



Libraries are the places to be during holidays

Albert Elzinga

School holidays were never so much fun, with a junior master chef competition at Tweed Heads and Kingscliff libraries last week proving a big hit for youngsters.

The school holidays library activity saw around 20 kids prepare such dishes as avocado and tuna sushi sandwiches and rice bubbles and fun balls on a stick.

Activities supervisor Marie-Helene Lucas said judges looked for artistic ability, presentation, flavour and timely completion, with flavour the most important factor in their deliberations.

Winning young master chefs

Chefs in the making, Tauren Coppin, left, of Tweed Heads and Shiana Lewis, of Bilambil, show off their creations after a Junior Master Chef competition at Tweed Heads library last week as part of the library's school holiday activities. Photo Albert Elzinga

walked away with aprons, chefs' hats and other fun prizes.

Tauren Coppin said he joined the cooking class because it was 'better than watching TV' while Shiana Lewis came along because 'it's fun

and interesting'.

Kingscliff and Tweed Heads libraries also presented Story Dog, which helps give kids confidence in reading, and interactive storytime songs, for the youngest of vacationers.

Kevin Rudd to show in Tweed

Foreign affairs minister Kevin Rudd visits the Tweed tomorrow, Friday, to host a forum at Banora Point on Australia's foreign policy and international aid program.

Richmond MP Justine Elliot has urged locals to 'come along to this important community event to talk directly with Kevin Rudd'.

In a media statement, Mr Rudd thanked Mrs Elliot for the invitation, saying he looking forward to

talking to the local community.

'With ongoing humanitarian challenges in the Horn of Africa and the development challenges closer to home, it is important that the community knows what the government is doing,' he said.

The forum starts at 11am DST (10am Qld) at St Joseph's College, 2 Doyle Drive, Banora Point. To book call Mrs Elliot's office on 1300 720 675 or email justine.elliott.mp@aph.gov.au.

Tweed council named in corruption probe

Luis Feliu and agencies

Tweed Shire Council is once again under investigation and among 110 local and state authorities that have received kickbacks and bribes in a 'culture of corruption', the NSW corruption watchdog revealed this week.

The current probe by the Independent Commission Against Corruption (ICAC) is the fourth investigation into Tweed council since the 1980s, and the first since the council was sacked in 2005.

Tweed Council has not been named as one of the 15 so-called worst offenders, which have been summoned to give oral evidence.

But detail of the Tweed investigation is yet to be revealed. A council spokesperson told *The Echo* it would be 'inappropriate to comment while the investigation is still ongoing'.

Public hearings into the allegations began this week with an opening address from counsel assisting, Steve Campbell SC.

Mr Campbell told the hearing the ICAC launched the biggest investigation in its 22-year history after an 'anonymous and disturbing' tip-off to Bathurst Council, in the state's central west, in November 2008.

He said the council was told via email that it had been ripped off to the tune of hundreds of thousands of dollars through false orders placed with suppliers by a former employee.

Two men, including the former council employee, are serving jail terms after pleading guilty to defrauding the council of more than \$700,000 each.

Mr Campbell said that in response to the scandal, the ICAC launched an investigation which has uncovered evidence implicating officials at 88 local councils and 22 other government

authorities.

But he said what the investigation had identified was just 'the tip of an iceberg'.

Mr Campbell told the inquiry council staff have been detected receiving holidays, football tickets, Parker pens, Liquorland and Harvey Norman vouchers and electronics such as iPods in exchange for contracts with suppliers.

Mr Campbell estimated the value of the corrupt gifts uncovered by Operation Jarek exceeds \$1.5 million.

'Insidious, pervasive web'

'The evidence in this inquiry will show that the mere adoption of policies will not proof an organisation against the insidious, pervasive web of corruption by kickbacks of various kinds,' he said.

A worker from one supplier has told the inquiry a Byron Shire council worker asked him 'What's in it for me?' before doing business with him.

The three-week inquiry is expected to hear evidence from staff at the RTA and councils including Byron Shire.

Tweed Council has been subject to four investigations since the 1980s, starting with the first ever ICAC probe, which looked into North Coast land deals which led to the charging of former deputy mayor Tom Hogan over corruption.

Then followed the Bulford Inquiry in 2001 which looked at planning and development issues including the early days of the Kings Forest subdivision, and the Daly Inquiry in 2004 which recommended council's sacking after it was found the pro-development councillors in control of council were merely 'puppets' of developers.

The investigation has taken some councillors by surprise but at least

continued on page 2



YOUR NEW HOME WITH MORE

- Spectacular apartments
- Pool, spa, cinema, gym
- Library, workshop, bar
- Stunning location
- 1/4 Acre rooftop garden
- 1 bed + study, 2 & 3 bed

DISPLAY OPEN!

10am to 4pm, Mon - Sat

Located on Florence Street between the Tweed Heads Bowls Club greens and the river.

SERENE LIVING

Lightforce Computers

Your Mac Service Centre Serving Tweed Shire

Lightforce is Rated **One of the Top Apple Service Providers in NSW...**

- We Do Warranty & Non-Warranty Service
- Our Service is Fast, Thorough, and Reliable
- We Have Three Apple Certified Technicians with 42 Years Combined Apple Experience
- Courier Pickup and Delivery Available
- Free Phone Tech Support for Our Clients
- And NO Appointments Necessary



Beau Hansen
Service Manager

So, if you need service, a routine tuneup or just some friendly advice, come in and see me.

I'll keep an eye on your job from start to finish.

I'm not happy if you're not happy with our work!



Authorised Reseller
Authorised Service Provider
Authorised iPad Reseller



Lightforce Computers

3/84 Centennial Circuit in the Arts & Industry Estate
Byron Bay 02 6685 8796 • See Website for easy Directions
hrs: m-fri 9-5 • sat 9-1 www.lightforce.com.au

Council 'bungled' on grants says MP

Steve Spencer & Ken Sapwell

Federal MP Justine Elliot has blamed bungling by Tweed council's pen-pushers for the shire missing out on millions of dollars in federal grants.

She says the council has failed to submit 'correctly completed paperwork' in two applications for Regional Development Australia (RDA) funds.

The Richmond MP's accusations follow claims by some councillors that she's failing to deliver for the Tweed after the government rejected a council application for \$4 million in funds for a sports complex at Arkinstall Park.

This follows the council's shock failure to secure a \$10.6 million grant to redevelop the Jack Evans Boat Harbour last year - although the government later gave \$1.8 million from a different fund to allow a scaled-down revamp.

Long-simmering disquiet over funding levels boiled over publicly when outgoing mayor, Kevin Skinner, voiced concerns in an *Echo* interview and Ms Elliot issued a media press release defending her role.

Cr Skinner said it seemed Ms Elliott's ALP colleague in the adjoining Page electorate, Janelle Saffin, had been 'much more successful in gaining funds for councils in her electorate.'



MP Justine Elliot: accusing Tweed councillors of 'bungling'.

He was backed-up by Warren Polglase who last month won council support to resubmit the council's application for Arkinstall Park funding.

He said Byron Shire had received almost 10 times more RDA funding than the Tweed, with the Tweed getting about \$33 per head while Byron had received \$300 per head. And

in the Page electorate, Lismore received \$177 per head.

Cr Polglase said he rejected Ms Elliot's claim forms had not been filled out correctly.

'I have been involved in this process for 10 years. In our opinion we addressed the issues in our application. Canberra normally makes contact with the applicant about any problem but they didn't.'

Ms Elliot said Tweed councillors were trying to shift the blame from their council's own failure.

'It is disappointing that some Tweed councillors are looking to shift the blame for their own failures. They submitted two applications which were incomplete and subsequently could not even be assessed against the essential criteria.'

'If the current group of councillors can't lodge an eligible funding application then they should step aside for

those who are more capable.'

Ms Elliot said she was very proud to have delivered more than \$30 million in funding to the Tweed Shire Council since 2007, the latest being \$1.5 million for the Murwillumbah Community Centre.

'I continually fight for more funds for the council, but in this case it's impossible to represent their cause when their projects could not be considered due to the poorly completed forms.'

A council spokesperson told *The Echo* council was expecting to hear back this week from the federal government on a review for details as to why the two applications had failed.

The spokesperson said the Department of Regional Australia, Regional Development and Local Government 'advised that 50 per cent of all applications across Australia were ineligible.'

Cabarita rally against caravan park

Cabarita Beach residents opposed to controversial plans to build a huge caravan park on beachfront land in their village are set to widen their campaign with a public rally this Sunday (October 9).

The Cabarita Beach/Bogan-gar Residents' Association is urging people to attend the 'family friendly' rally at 11am in the park next to the local surf club.

Tweed Shire Council and the state government's Land and Property Management Authority (LPMA) plan to build a 230-site caravan park and 37-lot residential estate on crown land near the local primary school.

Association president Neil Moores said the rally was 'all about the future of our village and that's all about the kids, so we're making this a family event with music, face-painting and a sausage sizzle to raise money for the surf club.'

Mr Moores said an alternative community plan for future development in the village would be released on Monday night at a community meeting at 7pm at the local bowls club which new mayor Barry Longland is expected to attend and 'keen to hear our preferred

community vision.'

The plan, by Griffith University researcher Dr Kerry Foxwell-Norton, and results of a recent community survey on the proposed developments she conducted involving almost 800 people, would also be released at the meeting.

The association will also urge people to sign a petition

calling for an independent inquiry into the plans, which will be given to Tweed MP Geoff Provest.

Association member Ashley Baldry said the residents group was 'not anti-development but we simply feel it's the wrong plan in the wrong place and want to offer an alternative that benefits everyone.'

Rallies to protest against CSG

Rallies will be held across the Tweed against coal-seam gas (CSG) on Sunday, October 16, as part of a national day of action. The national protest has been organised by the Lock the Gate Alliance and marks the start of National Water Week.

On the Tweed, the Northern Rivers Guardians are promoting rallies at Tweed Heads (Jack Evans Boatharbour), Murwillumbah (Knox Park), Uki (Buttery Bazaar), Burringbar (park on Broadway Street), Mt Burrell (cafe), Byrill Creek (the bridge) and Tyalgum (sports oval) all starting at 11am.

The rallies' message is 'to say yes to water and no to coal-seam gas' and make governments sit up and take notice

of the wide concern over the new boom industry and its threat to underground water supplies, agriculture and the environment in general.

In preparation, this Saturday, October 8, a banner painting day will be held 10am-5pm at Murwillumbah railway station.

The rallies will involve a head count of participants around Australia with photos to be sent to politicians to make them aware of the widespread concern.

The Knox Park rally is expected to draw a large number of people. Earlier this year a similar rally against CSG attracted around 3,000 people. Speakers, live music, street theatre and sausage sizzles will be part of the rallies.

Tweed council named in corruption probe (from page 1)

one had been alerted some days ago.

Mayor Barry Longland could not be contacted yesterday but outgoing mayor Kevin Skinner said he had heard nothing official, only some vague rumours.

'There's been a suggestion the ICAC is following up on a company involved in questionable practices which has also had dealings with Tweed Council; there is no evidence to my knowledge that the council has done anything wrong.'

'But I expect to get a brief-

ing from the general manager [Mike Rayner] on this matter.'

Former mayor Joan van Lieshout said she only learnt that the council was under the spotlight after the ICAC released its list.

'I'm disappointed that no one made councillors aware of the investigation - I think we should have been told by either the ICAC or staff if they knew,' she said.

Deputy mayor Phil Youngblutt predicted the ICAC probe would end up being a

'storm in a teacup'.

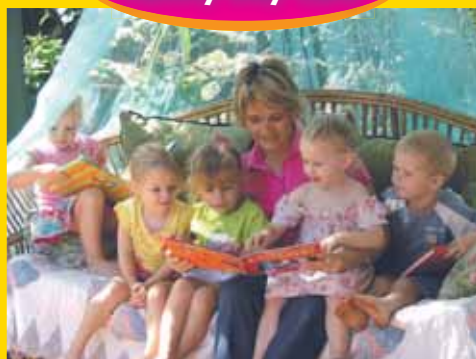
'I haven't heard of any corrupt behaviour at this council,' he said.

Cr Youngblutt said he learnt about the probe through an email on Monday, and suggested it was a way for the ICAC to justify its budget.

Cr Dot Holdom said it's 'the usual practice when it is before the commission not to comment but I can say that I am reading the 64 page transcript of the first day's proceedings,' she said.

www.tweedecho.com.au

Northern Rivers Family Day Care



- Accredited high quality care in a home environment
- Supported by the largest scheme in NSW
- Flexible hours
- Childcare benefit available
- Become a carer and work from home
- Free training & financial support provided



Serving the Community since 1980
A division of Northern Rivers Childcare Services Inc.

TWEED 4 Park Street Tweed Heads
Phone 07 5536 1865

LISMORE 150 Laurel Avenue Lismore
Phone 02 6621 6437

ATTENTION HOME OWNERS, FARMERS, GARDENERS, POOL OWNERS AND LAWN LOVERS



NSW state rebate has ended, however for best prices contact Duraplas.



400 Tweed Valley Way Murwillumbah 02 6672 6977
www.duraplas.com.au

Vote should sink new dam: mayor

Steve Spencer & Luis Feliu

Tweed mayor Barry Longland is hopeful the contentious decision by his predecessor to push ahead with the plan to build a new dam at Byrrill Creek will be sunk by a vote of councillors later this month.

Cr Longland, expected to push instead for the staff and community recommended option to raise the existing Clarrie Hall Dam wall to double its capacity, said he was also confident that the government would not take away council's authority to determine the issue, and he's backed up by Tweed MP Geoff Provest.

