 'Us v Them'. Their 'Them' are the government (all levels, everywhere) who are in cahoots with 'The Other Unspecified Them' to kill 'Us' (who are...?).

I have never worked out why they want to kill 'Us', but apparently the Chinese are in on it. There's significant anti-Chinese vitriol on this page which should be moderated as 'racist' because racism

is also something that the page's admin states they won't tolerate.

Valid research

Here's a fact. It is not possible to have scientific evidence about the relationship between 5G and coronavirus – because there hasn't been enough time to conduct a proper study, since the disease was identified less than six months ago. It would only be speculation.

It takes a minimum of 12–18 months for research to be validated – it has to pass through an ethics procedure, it then needs to be accepted by a legitimate and recognised publication like *The Lancet* and then the science needs to be peer reviewed, and then published. This is a robust process to ensure that unfounded theories don't circulate as *fact*.

Unfortunately, the evidence that STOP 5G refer to, has only had its 'research' peer reviewed through the comments stream on YouTube. We live in an era where we are able to curate and choose 'evidence' that supports our belief bias – then we use our shared bias to form a tribe.

I might add that I made no comment in my article on endorsing or not endorsing the implementation of 5G; just that the conspiracy theories are rampant bullshit, and dangerous to public health as those who believe social distancing isn't for disease control – just crowd control.

Investigation is scientific

If the Stop 5G lobby want to be taken seriously, they need to distance themselves from outlandish conspiracy. It's not unreasonable to insist on the investigation of impacts of any technology on human and animal health – it is however entering the realm of a Monty Python farce to suggest it's all part of Huwaei's quest for world domination. Although I do like the opening scene theme song – aka Frankie's hit, 'I did it Huwaei!'

The 5G conspiracy theory is straddled by this overarching belief that all governments

have conspired to move us into a New World Order. Basically it's a plot to keep us home so they can get the towers up all over the world, whack the robots on the streets, then immunise us with the new vaccine that has a 5G chip. (You might want to put the bong down now).

Have a look at history. Ever since we attempted to dominate nature and embarked on The Silk Road, humans have dealt with pandemics. We moved goods, spices and new ideas; from China, to Central Asia, to Europe and we also carried the Bubonic plague that killed half of all Europeans, in seven years. (Shit! The Chinese again! Conspiring for world domination by manufacturing a disease – in the 1300s! Clever bastards.)

The world has always been adversarial – to conspire in the interests of world domination would suggest a kind of unity that governments, and the rest of us, have never shared. Perhaps we are being run by the lizard-people overlords after all! (I am eager to see the evidence for their existence.) So as we are never going to agree on evidence, let's try something Aristotelian: logic.


If we accept that 5G is deadly to our immune systems, and we'll all die, or get cancer, or have a major health meltdown – then who benefits from its implementation? If all of us are affected, then who is the beneficiary of this New World Order? Won't 'They' be affected too? Won't their families also perish?

It's ludicrous. This is a time when the world is *actually* united with a shared objective, to pull their populations through a pandemic, to care for the vulnerable!

So stay inside, but do us another favour, and stay off Facebook as well. And hey, on the upside, if we do get 5G, how much faster will we be able to send conspiracy theories around the planet?

So let's start first with a 5K network. Kindness V Conspiracy.

► www.echo.net.au/soap-box



Fun facts about the Byron Theatre!

Fun Fact #3:

The Byron Theatre owns a World Class Steinway piano!

The Byron Theatre took ownership of the 1986 Steinway Orchestral Concert Grand, known as the 'D' model, in 2004. We were able to purchase our Steinway through local fundraising efforts: funds donated from local music concerts, music companies & societies made generous donations as well as the local community. You can find out more information about this fabulous instrument on our website.

Donations towards maintenance costs are always appreciated. Thank you for your support!

www.byroncentre.com.au

STARS BY LILITH

ARIES THE RAM

Will Mars and Venus in air signs meeting Mercury in fiery Aries produce a lot of hot air this week? You tell me...



♈ ARIES: With resplendent Sun and inventive Mercury aligning in Aries to fire your creative imagination, plus Venus sweetening communications and Mars phosphorescent with bright ideas, this is unquestionably a breakthrough week for you. Though consider posting a note on the fridge saying: *When you're tempted to take on too much, stop right there.*

♉ TAURUS: Taureans are the zodiac's sensible sensualists, but with Mercury activating your imaginative and less logical left-brain, feelings and fantasies could be currently more appealing than actual facts and figures. Fortunately there's some down-to-earth Venusian magic happening in your financial world to keep your hooves on terra firma.

♊ GEMINI: With Mercury in your teamwork sector you're probably internetting and online like nobody's business, as incoming information continues to be misleading and contradictory. It's currently necessary to check everything while you sort out what's the real deal. Hint: if something sounds too good to be true, this week, it probably isn't true.

♋ CANCER: With Mercury in go-ahead mode, Mars energy boosting, and Saturn providing long term staying power, this a good week for getting traction on professional plans and future moves. But a word to the wise: your lateral, round-the-world way of communicating won't be appreciated in the present blunt, straightforward climate.

♌ LEO: During this fast moving week of escalating disruptions and unsettling events, alliances take a turn for the serious. A Game Of Thrones approach would be absolutely counter-productive as Venus starts contemplating future plans – like investing in relationships that stay the distance, and nurturing key collaborators you can trust.

♍ VIRGO: As you attempt, like everyone else, to integrate new material, as life's goal posts shift, the impulse to exaggerate will be everywhere. But keep your sensible on. Whatever you're thinking, be careful about how much you share, and where. Not everyone understands the importance of details like you do.

♎ LIBRA: Wherever Saturn parks in your chart is your cue to mature, and the responsible planet's currently saying 'Stop procrastinating, and go for it'. Stand up and put yourself out there, be proactive; with the sensible side of your Libran scales as ballast, of course. An older, more experienced mentor could give invaluable assistance.

♏ SCORPIO: As planetary face-offs translate into Earthly ones, the world's on a global rollercoaster ride. To say that this week includes Hitler's birthdate, you probably get the picture. Silver lining? If you avoid the drama hook, and understate rather than overplay your case, you'll definitely be ahead of the game.

♐ SAGITTARIUS: Spending more than you ought? Time for a budget summit then. Sagittarians are one of the zodiac's futurists, and if it isn't looking cheery, at least you're not one of its gloombags. So do something every day this week to brighten your own and someone else's day. It could be as small as a smile...

♑ CAPRICORN: With general panic and pandemonium making everyone edgy, a confrontational approach is likely to get defensive responses this week, while showing your sensitive side could elicit way better engagement. Entertaining Mercury in exuberant, enthusiastic, occasionally over-the-top mode is definitely demonstrating the benefits of discretion.

♒ AQUARIUS: Not convinced by what's being offered? Then watch body language, read between the lines, listen for what isn't being said. Resist inflammatory responses or posts which could undermine or derail what you're trying to achieve, especially round late week Aquarius moon. Think less pushy Mars agitating for action, more cautious Saturn counseling restraint.

♓ PISCES: Saturn rules boundaries; something you might have to strengthen during weekend Pisces moon if yours are overstepped. With Jupiter and Pluto operating a push/pull dynamic in group interactions you don't have to do it alone, but you will have to give in-depth consideration to the people you choose.

HEALTH & HEALING

Headaches gone; no medication required!

Carly suffered from vestibular migraines for five months before going to see Michael at the Bangalow Headache Clinic. After going to see numerous doctors and other health practitioners, the only treatments she received were pain-killers and other medication, none of which worked. Reading that the neck can often be the source of headaches, Carly then went and saw Michael. 'After three sessions with Michael, there was a noticeable difference and now I no longer get any form of headache.'

All from treatment of the neck, her headaches were cured. No medication required. If you suffer from headaches and want to get off the pain-killers, go and see Michael at the Bangalow Headache Clinic.

72 Byron St, Bangalow

0475 757 510

bangalowheadacheclinic.com.au



Online Therapy for Individuals and Couples

The restrictions, isolation, and fear associated with COVID-19 have disrupted much of what we take for granted – our freedom, work, and home life, which has put relationships under pressure. Many are having to live with uncertainty, ambiguity, and loss of control. If you're grieving the devastating loss of your usual roles, routine, or secure future; feeling anxious, depressed, or worried about your relationship, then maybe it's time to talk with an experienced professional via Zoom, Skype or FaceTime.

Graeme James (M.Couns, M. Couns. Hons, PACFA Reg. Clinical) is a counsellor, psychotherapist, and supervisor who has provided online therapy over many years. He teaches counselling through university, has managed Lifeline Sydney, and worked with Medibank Health for Beyondblue. Private health insurance may apply.

Graeme James | 0412 518 024 | graeme@graemejames.com.au
www.byronbaycounsellingsupervision.com.au



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Tel: 1300 585 778 | E: hello@sacredearthfunerals.com.au
www.SacredEarthFunerals.com.au



Move To Nurture Pilates

Move To Nurture Pilates is a new local business specialising in Pilates exercise that is tailored to older adults wanting to stay mobile, working people wanting to stay fit and post natal mums. Brigid, lead teacher, mum and owner at Move to Nurture explains, 'Pilates with us is gentle and targeted to get results quickly and achieve injury prevention. If you want to get strong, reduce recurring pain or recover completely from having children we want to help you with regular exercises that feel good for your body'. All classes are now available in real time, online with Brigid observing you as you join in from your device at home.



Check, www.movetonurture.com for the schedule of large and small group virtual classes. Private sessions are also available Phone: 0404 459 605.



Byron Community College

In response to this coronavirus and social distancing regulations, Byron Community College is now offering a selection of live online classes through the Zoom platform. The College will be offering short one-off sessions as an introduction to using Zoom.

We strive to continue providing quality learning experiences, giving students the chance to connect to community through online learning. Cost of classes will be subsidised by the College to encourage student participation.

Online general courses will start with Yoga At Home, Meditation for Beginners, Guitar Introduction and Pen and Ink Watercolour Magic.

Health and wellbeing is paramount in these unprecedented times. Byron Community College wishes everyone well and looks forward to connecting with you online soon.