The decision by the previous mayor Cr Kevin Skinner to use his casting vote twice in a narrow vote to overturn the recommended option and push ahead with a new dam sparked an outcry and protests. Late last year the government gazetted the Tweed Water Sharing Plan (TWSP) which bans any new dams for 10 years, a decision welcomed by opponents. But their relief was shortlived when the new coalition government lobbied

by National Party councillors and MPs, announced it would review the decision, and Tweed Council continued planning for the new dam.

Then last week, primary industries minister Katrina Hodgkinson appeared to throw the decision back in council's court, saying she was not changing the WSP but re-

viewing the decision-making process by which the previous government ruled out a new dam in that plan.

But even if Tweed councillors vote this month to pursue a new dam, the planning department and not the primary industries department ultimately decides the fate of the dam, according to Mr Provest.

I'll vote this time says councillor

Cr Joan van Lieshout, who abstained on the dam votes citing a non-pecuniary conflict of interest because family owns land in the affected area, now says she may take part in the vote and would probably 'lean towards raising the Clarrie Hall Dam'.

The Liberal Party councillor and her husband Peter own land, part of which would be flooded if the Byrrill Creek dam project goes ahead.

Cr van Lieshout's abstention caused the tied vote which led to then mayor Skinner using his casting vote to support the building of the new dam.

But this week she said 'We don't have a pecuniary interest but the public may perceive we have'.

She said her husband's property backed onto the dam site, but they had no intention of building on the land that could be flooded. 'Outward Bound use it. It is virgin forest,' she said.

The councillor said, 'If I had to lean I would probably lean towards raising the Clarrie Hall Dam wall. I would have to look at the implications of both projects. I am going to have to look hard at that. I'm not saying I wouldn't support it at this stage.'

Mr Provest said he was expecting a letter from Ms Hodgkinson confirming the Byrrill Creek proposal was now 'out' of the water-sharing plan and would not comment till he saw the response.

Cr Longland said he hoped the issue would be settled once and for all at the next council meeting. He too was also waiting for a letter from the minister.

A council spokesperson said costs to date on the Byrrill Creek option had been \$70,000, while the option selection phase, including the community working groups and all studies, had so far cost \$700,000-\$800,000.

Meanwhile, Kingscliff Ratepayers and Progress Association has added its voice to the call for council to abandon the Byrrill Creek dam option.

Association vice-president Scott Sledge said the huge costs involved in dam construction and ongoing maintenance concerned Tweed area ratepayers and 'a quick decision to ditch the scheme would save ratepayers a lot of money for useless planning and save the nearby residents a lot of angst'.

The meeting voted to call on council to rescind its decision on Byrrill Creek and to lobby both planning and primary industries ministers to shelve the contentious plan.

Advice from the Chief Product Tester



Dear Mrs. Product Tester,

I'm not sure if your husband's advice to buy footwear to boost the economy is a good idea. What do think we should do? I'm worried.

Deidre

Dear Deidre,

It's wise to ask for a woman's perspective – after all we're the ones who are good at spending money.

For the last couple of years all we've heard about is how bad things are. The more it's talked up, the more we believe it – and the more we stop spending. It's so simple – if the politicians just lie and tell us that everything's improved, we'd feel better, spend money again and more jobs will be created. Now is that ethical? Hey we're talking politicians here! (they lie all the time!)

But on a realistic level – chill out and stop worrying. What's the second best way to relieve stress? Nature! Get outside. Walk through a rainforest, on the beach or beside a river – we've got it all. Just be in the moment – it's a great way to live.

Oh and if you want to stay out overnight, you'll also need a tent, sleeping bags, warm clothes and cooking gear. What a great investment... and you'll get a return on it year after year.

Hope that helps... Cathy

PS Almost forgot – for all that walking outdoors you'll also need good footwear. Come and see us.

For **genuine** advice on a great range of adventure gear for campers, hikers and travellers see



6 Wharf Street Murwillumbah • 6672 3809

Festival expands into foodie territory

Michelin-trained international guest chef Elodie Attrazie is one of the main attractions of a new Unity Festival sponsored event titled 'Foodie Friday' to be held at Murwillumbah showground's Branding Rail on October 21 from 6pm to 10pm.

The French chef who lives in the Tweed is pictured with some local produce at Wednesday's farmers market at the showground.

Ms Attrazie will join local chef Le Ping from the White Olive restaurant in a cooking exhibition of the highest order on the day as part of what's billed as the 'biggest community dinner party ever'.

To book a table, call Kerry on 02 6672 3063 or visit www.foodiefestival.com.au.

Photo Albert Elzinga



..... Your Regional Employment & Training Services Provider

Tursa Employment & Training

Need Staff? Need Work? Freecall 1800 670 914
Need Training? Freecall 1800 266 425

BYRON BAY 30 Fletcher Street
Ph: (02) 6685 8211 Email: tursa.byron@tursa.com.au

MULLUMBIMBY Shop 1, 97-99 Stuart Street
Ph: (02) 6684 1822 Email: tursa.mullum@tursa.com.au

BRUNSWICK HEADS Shop 1, Fingal Court Arcade
7 Fingal Street Ph: (02) 6685 0466 Email: tursa.bheads@tursa.com.au

Connecting business and workers



www.tursa.com.au

CONVENIENT OFFICES IN:

• Ballina • Bellingen • Brunswick Heads • Byron Bay • Casino
• Coffs Harbour • Coolangatta
• Grafton • Kingscliff • Kyogle
• Lismore • Maclean
• Mullumbimby • Murwillumbah
• Nambucca Heads • Nerang
• Oxenford • Robina • Southport
• South Tweed Heads • Yamba
• Woolgoolga



OVER
TOILET
AID



FROM
\$99

WALKERS



FROM
\$149

WHEELCHAIRS



FROM
\$299

NEW
& USED
SCOOTERS

OUR
BIGGEST
SCOOTER ON
SPECIAL FOR

\$5,595

WE CAN
SERVICE YOUR
SCOOTER



• Hire • Repairs • Wheelchairs • Walking Aids • Bathroom Aids • In Home Service • Continence Care • Medical Legwear
• Daily Living Aids

Call Carole, Andrew or Wendi for friendly, experienced help from locals

1/29 BOYD ST TWEED HEADS • 07 5536 8841 • www.walkonwheels.com.au

SECOND HAND Saturday
15th October
THE BIGGEST GARAGE SALE DAY ON THE NORTH COAST
Shop til you Drop Grab yourself a bargain at a garage sale near you.
Find out where at www.northeastwasteforum.org.au
Daily News

Emmanuel's wineshop Kingscliff
SHEARWATER PINOT GRIGIO
2 FOR \$25⁰⁰
RRP \$18⁰⁰ EACH
32 Marine Parade, Kingscliff
(02) 6674 8400 • www.emmanuel-wineshop.com.au

Planning laws under the spotlight

Story and photo Luis Feliu

Planning reform is high on the agenda of Tweed locals, with the Murwillumbah leg of a statewide planning system review conducted by two former state government ministers attracting the highest number of people to date.

Almost 60 people, including farmers, developers, environmentalists, ratepayer groups and several Tweed councillors, attended the two sessions at the Murwillumbah Bowling Club, which organisers said exceeded attendance at other forums held in north coast centres last month.

The review involves a two-month listening tour involving over 150 meetings across NSW and is headed by former Liberal state environment minister Tim Moore and former Labor state public works minister Ron Dyer.

The controversial part 3A legislation of the planning act, which gives the planning minister power to determine state-significant projects, was abolished as part of an election pledge of the coalition government. The review, the first in over 30 years, will recommend issues to be addressed by legislation set to replace it.

A range of planning and development issues of concern to locals were canvassed at the forums, including protection of prime agricultural land at Cudgen and Terranora, flood-level controls for south Murwillumbah, sizes of rural subdivisions, protection of local Indigenous culture and urban/rural buffer zones.

Locals vented their frustration at planning policies which they claimed lacked adequate environmental protections or hindered development or subdivision.

South Murwillumbah businessman Mi-



Heads of the current NSW planning system review, Ron Dyer, left, and Tim Moore outside the Murwillumbah Bowlo between two forums held there last Friday.

chael Price claimed building restrictions in flood-prone areas were governed by a statewide height level of 6.4 metres set by the SES in Wollongong and the 'one size fits all' policy was unworkable and too restrictive.

'Blanket flood-height levels for the whole of the town is ridiculous, they should be set by local councils; it appears the SES has the final say in our area, and we can't develop there because the SES will not approve a flood plan for the area,' said Mr Price.

Terranora resident and hobby farmer Andrew Meeves said he was concerned about food security and that prime agricultural land at Cudgen and Terranora was being built over.

Councils given more power

Tweed and other NSW councils are now able to determine major residential, retail and commercial developments after laws took effect this week which curb state government powers to declare projects of state significance.

Under the now scrapped part 3A provisions of the planning act the planning

'In Murwillumbah and surrounds, we have some of the best soils in the country and good rainfall yet in Terranora, which is as good as any farming land going, it's going under houses,' Mr Meeves said.

He also criticised compliance provisions of the laws, saying a developer at Pottsville had 'bulldozed through fairly sensitive environment and wiped out the native vegetation, rolling round a sacred Aboriginal scar tree and put a match to it' but was not prosecuted.

'It's not uncommon to burn land to clear any evidence [of cultural heritage or environmental significance].'

Murwillumbah ratepayers group member Robyn Lemaire said she was concerned about buffer zones between rural and urban areas not being enforced under planning laws which sparked conflict as a result, with new homeowners complaining about farming activities such as noise, smell and pollution levels impacting on them.

Mr Moore, a senior commissioner of the NSW Land and Environment Court, said there was a 'clear need for different processes for someone proposing a coal mine and someone wanting to build a new barbecue in their house.'

Notes from the forums will be posted on www.planningreview.nsw.gov.au.

minister could approve large projects, overriding objections from local government. The provisions were widely discredited when it was found developers with such projects had donated generously to the Labor Party. Now development applications up to a value of \$20 million will be returned to local councils for assessment. Projects worth more than \$20 million will go to joint regional planning panels.

solarwave AUSTRALIA
SOLAR POWER
10 year product warranties!
LED
Brighten your future package
10 x 10W LED dimable
Automatic stand by power board
Retro fit to existing light fittings
Save \$200 off your annual electricity bill
\$390 inc GST
www.solarwave.com.au
Ph: 1300 445 755
e: info@solarwave.com.au
Putting power back in your hands.
MEMBER OF Clean Energy Council CEC Accreditation: A1501709 NSW 232448C

Australia's Best Annual CRUISE SALE
DON'T MISS THE BOAT!
15th ANNUAL CRUISE SALE DAY SPECTACULAR
BEST PRICES on QUALITY Cruises WORLDWIDE 2011 - 2013
ONCE ONLY SPECIALS from over 25 CRUISE LINES
Seabourn, Cunard, P&O, Princess, Regent Seven Seas, Celebrity, Swan Hellenic, Holland America, Carnival, Norwegian, Saga Cruises, Spirit of Adventure, Costa, Azamara, Royal Caribbean, Discovery, Star Cruises, Oceania Cruises, MSC, Classic International, Orion, Fred.Olsen, eWaterways, Music Cruises Australia, Viking River Cruises, Pandaw River Cruises, Scenic River Cruises, APT River Cruises, Avalon River Cruises, Uniworld River Cruises, Croisi Europe, Star Clippers, Windstar, Tauck
4 Hours Only - DON'T MISS OUT!
MASSIVE SAVINGS
Fantastic Prizes Up For Grabs! Be There for your Chance to Win!
NEXT SUNDAY 16 OCT 10am - 2pm (Old Time)
Gold Coast Arts Centre 135 Bundall Rd, Bundall
ORGANISED & CONDUCTED BY THE CRUISE SPECIALISTS:
Travel Masters, Nerang - The Travel Studio, Mermaid Waters - Lifestyle Travel, Coolangatta

Mentoring improves health

Story & photo Albert Elzinga

Visiting Kenyan builder and a volunteer for the Tweed Kenyan Mentoring Program (TKMP) David Opondo (pictured) says the program has dramatically decreased the number of children suffering from diseases such as cholera.

The award-winning program, backed by Tweed Shire Council, aims to improve health and living standards in Kenya with the installation of water-filtration systems at three locations in the drought-stricken country.

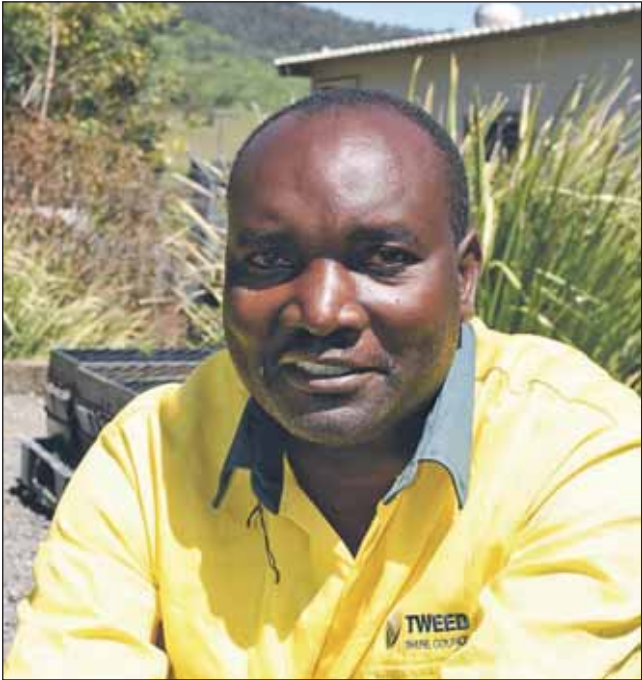
David says it had given the kids and their families real hope for a better future.