Please stay updated via the Byron College newsletter or via www.byroncollege.org.au

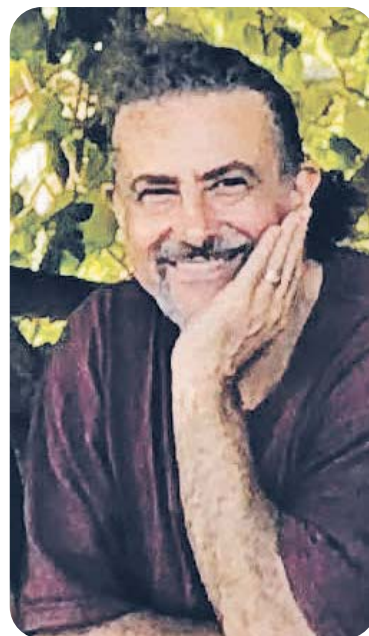
Dr Jon Dental and Whole Health

With the current situation of COVID-19 escalating there are still important dental health requirements that need to be met in the community.

Remember to keep up good oral hygiene measures including the basics of tooth brushing and flossing.

A great morning protocol to follow is tongue scraping – first thing – to remove mucous from the digestive tract that has ascended into the mouth overnight, followed by oil pulling with your choice of either coconut or black sesame oil to assist with plaque removal as well having a natural anti bacterial effect.

If you do require urgent dental care Dr Jon is available to assist you with his gentle holistic clinical approach or a whole health dental kinesiology session. 0411031301



Speak to a GP about hep C

It is normal to feel uncomfortable to speak to your GP about hepatitis C or any other health condition. This is now true for more reasons than usual due to COVID-19. Bearing the current situation in mind, your health is still your greatest asset. Many GPs are offering consultations via Skype and will be able to help you organise the best course of action on how to treat hep C during this time. Blood tests are still available as they are a vital medical procedure for multiple health conditions.

Many people are needlessly suffering the discomfort of hepatitis C. If you simply talk to your GP, they will be able to guide you in the right direction and aid you in your recovery.

These are trying times so let's look out for each other's health and wellbeing.

Hepatitis Australis
www.hepatitisaustralia.com
1800 437 222

Lismore Liver Clinic
3/29 Molesworth St, Lismore NSW 2480
66 207 539



Jing Organics

Jing Organics brings you the best in health & wellness in order to increase longevity and quality of life.

Jing organics is co-owned by two local brothers, Adam and Daniel. They are both passionate health enthusiasts, on the lookout for advancements in health-related information, technology and products that have profound health benefits.

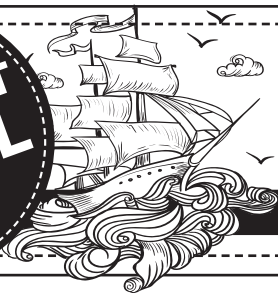
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Jing Organics is beyond a shop. It is a destination dedicated to longevity, vitality and cellular health.

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UNCHARTED WATERS

THE BUSINESS COMMUNITY'S RESPONSE TO THESE EXTRAORDINARY TIMES



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roadhousebyronbay.com
or call (02) 5614 8880



The Sun Bistro Bottle Shop home deliveries

People, don't despair! The Sun Bistro Bottle Shop is providing a home delivery service so you can enjoy your favourite drinks, without leaving your home.

Julz, who has hand-curated the Sun Bottle Shop, has put together some fantastic wine packages that he'll deliver to your door step.

You can also add on some of your favourite beers and spirits.

For more information
ph: 6685 6500
thesunbistro.com
E: deliver@thesunbistro.com



Pocket Herbs

Are you struggling to buy seedlings or in need of an immunity boost?

Pocket Herbs is now delivering seedlings, micro greens and high-quality salad mixes to the key towns in Byron and Tweed Shires.

Our Micro Nutrient Mix, Piccolo Mix and Micro Greens, all have concentrated nutrients and are a source of antioxidants, vitamin C, folate and beta-carotene.

pocketherbs.com.au/delivery



Get outdoors and have fun in a responsible way!

Zephyr Horses is currently offering private 1-on-1 rides and lessons for only \$100 (1hr 'forest trail') and \$150 (1.5hr 'forest to beach'). Save \$\$\$.

Limited spots available.

Visit zephyrhorses.com for more information or to arrange a ride!



Beds R Us Byron Bay is open.

We welcome any phone enquiries or consultations on 6685 5212 or email us on byronbay@bedsrus.com.au. Use discount code SAVE20 to save 20% off your entire order online or mention this ad to receive 20% off phone orders, and we can deliver from Tweed to Ballina.



Byron Bay Pork & Meats is now offering free delivery

to Mullumbimby and surrounds. Call the shop to place your order.

Locally sourced premium quality pork, beef, lamb and goat from their family farms. Specialty sausages including a gluten-free variety, smoked leg hams, free range chickens and ducks. All meats are antibiotic and hormone free.

Open Mon-Sat.
6684 2137
70 Dalley Street.

BYRON FARMERS MARKET

BYRON FARMERS MARKET is classified as an essential food service so remains open.



We have new measures in place to provide a safe environment, including extra hand-washing stations and hand sanitiser on all stalls, social distancing, and extra space between stalls.

Only one shopper per household please.

Thursdays 7-11am at the Cavanbah Centre and Saturdays 7-11am behind the Bangalow Pub.

byronfarmersmarket.com.au

A SMOOTH SEA NEVER MADE A SKILLFUL SAILOR



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Aged Care Contracts
Wills & Estates
Family Provision Claims
Trusts & General Commercial
Our virtual boardroom is open for business via a number of online platforms, and we still offer good old-fashioned telephone advice.

To make an appointment, call 0411 180 907 or email: enquiry@castrikumlegal.com.au



BodyMindLife is now streaming live!

Connect and move with the BodyMindLife community in new online Yoga & Pilates classes. Brought live to your home by our incredible teaching team, classes are created for people of all experience levels, and designed to challenge, engage and inspire.

Try it with an Online Intro Pass, 7 days unlimited access for \$20 from bodymindlife.com



di Vino provides an authentic Italian culinary experience

in a rustic trattoria-style setting. Our recipe: fresh local produce together with uniquely Italian ingredients.

At present we can't seat you in our humble trattoria, but we can give you a taste of Italy at home with our takeaway menu.

Open 5-8pm.
Order online
divinobyron.com or call 6680 8424



Boredom busters for all ages from Toy Kingdom BYRON BAY

Board games, LEGO, Puzzles, Craft, Outdoor activities and heaps more!

Jellycat in store now.
Free local delivery.
Website launching this week!
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Phone orders 6680 8811



Paséyo - Fresh, Yummy Food

Our delicious meals, created using fresh ingredients, feed your taste buds and your immune system.

Our smoothies, coffees, bowls and freshly pressed juices are all available as takeaways.

For your next meal try our wholesome, balanced dishes that combine grain, protein and vegetables.

Full details and menu on our website.

0498 010 881
www.paseyo.com



Trevor Mead Butcher & Deli

Our online shop is now up and running. Home delivery & click and collect options available. We deliver to 2481, 2479 and 2483. First delivery is free, use code WELCOME at checkout. We offer free delivery to all in the at-risk category. Contact us for your free delivery code. Thank you for your support Byron Bay #shoplocal #stayhome

6685 6583
trevormead.com.au



Lord Byron Distillery HAND SANITISER available

We continue to make hand sanitiser and sell at our cost price to support the local community.

Our cellar door is open Tues-Sat, noon till 5pm at 7/4 Banksia Dr, Byron Bay. Limit of two 50ml bottles per person. \$2 per bottle. Bring your own bottle and refill 100ml for \$3.
lordbyrondistillery.com.au

UNCHARTED WATERS

THE BUSINESS COMMUNITY'S RESPONSE TO THESE EXTRAORDINARY TIMES



Flavour Ocean Shores

Open 7 days from 7am-8pm.
Takeaway and deliveries only.
Fresh pasta, authentic Italian pizza, beef goulash, vegan curry, hot chips, salads, chocolate brownies and much more.

Delivery of pizzas and home cooked meals available 7 nights per week.

Call 5614 8603

Ocean Shores Shopping Centre



Om Healing Ayurveda

Jacinta McEwen from Mullumbimby Herbals and OmHealing Ayurveda is now offering online and phone consultations.

In her consults Jacinta uses photos you send her and makes a health care plan specifically for you. Her prescriptions can be picked up from Mullum Herbals Dispensary or posted to you. Detailed notes will be emailed to you.

Ring 6684 9422 or email jazzym@gmail.com
omhealing.com.au
mullumherbals.com.au



Stay safe! Order online or by phone and have books delivered free to local areas from your favourite local, family owned book stores. We have great books for the entire family as well as home schooling resources, craft and art supplies.

Our wonderful staff are still available in our shops for pickup and quick purchases.

We appreciate your continued support.

thebwh.com



Seven Mile Brewing is now offering FREE DELIVERY

to postcodes 2477, 2478, 2479, 2480, 2481, 2482, 2483.

Visit the website and place a \$50 minimum order!

Our full seasonal and core range is available in crows, 4-packs, and cartons.

We will continue to offer home delivery and safely supply the public with their beers as long as they are able.

sevenmilebrewing.com.au



Alive and Wild

Plantbased Gastronomy. Gluten, wheat and dairy free. Fermented cashew brie and raw chocolate.
#holistichedonsim
aliveandwild.com/raw-food-pantry

Order online, email shop @aliveandwild.com or text 0412 400 085.

Collection from Myocum and delivery within Byron Shire.



Mental Health in Uncertain Times

In times of uncertainty, our mental health becomes even more important. Mullumbimby Psychology, the region's largest provider of mental health, remains open to all - children, adolescents and adults. Face-to-face, 'Telehealth' (secure video) or phone sessions. Safe distancing practised for face-to-face visitors.

Call 6684 4748 for more information or visit mullumbimbypsychology.com.au



Byron Bay's first medicinal cannabis clinic.



ANANDA clinics. A philosophy of integrative plant medicine. Natural homeostasis in the nervous and immune systems. Medicinal cannabis in line with the current approved regulations in place by the TGA. Dr Jamie Rickcord FRACGP has set up the clinic for residents of Northern NSW to access medicinal cannabis.

Ph 5624 5024
anandaclinics.com.au



Hemp Culture are still open! 10am-3pm

Superfood supplements to support your health and well being, hemp foods, skin care, and of course, all your growing needs, nutrients, fertilisers and growing mediums.