The program, together with the International River Foundation, sponsored David to attend last month's 14th annual International River Symposium in Brisbane.

The shy 44-year-old Kenyan was later invited to meet some of the key people behind the council initiative.

Council's senior construction engineer Nigel Dobson will be the fourth council staffer to visit Kenya. Nigel met last week with David to discuss his visit's aims and give some insight into a more holistic approach.

Nigel said TKMP volunteers hoped to make the project more sustainable and the program



less reliant on water-filtration technology.

He said it was important to look at the whole picture and include sanitation and hygiene in the program's armoury to bring cleaner water to a population in dire need of safe drinking water.

Catchment management and riverbank protection were important parts of the 'big picture' and would stop pollution from getting to water sources in the first place, Nigel said.

David said he looked forward to putting his newly acquired knowledge of river protection

into practice and would work on community construction projects to give Kenyans quality drinking water.

In areas where the program installed water-filtration systems, there were substantial cuts in absenteeism among schoolchildren.

David said he would tell his family that Australians were 'generous people' who lived in a beautiful country full of 'strange birds.'

He spent time watching whales from Point Danger and loved the beach which he 'never expected to see.'



Community Fun Day!

BRAIN CHILL

How fast can you drink a NightOwl frozen Coke?



Try our **EXCLUSIVE** **mango** Frozen Fanta!


BRAIN CHILL NightOwl Pottsville
Heat 1: **10:30am, Saturday 8 October**
Heat 2: **10:30am, Saturday 15 October**
Heat 3 & Final: **10:30am, Sat 22 October**

- Come and meet the M&M characters
- BBQ & FREE giveaways
- Fun for everyone!



 **'Like'** NightOwl Convenience

NightOwl Super Pottsville Waters Shopping Centre,
28 - 40 Overall Dve, Pottsville Waters, NSW, 2489 ☎ **02 6676 1288**



Tweed Shire Parenting Skills Courses

TERM FOUR 2011

Preparation for Childbirth & Early Parenting (TH)

Tuesdays & Thursdays 7-9pm
Cost: \$60 per couple
Eligibility: Expectant parents
Venue: Tweed Hospital
Enquiries: Ann Maree 07 5506 7813
6-week course for expectant parents with sessions from midwives, physiotherapists and early childhood nurses, includes information on labour, birth, breastfeeding, parenting and tour of the birthing suite.

Preparation for Parenting (M)

Mondays 6-8pm
Cost: \$50 per couple
Eligibility: First time parents
Venue: Murwillumbah
Bookings: Community Health 07 6670 9400
7-week course for first time parents with sessions cover pregnancy, dad's role, birth, breast feeding, baby care and early parenting.

Building Connections (TH)

Every 2nd Monday 10am-1pm
Cost: Free
Eligibility: Separating families
Venue: Tweed
Bookings: Gillian on 07 5524 8711
Building connections works with parents to minimize the impact of separation on both themselves and their children. It provides key strategies on how to reduce and manage conflict, set boundaries with the other parent and highlights what children need from them throughout the separation process affirming, listening, and problem solving, handling conflicts, accessing support, taking control of stress and looking ahead.

Parent Space: birth to 3 years (TH)

Every 2nd Tuesday November 1 - December 13, 10-11.30am
Cost: \$5 per session
Venue: The Family Centre

Fortnightly parenting information presented and shared in a friendly atmosphere. Discussion topics and parent-child play sessions: Singing Fun, a parent/child activity session; Sleep and Settling, with the Child & Family Nurse; Your Child and their Behaviour; and Christmas Fun a parent/child activity session.

Triple P Parenting Course (TH)

Wednesdays October 26 - December 14, 10am-12.30pm
Cost: Free
Venue: The Family Centre
8 week parenting course for parents of children up to 12 years assists parents to build positive relationships with their children and create a stable, supportive and harmonious family. The course introduces proven methods to encourage behaviour you would like more of from your children and deal positively and consistently with problem behaviour.

Breastfeeding Sessions (TH)

1st Tuesday of month, 12.45-1.45pm
Cost: Nil
Venue: Tweed Hospital
Bookings: Essential Ann Maree 07 5506 7813
Breastfeeding information and support aimed at pregnant mums and first or subsequent babies.

123 Magic (M)

Tuesdays October 25 - November 8, 9.30am-12 noon
Cost: \$15
Bookings: Kimberley Henderson
Venue: Murwillumbah Resource Centre 02 6672 4188
3 x 2 hour sessions cover recognising and sorting behaviours, appreciating patterns, pattern changing, the nature of discipline and emotion coaching; course encourages carers to use simple "stop" and "start" strategies for parents of children 1-12.

123 Magic (TH)

Thursdays November 3 - 17, 12.30-2.30pm
Cost: \$15
Venue: The Family Centre
3-week course explores a down-to-earth, child-friendly and effective discipline approach that encourages good behaviour for children 2-12 years.

Soon they'll be Teenagers (M)

Tuesdays November 8 - 29, 12.30-2.30pm
Cost: Free
Venue: Tweed Shire Women's Service
4-week course for the parents of pre-adolescents. It is a time of great physical, emotional and social change. Topics include: improving communication; managing behaviour; changing established patterns; learning how to have 'empowering' conversations; what to expect during adolescence.

Understanding Teenagers (TH)

Tuesdays November 8 - December 13, 6-8pm
Cost: Free
Venue: The Family Centre
6-week course for the parents of teenagers. It can be difficult to know how to respond to challenging behaviours. Knowing more about how to support and communicate with them can assist to get them safely through adolescence. Topics include: the impact of brain and hormone development, stages of child and youth development, parenting styles, managing tension points and behaviour, and talking through challenging issues.

Kids Caring for Country (M)

Thursdays October 13 - December 15, 10am-12 noon
Cost: Free
Bookings: Lara 0432 586 803
An informal playgroup for children aged 0-5 and their families in the Murwillumbah Tweed Area. Activities will be centred on

cultural revitalisation, learning through play and connecting indigenous parents with each other, children and community through a sharing of culture and parenting techniques. Funded by Murwillumbah Communities for Children.

Parent Coffee and Information Morning (M)

Every 4th Monday, 10am-12 noon
Cost: Free
Venue: Murwillumbah Resource Centre
Bookings: Kimberley Henderson 02 6672 4188
Come along and have a coffee with other parents and learn about parenting skills and services available to parents in our area of children 1-12.

Family Centre Playgroups

All playgroups 9.30-11.30am
Cost: Free
Monday - Banora Point, Tuesday - Cabarita, Wednesday - Murwillumbah, Thursday - Banora Point
Supporting families to identify and learn creative ways of playing with their children. School term only

Baby Steps - New Parents Group (M)

Tuesdays 10am-12.00pm
Cost: Free
Eligibility: Parents with babies under 6 months
Venue: Murwillumbah Community Health
Bookings: Community Health 02 6670 9400
Education and information course for parents of new babies.

Understanding Domestic & Family Violence (TH)

Thursdays November 3 - December 8, 10am-12 noon
Cost: Free
Venue: The Family Centre

Bookings: 02 6672 4188
6 week course for women exploring: What is family and domestic violence? What is the impact on children? The power and control cycle, grief and loss, and finding hope after domestic and family violence. Run in partnership with the Family Centre.

Bringing Baby Home (M)

Saturday, Sunday October 29 & 30, 9am-4.30pm
Venue: Murwillumbah Resource Centre
Bookings: Kimberley 02 6672 4188
Weekend workshop for Mums and Dads designed to enhance skills, knowledge, support and self-care for first time parents of babies less than 6 months. Provided in partnership with Centacare and Northern Rivers Health Network.

Pottsville Neighbourhood Centre (TC)

A range of courses on the Tweed Coast, please contact for further information on courses on 02 6676 4555 or www.pottsvillebeachnc.org.au.

Tweed Shire Women's Service (M)

Contact: 02 6672 4188
A range of courses are planned throughout the term, please contact for further information on courses. For more courses in the Murwillumbah area visit www.tswomen.org.au.

The Family Centre

Contact: 07 5524 8711
A wide range of courses are available at the Family Centre. All courses provide childcare by request. Visit www.thefamilycentre.org.au.

Key
M = Murwillumbah
TC = Tweed Coast
TH = Tweed Heads



Volume 4 #6

October 6, 2011

Invisible Wall Street

After weeks of pretending it wasn't happening, the American media are finally starting to notice that there has been a giant peaceful sit-in taking place in Wall Street. The reason of course is that the police have started treating protesters with excessive violence, and the arrest of 700 people on nearby Brooklyn Bridge last Sunday can hardly be ignored.

The silence of the press in the USA has been questioned in some quarters. Keith Olberman, one of the few American journalists to comment on the event from the beginning, pointed out that an item about even 200 Tea Party protesters would be a lead news item in the belligerently right-wing media. Yet for the first two weeks of the sit-in only foreign news services and the organisers of the protest themselves were covering a story about thousands of people occupying the financial centre of America. Even now events that would be trumpeted by the US media if they were occurring in North Africa or the Middle East are given very little news space.

The ostensible organisers of the 'Occupy Wall Street' movement have mixed profiles, ranging from the whimsical *Ad-Busters* magazine to the hard-core cyber activists Anonymous. The basis for bringing the protesters together is the same use of social media that powered the uprisings in Egypt and Libya. Those who are enduring pepper sprays and beatings from the New York Police Department call themselves the 'Ninety Nine Per Cent' – the vast majority of the American people suffering from the unbridled greed and arrogance of the one per cent who operate the system.

As our politicians prepare to examine the media in Australia, the news blackout in the USA offers a salutary example of the perils of monolithic culture in the fourth estate. The news media owned by corporate America refused to report on a protest essentially aimed at corporate America: who could have foreseen that?

Now it appears an Australian group plans to occupy City Square in Swanston Street, Melbourne, from October 15, with similar sit-ins proposed for Sydney, Adelaide and Brisbane.

Whatever happens locally, are we seeing the beginning of extensive social unrest in the USA, leading to genuine reform? The banking system that almost failed in 2008 remains in place, owned and administered by the same self-centred parasites. An opportunity was missed then; there are signs that the next crash is imminent, when drastic reform or total collapse will be the only options.

Tweed Shire Echo

Publisher **David Lovejoy**

Editor **Luis Felio**

Advertising Manager **Angela Cornell**

Accounts Manager **Simon Haslam**

Production Manager **Ziggi Browning**

'The job of a newspaper is to comfort the afflicted and afflict the comfortable.' – Finley Peter Dunne 1867–1936

© 2011 Echo Publications Pty Ltd

Phone 02 6672 2280

email news/letters: editor@tweedecho.com.au

email advertising: adcopy@tweedecho.com.au

Printer: Horton Media Australia Ltd

Chillingham Village Markets

9th October, 2011 8am till 2pm

Rain, hail or shine

Live music by

Hi Everyone,
I'll be appearing at the Chillingham Markets. I'll be playing a bit of country and a bit of rock and roll as well as some songs for the kids. There are prizes for the kids too. All money raised goes to the Make-A-Wish Foundation. See you there.



- Jams & Sauces • Food
- Gourmet Coffee
- Crepes • Massage
- Fashion • Arts & Crafts
- Bric-a-Brac
- Fresh Local Produce
- Local Honey
- Handmade Soap
- Plants • Woodwork
- Handcrafted Jewellery
- Preloved Clothing and more

Chillingham Village Markets are proud to be a part of Tweed Shire Council's plastic bag free villages, so please remember to bring your re-usable shopping bags.

For any information or interested stall holders please contact Market Coordinator – Nerina phone 0437 041 023

Email: markets@chillingham.com.au, www.chillingham.com.au
Chillingham Community Centre, 1469 Numinbah Rd, Chillingham

How did Gillard fall from grace?

I spent last week camping out of range of newspapers, radio and television, and took the opportunity to ponder the state of the Gillard government free from the usual distractions.

The question, of course, was: can it survive? But to provide even the semblance of an answer it was necessary to go back a bit: how did Gillard, a couple of years ago the brightest star in the ALP's sky, fall from grace so swiftly and apparently irredeemably?

Gillard was not just the hope of the left, and of the feminist movement: she seemed to presage something new and exciting in federal politics. She was smart, savvy and well-credentialed, and generally acknowledged to be Labor's most devastating parliamentary performer. For a time in opposition she shadowed the then health minister, Tony Abbott; their encounters became an essential part of the political theatre and Gillard won more than she lost.

When she joined Kevin Rudd as his deputy, she brought more caucus votes to the alliance than he did and was responsible for running the campaign against WorkChoices and developing and selling the alternative, Fair Work Australia; her negotiating skills won the admiration and acceptance of both employers and unions. In government she had to battle with the hostile education unions but made significant changes, including the basis of a national curriculum and the NAPLAN testing for the My School information site. She was a vigorous defender of the Building the Education Revolution stimulus plan against virulent and largely unfair criticism from the Murdoch press and the shock jocks.

And through it all she kept her poise; she was always relevant and could, when the occasion called for it, be witty and sexy as well. At one stage even Alan Jones, no lover of either Labor or women, confessed that he was smitten. It was universally accepted that she would, one day, succeed Rudd as prime minister. So what went wrong?

Well, first there was the coup

paid off and she was able to form a government but it was one without any clear purpose.