Grab a bargain on clothing which is currently 20% off! If you can't get to the store we deliver, offering 10% off your first order.

hempculture.com.au
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FREE same day home delivery in Byron Shire and Lennox Head

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All stock is listed and available for purchase
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27 Fletcher St, Byron Bay & 2/60 Ballina St, Lennox Head



Your Body Knows

Yourbodyknows is offering beautiful nutritious home-made meals.

Deliveries to the whole Shire. Stay home and eat well whilst in isolation.

Cooked from scratch: vegan and non-vegan, hormone free, free-range chicken and meats, organic legumes, spices and coconut oil.

Text us your email or phone number to receive our weekly changing menu.

David & Yoko 0475 054 126
yourbodyknows.com.au
FB: yourbodyknows
Instagram: your.body.knows

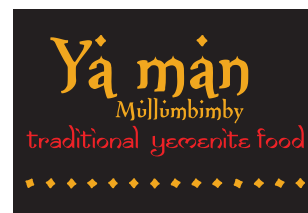


We can't deliver a chef. But we can deliver their fine ingredients.

At local, family owned Blue Bay Gourmet we normally sell to fine restaurants. But in these unusual times, we can now supply your home kitchen. Staples from oats, noodles and olive oil to gourmet white anchovies, manchego and truffle paste. Low prices.

Free delivery on orders over \$100.

bluebaygourmet.com.au
Online store



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yamanmullumbimby.com.au
Call to order 6684 3778.

Open every day from 9AM-8PM.

*Delivery Sun-Fri, 4-8PM. Mullumbimby only. Free Delivery from \$39.

Bangalow Shoemaking



Bangalow Shoemaking has been situated in the Bangalow industrial estate for the last twenty years and is run and operated by Rachel Ayland. I will be open as usual for shoe and other repairs, orthopaedic adjustments, zips in jackets, custom footwear and leathergoods, and much more. My workshop can accommodate for physical distancing and safe transfer of goods.

Text 0403 721 840
7 Bugam Place, Bangalow



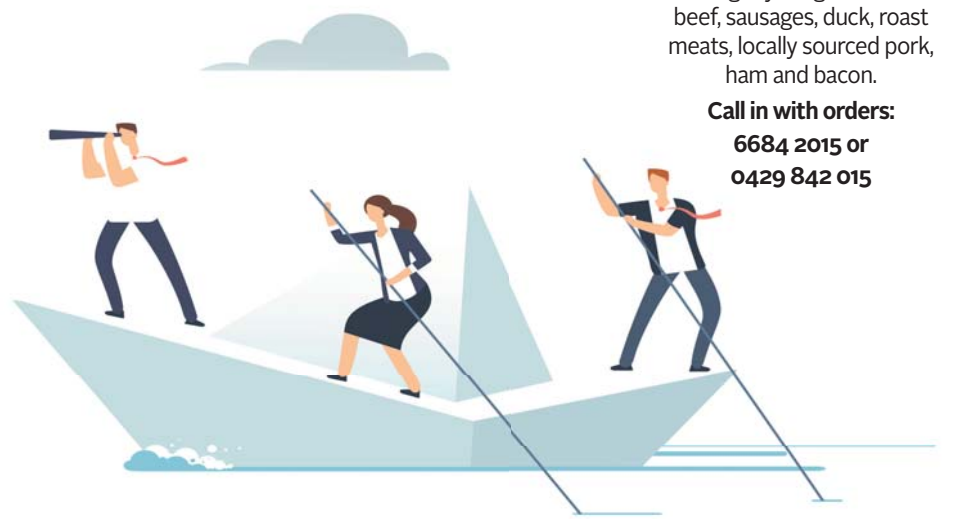
Devine Quality Meats



Devine Quality Meats Mullumbimby are offering Free Local Delivery in Mullumbimby and surrounds.

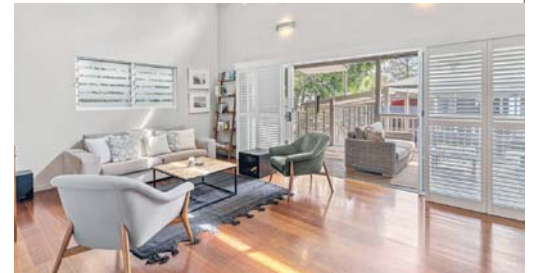
Serving the community with antibiotic and hormone free meat, Vince and his team have plenty to choose from. You can still get your grass fed local beef, sausages, duck, roast meats, locally sourced pork, ham and bacon.

Call in with orders:
6684 2015 or
0429 842 015





Brunswick Heads



26 Fawcett Street
Brunswick Heads

4 3 3 1 1 670m²

AUCTION PAVILION EXCELLENCE

When privacy, excellence, quality & modest street appeal matters! Quietly tucked away at the end of Fawcett Street in Brunswick Heads are 'The Pavilions' with sub-tropical gardens, that set the tone and create that relaxing beachside oasis, ideal for anyone wanting to live the seaside village life in the Byron Shire. Footsteps to the river, beaches, boat harbour, restaurants & cafes via parkland.

The pavilions, two architecturally designed houses both consisting of polished timber floors, stone benches, gas

cooking, large verandahs, joined by a pool and covered deck. Usable under cover space for games, storage of bikes, surf boards, kayaks etc & a tandem garage for three.