And then suddenly she had one very big policy: the carbon tax. It was always going to be hard but she might have got away with it if she had claimed it as her own. Instead, she explained that it had been forced on her and that she would have preferred a straight trading scheme – but that was the very

The old persuasiveness, the communication skills, have been replaced by what is desperately praised as 'toughness'.

by Mungo MacCallum



itself, and in a sense everything else stemmed from that. Killing the king is a serious business; we no longer consider our leaders to be divinely anointed, but there are still serious rituals to be undertaken. Challengers must be frank and open about their intentions; we do not approve of the midnight door-knock and the stab in the back. When Paul Keating knocked off Bob Hawke, it was the result of a long and very public campaign. Even Hawke himself failed at his first attempt against Bill Hayden.

Gillard's announcement of a fait accompli was unacceptable, and much more so because it was seen to be engineered by the faceless factional warlords loathed and distrusted by the public. She was rushed into the job with no platform or program; all she could say was that she wanted to fix three of Rudd's problems in climate change, the mining tax and the asylum seekers. From the start she appeared directionless, and it got worse after the election. Again her negotiating skills

policy she had helped persuade Rudd to shelve. She was offering a second-best alternative to something she had already rejected because she had been coerced into it. Hardly an enticing prospect.

There was no sense of control, and it got worse as the independents started flexing their muscles: Andrew Wilkie's poker machine reform may be a good idea, but the last thing Gillard needed was to pick yet another fight with yet another powerful interest group. Now it appears she is at war on a number of fronts, none of which is her chosen field. And it all comes back to having had greatness thrust upon her before she, her party, or the public were prepared for it.

And it shows in her whole approach: staying focused has become her answer to everything. In private she can still turn on the charm, and a flash of the old Julia emerged when she advised the journalists at a National Press Club lunch just not to write crap – how hard could it be? But almost invari-

ably these days, as soon as she mounts a platform or faces a microphone or is confronted with a camera, Gillard morphs into a robot, reciting the same lines with a remorseless tenacity but an increasing lack of conviction.

The old persuasiveness, the communication skills, have been replaced by what is desperately praised as 'toughness'. Well, toughness is certainly a useful quality, but it's not enough. If toughness was sufficient, we'd send for Mike Tyson. In a prime minister we expect quite a lot more and there is no doubt that Gillard has it – or at least had it. The question is whether she can get it back, and with it the policy direction that will put her in control of the government and give her the chance to recon-nect with the voters.

On the evidence to date, you'd have to bet against it. Her meteoric fall seems to have burned her too badly; the public no longer relates to her and worse, does not want to relate to her. She no longer commands even token respect; interviewers call her Julia, or even Juliar, and even the ABC commissioned a soap opera. Received wisdom among the voters, the commentariat and even a large number on her own party is that the Gillard experiment has failed; it is time to move on, if not with a change of leadership, then with a change of government.

This may seem a premature verdict after just over a year in government; in theory she still has almost two thirds of her term left to serve, and in politics that can seem like an eternity. But then, on a bad day, it can seem as if she has been prime minister for an eternity. Perhaps the dreaded It's Time factor is already in play.

Authentic Cuban Salsa Dance Classes



Mondays & Wednesdays – Byron Bay

Tuesdays – Tweed

Gold Coast classes also available

NEW BEGINNERS STARTING NOW!

Call Chantal 0424 323 415 or buenavista.turro@y7mail.com

TWEED COAST TAXIS



02 6672 6666

LOCAL SERVICE & AIRPORT TRANSFERS

Universal Law
Cameron Bell & Associates
Solicitors • Advocates • Notary

Criminal Law, Traffic Law & Court Work
Family Law, Property, Conveyancing, Wills and Probate

Mullumbimby Office
p 02 6684 6111
f 02 6684 6122
Suite 6, 97 Stuart St,
Mullumbimby NSW 2482

Tweed Office
p 07 5536 6111
f 07 5536 6112
10/69 Wharf St,
Tweed Heads NSW 2485

Cameron Bell, Principal
Kate Brady LLB (Hons)

With Integrity & Light

YOUR SUSTAINABLE COMMUNITY
read the eMagazine online now

www.yoursustainablecommunity.net

Letters to the Editor

Email: editor@tweedecho.com.au
Deadline: Noon, Tuesday
Letters longer than 200 words may be cut and pseudonyms are not acceptable.
Please include your full name, address and phone number.

News Australia

I heartily agree with your correspondent Bruce Keppie (September 29) regarding the motive of Rupert Murdoch renaming his organisation in this country News Australia instead of News Ltd.

Under any name, it is still the 'Murdoch Evil Empire' and if newspaper readers wish to show their disgust they should refrain from buying the Murdoch rubbish which comes under names like *The Australian*, the *Daily Telegraph*, the *Courier Mail*, etc, etc.

The list goes on for almost ever so maybe it is best to stick with the *Tweed Echo*!

Keep up the good work, Mr Editor and staff, especially columnist Mungo MacCallum. Unbiased news is hard to find in this USA-media-dominated country.

Neil Maxwell
Banora Point

Pump nonsense

I am absolutely amazed that people are being advised a pressure pump is the only alternative to accessing tank water.

Back in the 'good ol' days' most rural properties had large tanks with a small elevated tank (100-150 gallons) to gravity feed the water to the homestead. Water was pumped to this tank when necessary. You can use an electric pump or simply a petrol pump, about once a week, to fill the elevated tank.

Your pressure may not be as high as with an on-demand pump but it is a much cheaper - and more environmentally friendly - way to operate the system. The only extra outlay is for the stand, simply four posts and platform, either timber or steel. The straightforward pump is much cheaper as it does not require the expensive workings to operate the pressure system.

There is also the advantage that during a blackout you will still have water - what is in the tank - and if you have a petrol pump you have access to the full capacity of your largest storage tank.

And hot water systems and dishwashers can be found to operate under low pressure; people in the real outback have been using them for years!

Odille Esmonde-Morgan
Terranora

Electricity myths

I feel sorry for A Barton (Letters, September 27) and everyone now getting an 'electricity bill shock'. They are subsidising my unsustainable 60c per kWh rebate on a 1.5kW solar system installed last year, while my credit grows with every bill.

We also had the means to

Our \$5b a year problem

■ There's been much debate recently about the federal government's reforms to reduce problem gambling on poker machines and it's timely to explain again how these reforms will work. For a start they're not a thought bubble from me. They're lifted straight from the Productivity Commission, an independent and trusted body which has studied the issue for years and recommended this solution.

Under the reforms, mandatory pre-commitment will be fitted to high-intensity poker machines with bets of more than \$1. This simply means people playing these pokies set limits on their losses with a card before they start gambling. The limit is their choice and many are already carrying loyalty cards similar to pre-commitment cards.

But most poker machine players won't notice a difference and won't need a card. Low-intensity poker machines will be rolled out with a \$1 maximum bet. These machines won't be fitted with mandatory pre-commitment. So the 88 per cent of Australians who gam-

ble \$1 or less a spin can play these machines just as they do now, without a card.

The federal parliament will pass the necessary laws by May next year and poker machine venues will have until the end of 2014 to comply. Small venues with 15 machines or less - about 40 per cent of pokies venues - will get until 2018.

It's estimated 95,000 Australians have a problem with pokies and each problem gambler affects between five and 10 people. They lose a staggering \$5b each year on the pokies. They also routinely lose their jobs, family and friends, homes, minds and sometimes even their lives.

Most of us know somebody who has been touched by the terrible human misery the pokies can cause and I think virtually all Australians agree that something has to be done. It's time we did something. Like seatbelts reduced the road toll, mandatory pre-commitment will save lives.

Andrew Wilkie
Member for Denison

■ I continue to be most con-

cerned about Andrew Wilkie MP and his insistence on reform, especially pre-commitment systems *without trial*, even though the senate reports and enquiries showed failings, and Norway had to withdraw their law.

I, like most, would hope that existing services for problem gamblers are improved, but noted in these reports that four out of six problem gamblers were cured by their own actions. (Where would they continue to get money?)

But governments are responsible for the setting of rules and regulations - not clubs, regardless of the clubs' campaign to protect their members, employees and the local community interests (*not* just cheap beer!).

Let's hope that any reform does not create more trouble with little or no benefit to the problem gamblers (ever met one?).

Isn't it surprising that support groups find that their surveys show support for their 'cause'?

Jake Barnard
Banora Point

Adam Heggie
Pumpenbil

most importantly start cutting those vines, kill what's up in the canopy and stop those flowers becoming another billion seeds; you can always come back later and kill the base. If the infestation is large do what you can, concentrate on the vines growing up native trees. Every bit counts.

■ Edited for length

Marriage on the rocks?
Want to save it?

RESCUE YOUR
RELATIONSHIP
.com.au

Call now to schedule a free 30 min
consultation - don't wait till it's too late!

Contact Estelle at Esprit Coaching on 0414 272 096
for confidential information on this unique
program. info@rescueyourrelationship
www.rescueyourrelationship.com.au

Best business practice
CPA Accountants | Tax Agents | Financial Planners
TAX RETURNS

WE TICK ALL THE BOXES

- ✓ Maximum refunds guaranteed
- ✓ CPA qualified - all deductions found
- ✓ Fee from refund available
- ✓ \$20 discount*
- ✓ Fast service

**MAXIMUM REFUND
MINIMUM FEE**

*CONDITIONS APPLY

MURWILLUMBAH | KINGSCLIFF
02 6672 6700



It's all about discovering a hinterland haven

OCTOBER MID-WEEK ESCAPE
Stay in a Rainforest Suite with breakfast included from \$169* per night

This peaceful hinterland haven allows you to escape the trappings of modern life and indulge in a short escape. Private suites allow guests to relax and take in the beauty of the surroundings. In this intimate environment, guests can indulge in a massage, relax by the pool or stroll through the surrounding rainforest.

If you have a taste for the finer things in life, enjoy superb food and wine at the onsite restaurant, Wilson's by the Creek open to the public Friday, Saturday and Sunday lunch 11-3pm and dinner 5-10pm.

To book, call (02) 6684 7348 or
visit peppers.com.au/Coorabell

*Conditions may apply. Subject to availability.

We're all
about
you





Research shows that meditation is effective in decreasing stress and anxiety levels, lowering blood pressure, increasing productivity and improving the ability to focus. And if that's not enough to spark interest... 100 per cent of insomnia patients reported improved sleep and 91 per cent either eliminated or reduced their sleeping medication use, as published in *The American Journal of Medicine*. There are many different techniques of meditating to suit different personality types. Generally speaking, some techniques involve focusing on a particular object that's outside of yourself, (ie a mantra, the sound of an instrument or a candle's flame), whereas other techniques involve a broader focus, (ie the breath and internal body states). It's really up to you to work out which technique suits you best. **Information sourced from <http://benaturallyyou.com>.**

- COTTON MOZZIE NETS
- BEESWAX CANDLES
- POTTERY WATER FILTERS
- ELECTRIC OIL BURNERS
- GARDEN FLAGS
- PALM PLATES, BIO CUPS, CORN STARCH CUTLERY

6672 7070
Main Street of Murwillumbah

RESULT FITNESS

FITNESS STUDIO POTTSVILLE BEACH

- ONE ON ONE PERSONAL TRAINING
- SMALL PERSONALISED GROUPS
- BOXING FITNESS
- FULLY EQUIPPED TRAINING STUDIO
- QUALIFIED & REGISTERED TRAINERS

GET YOUR BEACH BODY READY NOW!

0415 200 558 / 02 66 744 968
Shop 2/16 Philip St Pottsville (opp. the markets)
www.resultfitness.com.au

CRYSTAL LIGHT BED
from BRAZIL

RELAX, ENERGISE & REVITALISE
For Appointments Phone Libby on 0438 145 972

New Location >>>

'JOHN OF GOD' CRYSTAL LIGHT BED FROM BRAZIL. We are pleased to announce the opening of Empowerment Crystal Healing's new home in Murwillumbah.

Come and enjoy the relaxing, healing, pure energy of a combination of crystals, lights, colour therapy, and a direct link to the healing energy of the 'Casa De Dom Inacio' in the hills of Brazil.

Re-balance your chakras and feel the very essence of pure love emanating from the crystals, and penetrating deep into your conscious and unconscious being.

All you do is lay on a bed in light-coloured clothes, listen to beautiful calming music and melt into a deep relaxation, emerging calm and centred. After your healing, you will be offered a cup of tea and a delicious homemade biscuit to ground you before driving.

Call Libby on 0438 145 972 or libmac65@yahoo.com.au to book an appointment.



Get a fabulous new look with Hair at Salt >>>

Hair at Salt provides not just a new look for your hair but a great new feel, using fine organic or lightly moisturising products that will leave your hair feeling refreshed and vitalised long after you leave the salon.

Hairstylist Haylee Swindells has extensive experience in the hair industry and she believes 'great hair starts with great communication'. She follows this through with personalising your appointment with a detailed discussion.

Come and check out the amazing range Hair at Salt offers, from hair and make-up for special occasions to a fabulous NEW look.

Located at Bells Boulevard, Salt Village, in the 5-star Golden Door Spa. Phone 02 6674 5120.

Result Fitness Studio >>>

Summer is just around the corner so there's no better time to start getting beach ready than now!

With flexible training options for beginners to advanced, Result Fitness Studio is the perfect place to start.

Our private studio is located in the heart of Pottsville so it's an easy and accessible place to train. With individually tailored programs and the option of splitting personal training sessions with a friend or training in small indoor groups, every budget can afford the benefits of having a support system in the journey to their health and fitness goals.

Shop 2/16 Philip St, Pottsville. Phone 415 200 558 or 02 6674 4968, visit www.resultfitness.com.au.

Pureinfinity >>>

Are you concerned the wrinkles and lines on your face are making you look older than you feel? These days people stay younger for longer, and want to look younger for longer too. Wouldn't it be great if you could stop the clock?

Well now you can – without worrying about the 'frozen' look or the need to undergo surgery. The modern solution to treating wrinkles and fine lines is now available at Pureinfinity Tweed City and can be delivered in a clinic setting during a lunch hour. The results are so natural looking that even those closest to you won't be able to pinpoint why you look younger and more refreshed. Our experienced female doctor, who understands your concerns, administers all injectables.

Pureinfinity are also proud to announce Beaute Pacifique, Denmark's leading cosmeceutical brand, is now available exclusively in store. Beaute Pacifique uses a unique, patented nanotechnology system to deliver vitamins and active ingredients to the deeper layers of the skin, to create real results – rebirth the skin in five days.

Shop 128A Tweed City Shopping Centre, 54 Minjungbal Drive, Tweed Heads South.

Phone 07 5523 3344.

Organic Revolution >>>

Summer approaches – come on into Organic Revolution and check out all the great chemical-free and organic options to make your summer a cruisy kickback time!

No need for the bugs to bug you (or eat your clothes); we have natural moth, ant, cockroach and silverfish repellent

Look Younger! Refresh & Rejuvenate your skin... Only \$149

Includes:

- Yag laser / IPL Photo Rejuvenation
- Oxygen facial
- Micro dermabrasion (natural crystals)
- Marine collagen mask

– VALUED AT OVER \$400 –

Anti Wrinkle injections and cosmetic fillers:

- administered by experienced doctor
- licensed professional staff
- registered Nurse on staff for consultations
- full range of Skintistue medical grade skincare available
- laser capillary treatments available from \$150.00

Medical Grade Hair Removal From \$95.00

P 07 5523 3344 www.pureinfinity.com.au

Shop 128A Tweed City Shopping Centre, 54 Minjungbal Drive, Tweed Heads South NSW 2486



Want silkier, lighter hair for up to 5 weeks?

N•GRAVITY+ is a breakthrough treatment in professional haircare, using natural keratin to heal, repair, strengthen & protect. A special ceramic brush locks the treatment into your hair, giving long lasting shine and movement that you'll notice in only one hour.

Our special \$99 package includes N•GRAVITY+ treatment plus 250ml shampoo and conditioner to take away with you.

Contact Hair at Salt today and join the revolution

P 02 6674 5120

Located at Bells Boulevard, Salt Village in the 5 Star Golden Door Spa.



GOLDEN DOOR
Pottsville
Salt Village





options for your cupboard, body and home. Colourful flags to flutter in the trees or on the veranda to catch the breeze, while you kickback under your pure cotton mozzie net, sipping your filtered water and enjoying an aroma-oil experience with your new electric burner.

At night, light your beeswax candle and enjoy your function (no washing up this time) using palm plates, cornstarch cutlery and bio cups!

Happy summer to all!

Shop 1/47 Murwillumbah
St, Murwillumbah 2484.
Ph: 02 6672 7070.



Spiral Foods >>>

Spiral Foods is Australia's leading supplier of quality traditional foods with an emphasis on organics. Our products are made by people with a passion for wholesome traditional foods of the highest standards and quality. Our products continue to provide nourishment and wellbeing across the generations of people who care about the food they eat and our Earth.

Spiral's Agave Nectar is a natural sweetener with a low glycemic index, obtained from the agave plant, a large, spikey plant that resembles a cactus or a yucca found

in the volcanic soils of southern Mexico. This delicious golden-coloured syrup is composed of 90 per cent fructose sugars and 10 per cent glucose sugars. While agave is best recognised as the plant from which tequila is made, it has also been used for thousands of years as an ingredient in food and is fast becoming the preferred sweetener of health-conscious consumers and natural food cooks alike.

We believe good safe wholesome food is a basic human right. this earth, this food.

www.spiralfoods.com.au

Azura Beauty & Massage

Azura Beauty and Massage salon owner Zena and her great staff wish to thank our existing clients and to warmly welcome new clients to our beautiful salon in the Azura Arcade.

Proudly offering more than basic salon services with skin needling, green peels, tooth whitening, Ayurvedic massage, anti-ageing electroporation, ion detox foot spa's, make up, body piercing, lash grafting, shellac nails and more. Zena is well know for 'the best spray tans' in town...and at only \$25! We guarantee great service, big smiles, great prices, in a clean professional salon. See you soon!

Marine Parade, Kingscliff. Phone 02 6674 5969 or email azurabeauty@comcen.com.au.



SUPER SPRING SPECIAL – \$69

- Pelactiv Rejuvenation facial
- Lash tint
- Eyebrow wax
- Eyebrow tint
- Skin 02 mineral make-up color match up and application

PLUS A PELACTIV SAMPLE PACK

OPEN MON – SAT 9AM – 5PM
Thurs till late by appointment.

Marine Parade, Kingscliff • 02 6674 5969
azurabeauty@comcen.com.au



EDEN Organic Whole Grains



Available at leading whole food stores. this earth, this food... www.spiralfoods.com.au

BALLINA TENPIN BOWL
BIRTHDAY PARTIES
 CHOOSE FROM 4 PARTY PACKS
16 CLARK ST, INDUSTRIAL ESTATE BALLINA
Across the road from Ballina Central
Tel 6686 5342
 Visit our website www.ballinatentpinbowl.com.au

OPEN TILL LATE 7 DAYS A WEEK

Brunswick River Kayaks and SUPS

\$5 OFF ANY HIRE DEAL
 IF YOU PRESENT THIS AD

- River Kayak Tours
- Stand Up Paddle Tours and Hire
- Bike and Board Hire

0416 222 344 SHOP 1, 2 THE TERRACE BRUNSWICK HEADS

Into the Woods
 Newly opened craft studio

HOLIDAY WORKSHOPS
 Workshops for everyone
 Childrens craft (after school Tues & Thur)
 Home school craft classes
 Basic hand sewing classes

- Fun with felt
- Birthday parties
- Kits to sew
- Christmas craft workshops

5-18 Centennial Circuit, Byron Art & Industrial Estate (opposite circus school) **ph 0417 041 897**

Quality, Affordable & Non-Toxic
BIBBAT & BABBAT
WOODEN TOYS
 buy on line - www.bandbtoys.com.au

There's lots to choose from so come visit us
12 Bayshore Drive, Byron Arts & Industry Estate
 (next to IGA shopping plaza)
0407 693 500

nature's child™ Organic Baby Store

NATIONAL ORGANIC WEEK
BABY EXPO

One Day Only SATURDAY 8TH OCTOBER **10% OFF STOREWIDE**

1A Banksia Drive, A&I Park, Byron Bay
 Phone: 1300 555 632

Shop on-line www.natureschild.com.au

FREE \$50 showbag
 for first 10 shoppers spending over \$50

BIBBAT & BABBAT WOODEN TOYS

Fairy or Pirate Babushka Dolls, \$15 a set. Traditional nesting dolls with a modern twist.
 You'll find these among a large and delightful selection of wooden toys at Bibbat & Babbat.
 2/12 Bayshore Drive, Byron Arts & Industry Estate
www.bandbtoys.com.au 0407 693 500



A CHANCE TO WIN AN APPLE IPAD 2 THESE SCHOOL HOLIDAYS

Ballina Ten Pen Bowling has a great School Holiday Special. Play two games for \$14 includes shoe hire. A chance to win an Apple iPad2. Funky glow in the dark bowling every day of the holidays until 12noon. Mon-Thur: 9am till late Fri: 9am till 11pm Sat 10am till 11pm Sun: 10am till 6pm.

16 Clark St, Industrial Estate Ballina 6686 5342

WELCOME TO BRUNSWICK RIVER KAYAKS AND SUPS

Explore one of the most beautiful river systems on the east coast by kayak. Brunswick River Kayaks and SUPs have everything you need to enjoy your eco-adventure.

You will be amazed by the range of wildlife, birds, turtles and fish spotted as you leisurely paddle along the beautiful Brunswick River.

From guided river kayak tours to stand up paddle

(SUP) lessons and tours, fitness sessions and ultimate eco-adventures we will ensure you can get the paddle in the water.

Looking for a leisurely morning or afternoon exploring the beautiful Brunswick River? Well we can help you there.

In addition to our kayak and SUP tours we also have a selection of stand up paddles (SUPs), bikes, surfboards and bodyboards for hire.

Shop 1, 2 The Terrace Brunswick Heads 0416 222 344

HAVE FUN AT CHILD'S PLAY KIDS' EXPO!

Explore the great ways to give your kids the best start in life, on Sun 16 Oct at Ballina RSL. Entry includes tons of fun, great prizes to win, lots of entertainment and great information about keeping your kids happy and healthy.

Kids 0 → 12 Be there or be square!
www.childsplayexpo.com

HERE IS A METHOD THAT IS HELPING CHILDREN LEARN HOW TO BE CRAFTY

Newly opened craft studio 'into the woods' offers children's workshops throughout the school holidays as well as mid-term after-school workshops for ages 6-12 years. Prices from \$15.00 per class. Children can learn how to knit, sew, crochet, and felt making fun things like heat sacks, rainbow gnomes, owl pillows, wish doves, magical fairies.

The workshop/studio can also cater for home school craft groups.

Contact Sandi Valerio Shop 5 / 18 Centennial Circuit, Byron Bay 0417 041 897.

NATURE'S CHILD

10% OFF STOREWIDE at the Baby Expo at Nature's Child. Saturday 8 October. ONE DAY ONLY. First 10 customers spending \$50 or more will get a FREE \$50 value showbag so come early! We are celebrating our beautiful baby store as part of National Organic Week, 1-9 October. If you are planning a baby shower or just need to stock up for your own baby, this will be the day to shop. Parents with older children may want to browse our new wooden toys in stock for an early Christmas bargain too. We cater for adults as well as babies with seriously cool water bottles in BPA-free plastic and stainless steel.

Browse on line at www.natureschild.com.au before you come, or shop on line and choose pickup instore option at the checkout.

1A Banksia Drive, A&I Park, Byron Bay
Phone: 1300 555 632

It's time for FUN with the KIDS!

- Lots of entertainment
- Prizes to win - Great information

Sunday 16th Oct, 10am till 5pm

Ballina RSL Club



Adults \$5
kids Free

So... Be there or be square!

www.childsplayexpo.com



BYRON BABY SHOP

ECO-FRIENDLY non-toxic teether rattles mum and bub will love.

Available at The Baby Shop Shop 2/Lot 10 Centennial Ct, Byron Bay 6685 5865



HOW TO KEEP YOUR KIDS SAFE AT THE BEACH

Designed on the Gold Coast the Beach Buddy is aimed at families that love the beach lifestyle. It gives children confidence and parents peace of mind that their kids are safe with this great stuff. The Beach Buddy is specifically designed for the beach, made from surf industry A-grade urethane, webbing and Velcro. The BEACH BUDDY, along with sunscreen, should be a permanent part of a family's beach bag.

Refer to advert for retail outlets or visit www.beach-buddy.com.au.

FIRST SUN YOGA

The pre- and post-natal yoga and sharing circle empowers, educates and supports women through the wonderful journey of pregnancy and motherhood. Providing women with a safe, restorative and joyous space to focus on their pregnancy, connect with their baby and other women.

Also general, old & gold 50+ and kids' and carers' hatha yoga classes.

For further information please call Jodi on 6680 2628 / 0411 544 334.

LEARN HOW TO SWIM

with the Mega Swim school in heated saltwater pool. The Mega Swim motto is 'first impressions last forever'.

Often the infants aquatics teacher is the first the baby or the parent/carer experiences.

The importance of this ongoing bond for all is



ALL KIDS' MEALS JUST \$5

Conditions
One kid's meal per main meal purchase over \$15
Available to all kids under 13 years
Offer is available after 5pm 7 days a week.
Mention the Byron Echo to redeem offer

Byron Fresh Cafe
7 Jonson St (beach end) Byron Bay 6685 7810
Open Breakfast, Lunch & Dinner 7 days from 7.30am

paramount. Swimming lessons need to be positive, nurturing and consistent.

From baby to toddler and beyond, ensure your experience in the water leaves a lifelong impression and all done in a cosy indoor heated saltwater pool.

Mobile: 0410 501 230

HERE'S A WAY KIDS CAN HAVE FUN & GAIN SKILLS

Threeworlds Byron Bay is set to provide a play space and outlet for all things fun in Byron Bay. It has a huge backyard with room to groove.

The old house setting suits the earthy instruments on display and the high roofs give room for people to juggle and twirl inside the store. Representing all things good associated with Byron Bay, we hope this store gives the community and those visiting a great place to play.

Threeworlds, 7 Marvell St, Byron Bay, 02 6680 8317

FREE KIDS' MEALS ON SUNDAYS AT O-PES RESTAURANT IN LENNOX HEAD

O-pes restaurant is an oceanfront casual à-la-carte dining experience, with something for the whole family. We specialise in local fresh fish, seasonal produce and our ever-popular sharing food or tapas. We have a set menu with healthy and tasty choices for your children. A great place to celebrate for the young and old alike, and dine with us on a Sunday and the kids will eat free of charge. *Up to 10 years.

Open 7 days from 8.30am till late shop 7-8, 90-92 Ballina St Lennox Head, 02 6687 7388.

BYRON FRESH CAFE

These school holidays Byron Fresh is offering \$5 kids' meals with every main meal purchase over \$15 after 5pm. Byron Fresh Cafe is conveniently located at the beach end of Jonson St and offers a fantastic range of meals using many locally sourced ingredients. Come in and watch the world go by as you enjoy our fine food and our superb Campos coffee.