Endless options for these pavilions, guest accommodation for those wanting an income or as a family home offering space for family and friends. A truly unique and special place.

The property will be auctioned, if not sold before. For comparable sales or to inspect contact Peter Browning.

For virtual tours follow @ljhookerbrunswickheads

Auction 9 May, 2020.
Online, virtual
11.30am start

Inspect Private Viewing by request

Contact **Peter Browning**
0411 801 795

@peterbrowningrealestate

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Contact Tara to discuss your property or career at First National Byron

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E: TARA@BYRONBAYFN.COM

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- Large insulated shed/workshop plus carport
- Easy walk to supermarkets, shops, schools & cafes



Inspect: Welcome by appointment

Contact: Fiona Johnson - 0400 418 886

fionajohnson@atrealty.com.au

www.atrealty.com.au



Stuart Garrett LAWYERS

Stuart Garrett Lawyers is operational.

Still working from our offices in Byron Bay and Cabarita Beach. Our ability to carry out face to face appointments is restricted. Should you require an appointment, please telephone our office to discuss further, as each request will be assessed on an individual basis. We are also utilising telephone and video conferencing.

We wish you and your family good health during this difficult time.

info@stuartgarrettlawyers.com.au

2/47 Tweed Coast Road, Cabarita Beach
(next to the newsagency)

02 6676 0247

3/130 Jonson Street, Byron Bay (next to Services Club)

02 6639 1000

www.stuartgarrettlawyers.com.au



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tim@millerrealestate.com.au
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@timmiller_realestate

@realty Your Bangalow Agent Janice Maple

"You are never too old to set another goal or to dream a new dream"
CS Lewis

0401 026 359 janicemaple@atrealty.com.au

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Echo Property

Photo of Brunswick Heads
by Cristina ©
cristina_art_silver

The Good Life

Your Gourmet food donations



TOGETHER WE CAN GO PLASTIC FREE!

BIOPAK 5% DISCOUNT OFFER

for new members of **Make the Switch**

Join Plastic Free Byron's Make the Switch program (it's free) and for the first 3 months enjoy a 5% discount on BioPak purchases.

Make the Switch works with food retailers in Byron to help them switch away from single-use plastics.

Find out more & join at: plasticfreebyron.com/join

In the early days of the COVID-19 pandemic, as the need for social distancing became clear, it became very clear to Leela Brett, from Your Gourmet, that there would be many people in Byron Shire who would be hurt financially. Many families that were already doing it tough were suddenly in an even worse situation. At the same time, it's become clear that there is a huge desire in the community to help those who have either been hurt financially by the lockdown, or who are flat out on the 'front line' of the outbreak working, at risk to themselves in our hospitals and medical centres. At Your Gourmet they are bringing these two groups together in the best way they know - with food.

Anyone can email leela@yourgourmet.com.au and nominate someone for a delivery of free meals. It can be a family with health issues, a single parent home schooling, or a doctor or nurse who is working long hours and needs a break.

Leela says, 'Each week we will choose 1, 2 or more nominees for food delivery, depending on how many donations we receive.'

'People who want to help can donate meals via our online ordering. We will top up those donated orders with meals from each day's prep. The meals donated will go to the next person on our nominee list.'

'We also have gift certificates to purchase to give to a specific person.'

'As well as giving people the gift of healthy, freshly cooked meals, our scheme lets people know that they are not alone; that this community looks after each other, even if we can't see each other!'

To nominate someone for free meal delivery, contact leela@yourgourmet.com.au

Please include the nominee's address and mobile number for delivery. To donate: Yourgourmet.com.au/delivery



Above: Your Gourmet, Thai fishcakes
Below: Your Gourmet, spinach lasagne



Good Taste

Eating Out Guide

BALLINA



Wharf Bar & Restaurant

Ballina

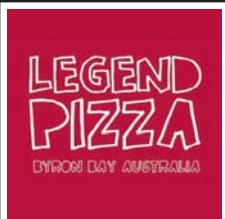
FB/Insta: [wharfbarrballina](https://www.facebook.com/wharfbarrballina)
12-24 Fawcett St, Ballina
6686 5259

TAKEAWAY OPEN!

Our takeaway is still open, from 8am to 7pm.

We will be taking extra precautions to ensure our staff and the community are safe during this time, while still serving Ballina their favourite dishes!

BYRON BAY



Legend Pizza

Open 7 days
9am till after midnight
Shop 1 Woolworths Plaza
90-96 Jonson Street
6685 5700
www.legendpizza.com.au

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Fishheads

Byron Bay

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Byron Bay
6680 7632

Facebook: [FISHHEADSBYRON](https://www.facebook.com/fishheadsbyron)

TAKEAWAY OPEN!

Our takeaway is still open, from 7.30am to 7pm.

We will be taking extra precautions to ensure our staff and the community are safe during this time, while still serving Byron their favourite dishes!



Success Thai

Open Mon-Sat,
4pm to 7pm for takeaway and deliveries.
3/31 Lawson St, Byron Bay
www.facebook.com/pages/Success-Thai-Food/237359826303469

Home Delivery to Byron Town,
Sunrise and Suffolk Park.
Taking orders between 4-5pm.
Delivery between 5-7pm.

Home delivery call 0421 902 855 or 0402 258 990
See Facebook for further details.

NEWRYBAR



Harvest

18-22 Old Pacific Highway
Newrybar NSW 2479

02 6687 2644

www.harvestnewrybar.com.au
[@harvestnewrybar](https://www.facebook.com/harvestnewrybar)

HARVEST MARKETPLACE

Providing fresh, nutrient dense produce boxes for our community. Help us to support local farmers and growers to keep our little economy going.

Food is medicine.

Locally sourced vegetable boxes \$50 (pre-order for Saturday pick-up and delivery)

+ pantry cooking essentials + frozen meals + wine & cocktails
Allpress coffee: 6.30am-12pm daily (take-away)

MULLUMBIMBY



The Empire

20 Burringbar St,
Mullumbimby
6684 2306

FB/Insta: [EmpireMullumbimby](https://www.facebook.com/empiremullumbimby)
[empiremullumbimby.com.au](https://www.instagram.com/empiremullumbimby)

The Empire is open for takeaway!

It might be a tough time right now, but with some kindness and a positive attitude we'll get through it! The Empire kiosk is still doing what we do: serving up delicious vittles to help you get through the day.

CATERING



Celebrations Catering By Liz Jackson

Celebration cakes
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P: 0414 895 441

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DEADLINE: For additions and changes to the Service Directory is **12pm Friday**.

LINE ADS: \$99 for 3 months or \$340 for 1 year prepaid.

For line Service Directory ads email classifieds@echo.net.au.

DISPLAY ADS: \$66 per week for colour display ad. Minimum 8 week booking 4 weeks prepaid.

Please supply display ads 85mm wide, 28mm high. New display ads will be placed at end of section.

For display Service Directory ads email adcopy@echo.net.au.

The Echo Service Directory is online in Echonetdaily - www.echo.net.au/service-directory

ACCOUNTS & BOOKINGS: 6684 1777

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www.echo.net.au/byron-echo Byron Shire Echo archives

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Mungo's Crossword N330

1	2	3	4	5	6	7	8
9				10			
				11			
12	13						14
15			16				
17		18			19		
	20						
21							
22				23		24	
25				26			

Cryptic Clues

ACROSS

1. I make an impression if I report and reveal names (8)
5. Boss ten in the workshop (6)
9. Kidnapped pipe in a plot (8)
10. You and I place, says Spooner, seeking elbow room (6)
12. Fetching wheat manoeuvre? Well, talking it over (7,3,3)
15. Comfortable shoe loses top - the rotter! (5)
16. Canine like me - tasty! (9)
17. Consultation to cultivate coral fern (9)
19. Aim: journalist finished (5)
20. Ensuring theft worries while playing with your laptop (7,3,3)
22. Softly arrive, and deliver a sermon (6)
23. Hurdle with abstainer ring: get a knife (8)
25. Left ocean for a smaller body of water (3,3)
26. Peacekeeper body with conclusion: it goes on forever! (8)

DOWN

1. Popular current office of the vicar's assistant - but it's wrong! (10)
2. Finale in Golden Days (3)
3. Diplomacy, I will say: It can be felt! (7)
4. Tiring father collapses, needs bulk carrier (7,5)
6. Took to the air, up in Tourist Trophy race - hot, Shakespeare's night! (7)
7. Descending, trampled, oppressed (12)
8. Running on both axes - what a stone! (4)
11. Torn thigh - low injury. Clarify (5,5,2)
13. Genes in deep trouble - shown by tachometer! (6,5)
14. It's reckless to collect thongs, dear (10)
18. All reach out with an otic infection (7)
19. Silly Leon includes a revolutionary in the army command structure (7)
21. Knocks up box (4)
24. French, you mount one New Zealand bird (3)

Quick Clues

ACROSS

1. Give a name to (8)
5. Painter's workplace (6)
9. Kidnapped (8)
10. Room to move (6)
12. Chatting casually (7,3,3)
15. Rascal, villain (5)
16. Palatable, tasty (9)
17. Discussion, meeting to obtain advice (9)
19. Finished, over (5)
20. Looking around while online (7,3,3)
22. Deliver a sermon (6)
23. Dagger (8)
25. Body of water south of the Suez Canal (3,3)
26. Eternal (8)

DOWN

1. Error, mistake (10)
2. Conclusion (3)
3. Able to be touched (7)
4. Large land vehicle delivering cargo (7,5)
6. The one after the eleventh (7)
7. Oppressed, defeated (11)
8. Variety of quartz (4)
11. Reveal, make apparent (5,5,2)
13. Rate at which the motor runs (6,5)
14. Reckless, rash (10)
18. Otalgia (7)
19. Military formation (7)
21. Box, fight (4)
23. New Zealand songbird (3)

Last week's solution N329

C	H	O	P	S	T	I	C	K	S	S	A	S	H
O	M	R	H	A	C	W							
P	A	N	O	R	A	M	A	M	A	R	T	I	N
Y	I	I	R	S	E	N							
R	U	B	E	N	E	L	S	O	N	E	D	D	Y
T	U	T	I	E	N	C	H	L					
G	A	S	S	I	N	E	S	S	H	R	E	W	
H	T	G	T	C	E								
T	E	N	O	R	C	H	E	A	P	S	H	O	T
N	P	I	E	T	O	S							
S	N	O	W	D	R	I	F	T	S	T	R	U	E
O	A	I	I	K	A	A							
A	B	A	T	E	S	R	H	I	N	I	T	I	S
L	C	E	S	L	I	O							
M	E	S	H	S	E	T	T	L	E	D	O	W	N

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Display classies (box ads): adcop@echo.net.au

Line classies: classifieds@echo.net.au

Ad bookings only taken during business hours: Monday to Friday, 9am–5pm. Ads can't be taken on the weekend. Account enquiries phone 6684 1777.