7 Jonson St (beach end), Byron Bay, 6685 7810
Open breakfast, lunch & dinner 7 days from 7.30am

Byron Baby Shop

NEW STOCK IN!

- Mountain Buggy Swift
- Phil & Ted's Explorer
- Ergo & Slingalong
- Wooden Toys
- Car Seats & Much More!

ALSO OFFERING PRE-LOVED & HOLIDAY HIRE

Ph: 6685 5865
Cnr Bayshore Drive & Centennial Circuit
Byron Arts & Industry Estate

UNDERTOW FLASH RIPS

Keep your kids SAFE

AS SEEN ON TV

Beach BUDDY beach-buddy.com.au

ONLY \$39.99

Also available from

- Brunswick Surf Shop Brunswick
- Fresh Convenience Store Turtle Beach Resort Mermaid Beach
- Village Store Currumbin
- Currumbin Beach News Currumbin

FIRST SUN YOGA



Specialising in

- Pre and Post Natal Yoga and Sharing Circle
- Old and Gold Yoga for 50+
- Kids and Carers Yoga
- General Hatha Yoga

FIRST CLASS FREE

Call Jodi on **6680 2628 / 0411 544 334**
B.A (Psych), Certified Yoga Instructor: Yoga Australia.
www.facebook.com/FirstSunYoga





Learn to Swim for Infants & Toddlers
with Cozy indoor heated salt water pool.



www.megaswim.com.au mobile: 0410 501 230



FUN FOR KIDS DRUM & JUGGLE WORKSHOPS

Workshop includes African Drumming, Juggling, Firetwirling, Hula Hooping and Styke Ball. Amazing fun and fantastic tricks to be learnt that help in developing concentration and balance.

Ages 4-12
\$15 Bookings Essential
For bookings call us on 02 66808317

THREEWORLDS FUN FOR LIFE
7 Marvell Street Byron Bay

KIDS EAT FREE*

*up to 10 years with an adult dining must mention this ad
*conditions apply

SET KIDS' MENU

Main, Soft Drink & Dessert

* special kids' colouring competition.
Chance to WIN a FREE voucher to spend in O-pes.



BREAKFAST, LUNCH, DINNER
Open 7 days from 8.30am till late
shop 7-8, 90-92 Ballina St Lennox Head
02 6687 7388

ALL ABOUT KIDS



Little Kickers

The world's most loved FUN soccer program for BOYS and GIRLS aged 18 months – 5th birthday

www.littlekickers.com.au Phone 6684 0235



INSIDE OUT Parent Counselling
Nurture Yourself, Nurture Your Child

- ♥ Unlock your natural parenting wisdom
- ♥ Enrich your parent/child relationship
- ♥ Make sense of your own life stories
- ♥ Heal past hurts, recognise patterns
- ♥ Parent wholeheartedly
- ♥ Feel self-compassion
- ♥ Cultivate emotional well-being in yourself and your child

Monique Rutherford - Psychotherapist
www.insideout-counselling.com.au **0439 456 335**



hug.a.bub®
ancient wisdom | contemporary choices

Safe and comfortable: the best baby carrier for newborns.

see editorial for promotion

4/12 Bayshore Drive opp. Gourmet Pies
02 6685 5589 www.hugabub.com



Circus Arts
FULLY INDOORS
OPEN RAIN OR SHINE!

SCHOOL HOLIDAY CIRCUS WORKSHOPS
Mon 3rd Oct – Sat 8 Oct, Ages 5–15 years
Mon, Wed, Thurs, Fri & Sat 9.30am–4.30pm
Full day \$70, Half day \$40 *weekly specials available*

FLYING TRAPEZE
Mon, Wed, Thurs, Fri & Sat 12:30pm & 5pm
\$55 for 1.5 hour session, \$150 for 5 classes in a week!

NEW TERM BEGINNING 10 OCTOBER 2011
CIRCUS SKILLS & FLYING TRAPEZE
• Children AND Adult classes • All abilities and any fitness level • Fun, Fitness and Friendship *term specials available*

For more info: www.circusarts.com.au
or call **6685 6566** *Class Bookings Advised*

CIRCUS ARTS
Byron Entertainment Centre
17 Centennial Cct, Byron Bay Arts & Industry Estate

CIRCUS ARTS

Circus Arts, the indoor circus centre in the Byron Arts and Industry Park, has an exciting program of after-school and weekend classes during the school term – a great combination of fitness and fun for children of all ages.

Come and join in an under- or over-10s circus skills class and learn skills on the trampoline, low trapeze, silks, acrobatics, juggling, hula hoop and more. We also offer classes in gym mix, kinder circus for ages 1–5, tumbling, flying trapeze, and private sessions are available in a wide variety of circus disciplines.



Our popular school holiday programs which offer half- and full-day fun in all things circus continue until Saturday 8 October with daily circus and flying trapeze sessions available. Come join the circus today!

See www.circusarts.com.au for current timetable and information or call 6685 6566. Term discounts and family specials available.

INTRODUCING AWARD-WINNING SAFE, SECURE & SUPPORTIVE NEWBORN BABY

Hugabub wrap carrier

Very few baby carriers are considered as safe, secure and supportive for newborn babies as the award-winning Hugabub wrap carrier.

Unlike other 'infant transportation devices', Hug-a-Bub 'babywearing' designs hold baby in a comforting 'womb-like' embrace, which provides both ultimate security and professionally acclaimed ergonomic support and comfort for child and parent.

The latest infant research shows that carrying babies provides them with the optimal environment for healthy physical, psychological and intellectual development.

Hugabub has become a worldwide leader in flexible, soft baby carriers and a brand name synonymous with newborn baby nurturing. Founder and director Suzanne Shahr still pinches herself at the progress. 'It's been a long way from the Byron markets in 98, to where we are today, that's for sure. But we've never forgotten our origins!'

'We'd like to say a big thank you to the local community for all of the love and support by offering a 30% discount of the RRP.'

Pop in to their factory outlet, located just before IGA, for a free demonstration or trial and see for yourself just how super comfortable and simple to use these carriers are.

4/12 Bayshore Drive opp. Gourmet Pies, Byron Bay
02 6685 5589 www.hugabub.com

Kid'netic Energy

Child, Adolescent & Family Counselling



REGISTERED PSYCHOLOGIST • MEDICARE REBATES AVAILABLE

P: 07 5523 1414 • M: 0447 314 206
7/25 Industry Drive Tweed Heads South
www.kidneticenergy.com

YOGA FOR KIDZ BY KIDZ

Yoga for children plants seeds of positivity that will sprout in future generations

Sunnie, aged 14, includes poses, breathing, relaxation, games, songs and lots of fun in her yoga classes! Yoga builds confidence and focus, encourages learning and increases flexibility, coordination and strength. It channels emotions and has proven therapeutic benefits at physical and mental levels including ADHD.

Info/Bookings: Shorty 0438 973 689 & Sunnie 6685 3558 www.yogainbyron.com

BOOST YOUR AWARENESS WITH MINDFUL PARENTING!

Through a blend of cutting-edge neuroscience information about secure attachment, trauma and mindful parenting along with experiential healing tools such as family constellations, voice differentiation processes, sandplay therapy & mindfulness training, INSIDE OUT Parenting & Counselling offers support, counselling, workshops and retreats for parents who want to parent wholeheartedly, cultivating deeper awareness and making sense of their own stories for deeper joy, empathy and connection with their children, their loved ones and themselves.

Monique Rutherford 0439 456 335

LITTLE KICKERS HAVE A BALL LEARNING NEW SKILLS

Little Kickers is the the world's leading preschool activity. Not only does Little Kickers introduce the skills of soccer while having fun; it allows your child to practise things like balance, co-ordination and turn taking. If you are looking for something to keep your child active while learning and having a ball, come along and have a go. At Little Kickers the coaches have the energy to match the incredible energy of your child!

To join email jcmoores@littlekickers.com.au or phone 6684 0235.

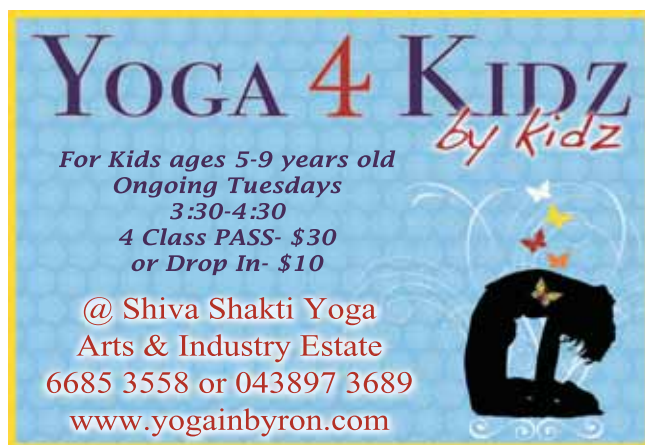
KID'NETIC ENERGY

A unique clinic developed to support healthy minds, with a developmental and educational focus. Being a parent can be a very difficult job. Let me help you!

Using techniques such as CBT, Play Therapy and Solution-Focused Brief Therapy, I will work together with you and your child to attempt to resolve your concerns, be it anxiety, depression, self-esteem development, grief and loss, behaviour management, divorce and/or general parenting strategies.

I am a fully registered allied health psychologist and member of AHPRA and APS, who provides Medicare-rebated services with a 'better health' referral from your GP.

For an appointment or more information about our services please contact us on 07 5523 1414.

YOGA 4 KIDZ
by kidz

For Kids ages 5-9 years old
Ongoing Tuesdays
3:30-4:30
4 Class PASS- \$30
or Drop In- \$10

@ Shiva Shakti Yoga
Arts & Industry Estate
6685 3558 or 043897 3689
www.yogainbyron.com

what i would do if i were you

Comedian Mandy Nolan has written her first book and to celebrate she's touring the country performing her hour-long one-woman show *What I Would Do If I Were You*. This is also her book title released through Finch Publishing this October. Her one-woman show invites you to share the slightly wacky world of this standup comedian, self-confessed provocateur, artist and mother of five children ranging from toddler to teenager. *The Echo* caught up with Mandy and her dog Elvis just before they left for the tour.

Tell me a little about your book?

What I Would Do If I Were You is published through Finch Publishing and it's a 22-chapter rollick through my dysfunctional and slightly chaotic family life. The book navigates that area that exists between the fantasy of how we thought things were going to be and how they actually are. I tell the truth in my stories, and the truth doesn't always flatter me! I really believe that we need to be more honest about our experiences, our struggles to get the kids to school, to do their homework and for parents with teenagers, to keep them out of parks skulking goonsacks!

What are the biggest challenges for you as a parent?

Staying awake. Really. And making sure I allocate time for simple tasks like washing my hair and shaving my legs. There's only so long you can wear long pants and a beanie before people start to notice. Especially when it's the middle of summer.

It's a book about kids and family, do you think other people without kids and family would enjoy it?

I hope so. I have had a few childless people read it already and they found it very funny. I think it reminded them that they had made the right choice!

You tell a lot about yourself? Why?

It's all I have. I like to think I disclose enough for people to connect with my experience as a shared experience, rather than enter in that really uncomfortable zone of what I like to call the Overshare! I really do believe that people, particularly women, are honest enough about their feelings of incompetence when it comes to parenting. We compete with our kids, and we experience a profound sense of failure when our kids fail to thrive. We need to stop boasting about our winnings and start becoming more competitive with our failures. It's much more fun.

What's your opinion on advice books?

I hate them. This one is satirical. I really don't have any advice, I just share my mistakes. Advice books are written by people who like telling other people what to do. I am oppositional by nature. If you show me a rule, I will set out to break it. It makes me a shitty role model for my kids!

Why do you write about failures rather than triumphs?

Because failures make us human and banging on about all your triumphs just makes you a big-headed wanker. I'm Australian, I don't just believe in cutting down the odd tall poppy, I like to mow them into a nice bouncy lawn!

Do you think we are failing as parents?

Yes and no. I think on the whole everyone gives it their best shot. I think, though, that we are up against a popular culture that is bigger and more powerful than any other generation of parents had to face before and we are clueless about what to do about it. Social media like Facebook is the new predator in the home. Your children have been stolen, even though they appear to still be there. Their hearts, souls and minds are in cyberworld.

How do your kids feel about being the subject of so many of your stories?

They don't really care. They never listen to me. They just think I'm embarrassing so they pay no attention. I don't think they've ever read a single thing I've written. They couldn't be more unsinterested. Later in life, when they look for ammo when they are in counselling trying to find

ways to blame their inadequacies on their mother, I am sure my book will prove a valuable resource for them in locking down real instances of my poor parenting.

How does a woman manage so many ex-husbands?

It's definitely a talent. Compassion, empathy, and you must never dwell in the past. I get on with all my ex-husbands; it's something I chose to do for the sake of the kids because I didn't want them growing up in a war zone. What started out as a challenge (I mean who doesn't want to hate their ex - it's like a sport!) ended up being the best path to choose. I can end a relationship, but still love someone as a person. It's not funny, but it's one less issue for my kids to deal with. I think I provide enough! My husband is amazing. He is very open and accepting of my muddled past. That certainly helps.

What's it like in a big blended family, and why have you written about that?

Because there are so many of us and you never hear our stories. How we manage Christmas with five sets of grandparents all vying for lunch at their house. Or school assignments left 50 kilometres away at another home. All over the country micro-managing parents try their very best to give their kids a sense of family in their allocated percentage of care time. We have five kids, three full time and two half time. We are the Brady Bunch but our exes didn't die, they just moved to Alstonville.