DEADLINE TUES 12PM

Publication day is Wednesday, booking deadlines are the day before publication.

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\$17.00 for the first two lines

\$5.00 for each extra line

\$17 for two lines is the minimum charge.

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We are still re-homing & fostering out our gorgeous cats and kittens. This is strictly by appointment only & in accordance with the current social distancing measures. We are hoping that this could be the purrfect time for you to make a positive difference during these uncertain times. What is certain is that animals are a wonderful emotional support.

To talk to one of our volunteers, please call AWL 0436 845 542

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Seneca

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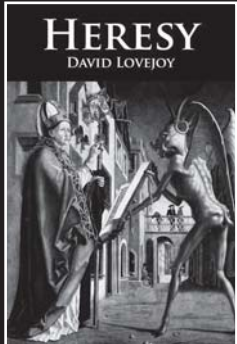
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PUBLIC NOTICES

FAST BUCKS seeks cartoonist to illustrate his ideas. Must be able to likeness local dumb-ass polities. 66847420

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FIND OUT HOW THE ROT BEGAN



HELP OUR COMMUNITY VOLUNTEER DRIVER REQUIRED

Mullumbimby and District Neighbourhood Centre are looking for a crew of volunteer food recovery van drivers.

Requirements for the job are that you must be fit and able to lift sometimes heavy boxes of food, you must have an unencumbered Drivers Licence.

If you like driving and you feel you could contribute to your community and environment please enquire by giving the centre a call on 02 6684 1286 or drop in at 55 Dalley Street, Mullumbimby.

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Michele

Council has listed government funding opportunities for businesses and individuals in response to COVID-19. Grants co-ordinator, Alex Keen says, 'This is a really helpful resource for people, because it allows you to see all of the government grant funding opportunities on offer – and they're all in the one spot.' Visit www.byronshire.grantguru.com.au for more info.

Film-maker David Bradbury has posted a video of the rainforest around the Butler Street bypass being destroyed, along with informative interviews with ecologists Ross Wellington and David Milledge, who explain its significance and what endangered species are contained within the area. Milledge believes the area being destroyed is within koalas corridors. Visit www.vimeo.com/403955286 for more info.

Further to last week's story on the Bruns chamber and visitor centre, we incorrectly stated that Russell Siwicki was a realtor. In fact, Russell sold his business three years ago.

Kudos to the oligarchs and their media lapdogs who – in the midst of a global virus pandemic with an exponential death toll – have forced US Democratic socialist Bernie Sanders out of the presidential campaign. Bernie, of course, campaigned for free health care in the country worst hit so far. The 2020 US election battle is now between lawful evil (Biden) and evil chaos (Trump).

While Catholic big cheese George Pell is now free, spare




'I hope my masks will make you smile, then hopefully you'll realise I'm wearing my mask to protect you more than me', says Joni Harvey. Joni has been making fun-looking dust masks ever since her first visit, 15 years ago, to the Burning Man festival, which is held in the dusty Black Rock Desert in Nevada, USA. She makes cloth masks to relieve the pressure on the medical grade mask supplies, and says that they are reasonably efficient at trapping spit and aerosol particles from spreading into the atmosphere. Photo Jeff 'Masked' Dawson

a thought for Wikileaks co-founder Julian Assange. Nine people have died from COVID-19 across UK prisons, the BBC reports, including an inmate of Belmarsh Prison, which currently holds Assange for no good reason, other than as a warning to anyone who exposes war crimes.

A new study in the journal *Nature* has reported a sediment core sample from West Antarctica's Amundsen Sea. It revealed pristine samples of forest soil, pollen, spores and even root systems, so well preserved that scientists could identify cell structures. Dating of the sediment suggests that Antarctica supported a swampy rainforest 90 million years ago.


Luminary have published Russell Brand's latest podcast, featuring Local Futures founder and Byron resident Helena Norberg-Hodge.

Titled *The World After Lockdown*, it is available at www.luminarypodcasts.com




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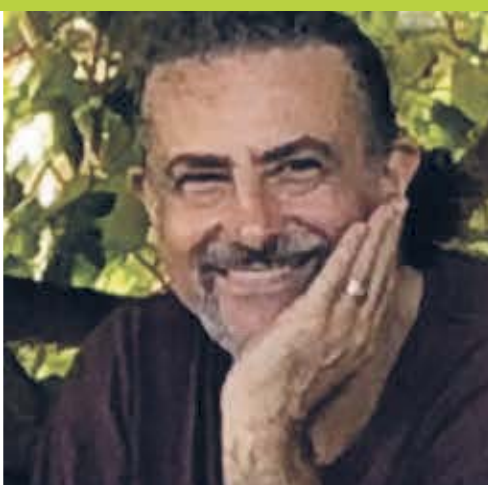


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