Is the book funny?

Of course. Otherwise I wouldn't have written it!

Mandy launches her book with a full feature comedy set at Currumbin RSL on Thursday October 13 at 7.30pm with Melbourne Comedian Dave O'Neill.

The Echo has a double pass to give away to the launch - simply email: gigs@tweedecho.com.au with the subject header: If I were Mandy Nolan.



coming
SOON

**A FRENCH BUTLER
CALLED SMITH**
SOUNDLOUNGE
OCTOBER 14

THE JEZABELS
COOLANGATTA HOTEL
OCTOBER 15

MIC CONWAY
STOKERS SIDING HALL
OCTOBER 16

AKMAL
CABARITA BEACH
SPORTS CLUB
OCTOBER 22

PETE MURRAY
COOLANGATTA HOTEL
OCTOBER 27

TIJUANA CARTEL
SOUNDLOUNGE
NOVEMBER 11

**THE UKITOPIA
FESTIVAL**
NOVEMBER 18-20

2011 MELBOURNE CUP

all the glamour
of the races
throughout
Twin Towns

entertainment
fashion parade
prizes
sweeps

Wharf St, Tweed Heads
Ph 07 5536 2277
Bookings 1800 014 014
www.twintowns.com.au

Twin Towns
clubs & resorts

O.L.B.

Oz Latin Brothers

LATIN NIGHT this Friday 7th at the Buddha Bar, Byron Bay
 7pm free open salsa lesson
 8pm LIVE band and DJ til close
 \$15 entry. Lucky door prize:
 full pass to Byron Latin Fiesta

Also: Thursday 6th at Titanium Bar, Surfers Paradise
 LIVE band with Australia's top Latin DJ. Bacardi Club Latin is a weekly event Thursdays from 8pm, Titanium Bar



Gig Guide

the tweed echo

THURSDAY 6

- CLUB BANORA 6PM **MARK MCGUIRE**
- CUDGEN LEAGUES 6PM **ALICE ANDERSON**
- KIRRA SPORTS CLUB 8PM **PHIL EIZENBERG'S OPEN MIKE NITE**
- TWEED HEADS BOWLS CLUB 6PM **VEENIE'S - SWIZZLE**
- TWIN TOWNS **FROGS ON TOAST**

FRIDAY 7

- BABALOU FRIDAY 5PM **DJ FLYINGAZ**
- BURLEIGH BEARS LEAGUES CLUB 7.30 **MICHAEL**
- CABARITA BEACH SPORTS CLUB 8PM **SPARKZ**
- CHINDERAH TAVERN ANDY **BOURKE**
- CLUB BANORA 7PM **LEVIS DUO**
- CUDGEN LEAGUES 7PM **ROBERT KEITH**
- CUDGEN SLSC KINGSCLIFF 6PM **JON J BRADLEY**
- CURRUMBIN SOUNDLOUNGE 7.30PM **GRACE BARBÉ + CC THE CAT**
- CURRUMBIN RSL 7PM **FIDDLE ME PLEASE**
- KINGSCLIFF BEACH BOWLS CLUB 7.30PM **SEGUE**
- MARTY'S @ CABA, CABARITA BEACH 7PM **MARK FERRIS**
- MURWILLUMBAH SERVICES CLUB 6.30PM **TREVOR RIX**

- POTTSVILLE BEACH SPORTS CLUB **ROUND MOUNTAIN GIRLS**
- STOKERS SIDING HALL 6.45PM **FIFTEEN MINUTES OF FAME**
- TWEED HEADS BOWLS CLUB NOON **ROBBIE ROSENLUND** 7.30PM **SMOOTH & GROOVE**
- TWIN TOWNS 8.30PM **FROGS ON TOAST**
- UKI HALL 8PM **GLO DANCE WITH DJ PULSE**

SATURDAY 8

- CABARITA BEACH SPORTS CLUB 7.30PM **BJ GANNON**
- CHINDERA TAVERN **TIM STOKES**
- CLUB BANORA 7PM **JUST THE TICKET**
- COOLANGATTA HOTEL 9PM **THE PANICS**
- CURRUMBIN RSL 7PM **TANGERINE JAM**
- IVORY TAVERN TWEED HEADS 8.30PM **THE DIRTY CHANNEL**
- JAKES @KINGSCLIFF 6PM **MR TROY**
- KINGSCLIFF BEACH BOWLS CLUB **KARAOKE**
- MURWILLUMBAH SERVICES CLUB 6.30PM **VANYA**
- SALTBAR, KINGSCLIFF 8.30PM **ARCHIE RYE**
- SEAGULLS LAKEVIEW LOUNGE 8PM **TORI DARKE**
- SOUTH TWEED SPORTS CLUB 7.30PM **CHRIS COOK BAND**

- SHED 5 GOLD COAST NOON **SHED FEST**
- TWEED HEADS BOWLS CLUB 7.30PM **IAN COOPER & THE SMOKIN CRAWDADS**
- TWIN TOWNS **FROGS ON TOAST**
- UKI HOLY TRINITY CHURCH 7.30PM **SONGWRITERS ON THE SONGLINE**

SUNDAY 9

- BABALOU **SOUTH PACIFIC SOUND SYSTEM**
- CLUB BANORA 11.30AM **JANINE CARNELL** 12.30PM **GLENN BRACE**
- CURRUMBIN RSL 7PM **PUNCHLINE + BLUES CORP**
- KIRRA SPORTS CLUB 4PM **HAVE-A-GO-KARAOKE**
- MARTY'S AT CABA, CABARITA BEACH 5PM **MARK FERRIS**
- SHEOAK SHACK 4PM **MAGGIES FARM**
- SPHINX ROCK CAFE MT BURRELL 1PM **ANDREA SOLER**
- RIVERVIEW HOTEL MURWILLUMBAH 2PM **MR TROY**
- SURFERS BEER GARDEN **SUNDAY SESSIONS**
- TWEED HEADS BOWLS CLUB 5PM **CRAIG SHAW**
- TWIN TOWNS **OH WHAT A NIGHT AND FROGS ON TOAST**
- TWIN TOWNS JUNIORS 2.30PM **BILL JACOBI**

MONDAY 10

- KINGSCLIFF BEACH BOWLS CLUB 12 NOON **CRAIG SHAW**
- TWEED HEADS BOWLS CLUB 11AM **MARCO** 6.30PM **PETER JOHNSON**

TUESDAY 11

- CUDGEN LEAGUES CLUB NOON **JAYNE HENRY**
- MARTY'S AT CABA CABARITA BEACH 7PM **JAM NIGHT WITH ANNETTE**
- TWEED HEADS BOWLS CLUB 6.30PM **DAVO**
- TWIN TOWNS SHOWROOM 10.30AM **THE PATSY CLINE SHOW**

WEDNESDAY 12

- CLUB BANORA 6PM **WAYNE JOHNSTON**
- TWEED HEADS BOWLS CLUB NOON **MICHAEL KING** 6.30PM **DAVE CLAYTON**

THURSDAY 13

- CLUB BANORA 6PM **JEFF CAMILLERI**
- CUDGEN LEAGUES 6PM **GEOFF DUTTON**
- KIRRA SPORTS CLUB 8PM **PHIL EIZENBERG'S OPEN MIKE NITE**
- TWEED HEADS BOWLS CLUB 6PM **VEENIE'S - SMOOTH & GROOVE**

The Tweed Echo has the most comprehensive entertainment gig guide in the area. For your free listing, email gigs@tweedecho.com.au or phone us on (02) 6672 2280. Deadline is noon Tuesday prior to Thursday's publication.



SOAP BOX

by Mandy Nolan

A CURE FOR WILD WEATHER

Visit www.echo.net.au for a look at this weeks Soap Box

They'll be coming Round the Mountain

Over the last couple of years **Round Mountain Girls** have been travelling farther and farther afield as the demand for their unique brand of rocking bluegrass mayhem grows. As hometown shows become less frequent they become more special for both the band and their followers. **The Round Mountain Girls** are playing **Pottsville Beach Sports** on Friday.

Here's your 15 Minutes

This month's installment of **15 Minutes of Fame** is upon us with another dose of live and very entertaining local entertainment. The featured act this month is still that mirthful, side-splitting, unique and thought-provoking **Mandikini Dasi The Granny Rapper** and her **Prodigal Son**. The 'Blackboard' acts are: glorious harmonies and foot-tapping songs from the **Voiceweavers Choir**; great gutsy singing style from another young local performing

talent **Claudia Allard**; beautiful spine-tingling tenor singing from **David White** and lovely, light-hearted harmonies from **Rob** and **Kerrie**. At **Stokers Siding Hall** on Friday, **Fifteen Minutes of Fame** is a Stokers Community event with sustaining energy all its own.

Everyone can stop panicking now

Since their last album *Cruel Guards*, **The Panics** played sold-out shows in Australia and the UK, won an ARIA Award, were declared Triple J's album of the year and had the song *Don't Fight It* featured on *Ugly Betty* and *Underbelly*. However, they were also busy crafting something new: an ambitious album that somehow embraces both stark intimacy and unapologetic grandeur. **The Panics** are now finished with their fourth record, and have brought it down across the Pacific and back home to Australia. See them at the **Coolangatta Hotel** on Saturday.

CC supports Grace Barbé

Reggae Diva **CC the Cat** is now backed by her dream five-piece line-up and the band is tighter than ever, with a stack of new tunes. **CC the Cat's** live show is packed with fat drum and bass polyrhythms, the horniest horn section on the east coast with punchy horn breakdowns and coordinated dance moves, 4-part vocal harmonies, CC's heart-hitting lead guitar and vocals, and a heap of fun, love and energy.

CC will be the support for **Grace Barbé**, a singer, songwriter and musician with roots in the tiny Indian Ocean Creole nation of Seychelles; home to a unique culture that fuses Africa, Europe and Asia. **Grace's** music, like her mixed heritage, reflects and celebrates the diverse influences of her Creole culture: a colourful combination of Indian Ocean afro-Kreol and island roots sung in Creole, English and French, and laced with the modern pop sensibility of reggae and funk. See both **CC** and **Grace** at the **SoundLounge** on Friday.

Get ready to get Dirty

The Dirty Channel rock Tweed Heads this Saturday night. **Adam Brown** frontman/singer/guitarist and his band bring a bunch of rock'in tunes, one of which is about Brown's 1937 Dobro found floating in the bildge of a fishing trawler in 1970, that has a sound to be heard. **The Dirty Channel** cover some tunes and mixes it up with some originals to make everybody happy. Get Dirty at the **Ivory Tavern** on Saturday.

All is well in the Darke

With her strong and powerful vocals, independent singer songwriter **Tori Darke** will impress you with her beautiful voice and the passion in which she delivers her songs. Her original songs with great lyrics will certainly leave you wanting more rom this very talented artist.

Launching her hauntingly beautiful debut album *Dreams and*



THE PANICS
COOLANGATTA HOTEL, SATURDAY

Chances earlier this year, Tori's ladder of success continues with the launch of her first single from the album *Someone Else's Baby* soaring up the charts on both the Country Music Channel (CMC) and radio peaking at #1 on the charts. See her at **Seagulls** on Saturday.

There's something in the water

Vesica Pisces are a collision of souls inspired by remembrance, by water formed.

The band spent a year carefully composing in their forest studio before emerging from the dreaming and playing to the public. Since the first performance, their music has captivated audiences and is now creating ripples over the north coast. Weaving eastern-tinged guitar, strings, exotic traditional percussion with upright bass, electro flavourings and soundscapes with soaring vocals, they have a reverence for all that is sacred, the majesty of this living world and the honor of walking upon it, for those glimpses where the self dissolves into unity, oneness, for the eternal, which is our sovereign home. See them at **Uki Anglican Church** on Saturday.

Not Vegemite?

Frogs On Toast has been performing for 13 years, an incredible journey with approximately 1500 gigs stretching from Broken Hill to Hobart and as far north to Maryborough in QLD.

Frogs On Toast, arguably the funniest show in Australia, has won three awards in the prestigious Australian Entertainment 'MO' Awards. **Frogs on Toast** has regularly toured the east coast of Australia and has also built up a following as far away as Tasmania, Broken Hill and Lightning Ridge, the USA, Holland and Canada, and now Twin Towns on Saturday.

Allegro Trio

Spring Concert is the premiere performance of **Allegro Trio**, which consists of leading NRSO musicians, violinist **Hugh Won**, cellist **Shaohua Chen-Merrett** joined by the accomplished Gold Coast-based pianist **Vicki Hong** in a program of chamber music by **Bach, Haydn, Liszt, Debussy, Fritz Kreisler** and **Dvořák**. The program will be compered by the NRSO's conductor and artistic director, **Barry Singh**. See this wonderful concert at the **Tweed Heads Civic & Arts Centre, Sunday**.

Down on the Farm

Maggie's Farm play blues, country and gospel, featuring Tweed Valley musicians **Dungay Slim, Blind Boy Evans, Diamond Dutton, Rock N Bob, Marvelous Miss Mayberry, Uncle Bob, Polly Martin, Timbo, Old Man Stream, TeTe Taz** and **Da Mamma**. With up to seven vocalists and regular special guests, variety is the note here. See **Maggie's Farm** at the **Sheoak Shack, Sunday**.



program guide

WINTER
MAY 1 – OCTOBER 31

MONDAY

- 6am **The Morning Mix** Kabes
- 9am **The Lighthouse Lounge** Andy Travis
- 11am **Belly** BellySisters
- 12pm **Pregnancy, Birth & Beyond** Nicole Foder
- 1pm **Theme Park** Lyn McCarthy
- 2pm **Q's Jazz 'n Blues** Quentin Watts
- 4pm **Cruizy Beatz** DJ Cruizy
- 6pm **Grailey Whole Celtic Show** Margaret Wyatt
- 8pm **Sounds of Africa** DJ Massaganda
- 10pm **Freedom Run** Callum

TUESDAY

- 6am **Clockwise** Gary Street
- 9am **Under Construction** Sarah Ndiaye & Gina Baker
- 11am **Byron Business** Phil Daly
- 12pm **Toasted** Lady Marmalade
- 2pm **The Music Garden** Michael Brereton
- 4pm **Below the Radar** The Invisible Man
- 6pm **Post Modern Backlash** Hudson
- 8pm **Radio Mundial** Steve Snelgrove
- 10pm **Shel's Place** Shel Kronich

WEDNESDAY

- 6am **Catch and Grab** DJ Holly Holster
- 9am **2481 Undone** Nicqui Yazdi
- 11am **Go Earthcare** Ros Elliott
- 12pm **Suara Indonesia** Francesca & Kirana
- 1pm **Afternoon Tea Party** Adelaide French
- 2pm **The Junkyard** Stuey
- 4pm **Cowgirl in the Sand** Mel
- 6pm **Bongo Gum** Brett Diemar
- 8pm **B-boy mixers** Elixir
- 10pm **All Funked Up** Mr Mantiki

THURSDAY

- 6am **Planet Luv** Glitter
- 9am **Arts Canvass** Karena
- 11am **Bohemian Beat** Riddhi
- 12pm **Juke Joint** Tony Parker
- 2pm **Audio Chocolate** Rich
- 4pm **Future Classics** Matt Meir
- 6pm **Crossroads** Paul Martin
- 8pm **Cruisin for a Bluesin** The Honeydripper
- 10pm **Booty Call** Lainie

FRIDAY

- 6am **That Friday Feeling** Nicky
- 9am **The Spin Cycle** Karin Kolbe
- 11am **Page Turners** Pip Morrissey
- 12pm **Whirled Music** Phil Hurst
- 1pm **Mystery Train** Mary Cannon
- 2pm **Grooveyard** Teesha & Nilesh
- 4pm **Strictly Vinyl (Happy Days)** Inchie
- 6pm **Chop-Suey** Rachi
- 8pm **Submerged/Down & Out** Si Clone/Slinky
- 10pm **Rotation** POB/Elixza

SATURDAY

- 6am **Bay Rock Tark**
- 8am **Musical Kaleidoscope** Jill
- 10am **Cowboy's Sweetheart** Carrie D
- 12pm **Blues from the Bay** Anthony & Ken
- 2pm **Paris Cat Alley** Lou
- 4pm **Intersecting Cultures** Angela
- 5pm **Justice & Ms Chi** Justine & Ancika
- 6pm **Random Rhythms** Ashgirl
- 8pm **Diggin in the Archives** Undertaker & Joan of Arc
- 10pm **In the vaults** Matt Wardle

SUNDAY

- 7am **Astro Alchemy** Iris & Michael
- 8am **Colours of Byron** Des
- 10am **Jazz Moods** Jean Brown
- 12pm **Omnibus** RG Pedicini & Les Schmidt
- 2pm **Radio Latina** Yolanda & Salvador & David
- 4pm **The Bay Lounge** aqua
- 6pm **Roots & Culture** DJ Selector
- 8pm **Ice Cream Truck** Fulton Hobbs & Peggy Dickson
- 10pm **The Space Between** Max Zoesar

COMMUNITY RADIO BAY-FM 99.9
www.bayfm.org Phone: 6680 7999

FIFTEEN MINUTES OF FAME

STOKERS SIDING HALL
FRIDAY 7TH OCT. 7PM

Featuring the hilarious and talented
THE GRANNY RAPPER
and her **PRODIGAL SON**

PLUS variety Blackboard acts including the
young and talented **Claudia Allard**

\$12 admission.
Good food for sale.



The Echo's guide to **GOODTASTE**

Here you will find some of the best local dining on offer. Restaurant owners take note: Good Taste provides you with the chance to tell your customers more about your business with ample room for that extra information that may not fit in a small advertisement. Great introductory rates are on offer. Call 02 6672 2280 to find out more.



BYRON BAY	 Santos Trading Warehouse Mon-Thurs 9 to 5 Fridays 9 to 4 OPEN TO THE PUBLIC 3/7 Brigantine Street, Byron Arts & Industry Park (02) 6685 5685	Small enough for personal care, large enough to offer competitive prices. Santos has been supplying high quality biodynamic, organic, natural foods, and healthy products since 1975. We continue our commitment to sourcing as locally as possible. Santos is the home of Rainfed Rice—zero irrigation, certified biodynamic, as local as you can get, and the most delicious rice you're likely to find. Visit rainfedrice.com.au for more info, or visit our online store at santostrading.com.au . Eat well.	 FINS Salt Village, Kingscliff 6674 4833 dining@fins.com.au Dinner 7 days Lunch Fri, Sat & Sun  GOOD FOOD GUIDE CHEF'S HAT EVERY YEAR SINCE 1998	Fresh from his travels in Europe, Steven Snow is excited to launch a NEW MENU at Fins . From Basque style BBQ seafood platters to spicy Mauritian King prawn curry. Book now to sample our new flavours.		KINGSCLIFF
CHINDERAH	 Chinderah Tavern 66 Chinderah Bay Drive, Chinderah Ph 02 6674 1137 www.taphouse.com.au Open 7 days Lunch 12pm-2.30pm Dinner 5.30pm-8.30pm	The 'Chindy' is an ideal place to bring family and friends of all ages for a real country pub experience. Kick back and watch the kids play on our brand new playground while you enjoy an ice cold beer and a dozen of our famous \$12 oysters on the deck overlooking the Tweed river. Open 7 days for lunch and dinner, with afternoon entertainment on the weekends. Come and see why everyone is talking about the new Chinderah Tavern.	 Saltbar Beach Bar & Bistro Bells Boulevard, Salt Village, South Kingscliff Open 7 days 1300 725 822 www.saltbar.com.au	Saltbar has something for everyone, a large deck, newly refurbished Sports Bar, family friendly Bistro and Kids Korner. As well as ocean views, there's always a great atmosphere, daily food specials, a well-equipped children's area, live music and more. Kids eat free* Mon-Thurs 5.30-7pm + free kids' movie 7pm, T-Bone Tues & free trivia, Half Price Wednesday + free Karaoke 7pm. Saltbar is on the absolute beachfront, Salt Village, 15 mins south of Coolangatta Airport. *conditions apply		CHINDERAH
COORABELL	 Peppers COORABELL RETREAT BYRON HINTERLAND	Wilson's by The Creek Open Fri, Sat, Sun Lunch 12-3pm Dinner 5-10pm 139 Newes Rd, Coorabell 6684 7348 Bookings essential	Discover Wilson's By The Creek Restaurant tucked away in the Byron hinterland. Newly open to the public, the elegant restaurant offers a truly gourmet experience, accompanied by Peppers renowned personal service. Savour the incredible flavours of the hinterland for a romantic dinner or gathering with friends, as Head Chef Adam Hall inspires you with his seasonal menu brimming with local produce.	 FRESHLY ROASTED Top quality Arabica coffee beans from new boutique roaster. The beans are roasted fresh weekly. 30% Certified Organic. Rainforest Alliance. Taste the difference		COORABELL
CURRUMBIN	 Alleys Currumbin RSL Club Currumbin Creek Road, Currumbin Open 7 days lunch and dinner 07 5534 7999 www.currumbin.com.au	ALLEYS GOURMET CATS Events for food and wine lovers. Join for free and be first to know about exclusive events like free wine tasting evenings and winemaker's dinners. Plus a plethora of other activities like wine and cheese nights, themed dinners and more.	 Horizons Lunch from 11am Dinner from 5.30pm Brunch Sundays from 10am Phone: (07) 5536 2277 or visit www.twintowns.com.au	Overlooking the sparkling blue waters of the Jack Evans Boat Harbour at Twin Towns is Horizons restaurant. Enjoy a friendly atmosphere with casual indoor or al fresco dining where you can take in our spectacular views. Bring a friend to Horizons for High Tea available Monday to Saturday in the afternoon from 2.30pm to 4.30pm for an extra special afternoon delight!		CURRUMBIN
FINGAL HEAD	 Sheoak Shack 64 Fingal Rd, Fingal Head Ph 07 5523 1130 Wed-Fri 11am-5pm, Sat 11am-10pm Sun 9.30am-8pm www.sheoakshack.com	If you are looking for delicious food, coffee or a romantic sunset cocktail on the riverbank, the Sheoak Shack is the beach shack for you with a funky laid back daytime vibe and a party atmosphere with live music on Saturday nights at 7pm and Sundays at 4pm. This gallery/cafe showcases the work of high quality local artists and is available for private functions... more Byron than Byron, in sleepy Fingal Head.	 Mount Warning Hotel	Mt Warning Hotel Open 7 days 10am till late Bistro open daily 1497 Kyogle Rd, Uki 02 6679 5111	One of the region's great old country pubs. Delicious food, bistro open for lunch everyday from 12-2pm, dinner Thursday to Sunday from 6-8pm. Children's playground, relaxing beer garden. Curry night on Thursday, raffles and member's draw on Friday, punter's draw on Saturday and on Sunday there is a delicious roast.	FINGAL HEAD

A Celebration of Culture & Cuisine
MURWILLUMBAH SHOWGROUNDS NOON - 10PM



Unity FESTIVAL
October 22 2011

Tickets online now!
\$20 pre purchase online (Save \$5)
\$25 at the gate \$10 concession
Kids free (accompanied by a paying adult)
www.unityfestival.com.au

Proudly supported by



2011 KING & QUEEN OF KARAOKE

Grand Final
KING & QUEEN receive \$1000 each
Runners Up
KING & QUEEN receive \$500 each

Heat 8 Saturday 8th October from 7:30pm

GRAND FINAL Saturday 29th October
To enter: contact Nancy (Happy Daze Karaoke)
0404 208 344 or contact Reception on 02 6674 1404

Sponsored By:  [yellow tail]   

 Marine Parade, Kingscliff NSW 2487
To make a reservation or for more information please call 02 6674 1404
Or visit our website www.kbbc.com.au



Television Guide

1. Cameron Diaz and Sofia Vassilieva star in **My Sister's Keeper** (NBN, Friday, 8.30pm), an honorable weepie about a child with cancer.
2. Nicolas Cage stretches credulity in the scifi thriller **Knowing** (Prime, Saturday, 8.30pm), in which a series of predictions is discovered in a 1950s time capsule.
3. Kathy Bates deservedly won the Best Actor Oscar for her roles as the creepy 'number one fan' of an author, played convincingly by James Caan, in Stephen King's horror classic **Misery** (Gem, Sunday, 8.30pm). Ah, the price of fame.



FRIDAY 7

ABC 1

4.00 rage (G) 5.00 Can We Help? 5.30 The New Inventors 6.00 ABC News Breakfast 9.30 Business Today 10.00 Kids' Programs 11.30 One Plus One 12.00 Middyay Report 12.30 Midsomer Murders 2.10 Finding The Fallen 3.00 Kids' Programs 6.00 Bill's Tasty Weekends 7.00 ABC News 7.30 7.30 8.00 My Family 8.30 Scott And Bailey (M) 9.20 The Jonathan Ross Show 10.05 Bored To Death (M) 10.30 Lateline 11.15 Beautiful People (M) 11.40 rage (MA)

ABC 2

6.00 Kids' Programs 7.00 Spicks And Specks 7.30 River Monsters 8.30 Friday Night Lights (M) 9.20 The Slap (M) 10.15 Crownies (M) 11.15 The Graham Norton Show (M) 12.00 Cold Feet 12.45 Blade Of The Immortal (M) 1.15 The Kids In The Hall (M) 1.35 Close

ABC 3

6.05am to 5.35pm Kids' Programs 6.00 Stoked 6.25 Pixelface 7.10 Black Hole High 7.35 Karaoke High 8.00 Stay Tuned 8.30 Degraasi: The Next Generation 9.00 Close

ABC NEWS 24

4.00 ABC News 4.05 Culture Quarter 4.20 The Drum 5.00 ABC News 5.15 Food Quarter 5.30 Newsline 6.00 ABC News Breakfast 9.00 ABC News 9.30 Business Today 10.00 ABC News 12.30 Newsline 1.00 ABC News 2.30 One Plus One 3.00 Afternoon Live 5.30 Capital Hill 6.00 ABC News 6.05 The Drum 6.45 Rural Quarter 7.00 ABC News 7.30 Contact Sport 8.00 ABC News 8.30 One Plus One 9.00 The World 10.00 ABC News 10.05 The Drum 10.45 Rural Quarter 11.00 ABC News 11.30 Capital Hill 12.00 ABC News 12.20 Lateline 1.00 BBC News 1.30 Contact Sport 2.00 Capital Hill 2.30 The World This Week 3.00 BBC World News 3.30 One Plus One

SBS 1

5.00 Weatherwatch 5.05 World News 1.00 Food Lovers' Guide To Australia 1.30 Insight 2.30 Living Black 3.00 Letters And Numbers 3.30 Al Jazeera News 4.00 The Journal 4.30 Newshour 5.30 Global Village 6.00 Letters And Numbers 6.30 World News Australia 7.30 Coast 8.30 Public Enemy #1 9.30 World News Australia 10.00 Striptease Unveiled (MA) 11.00 Movie: Summer Clouds (MA 2004) Spanish drama 12.45 Entourage (M) 2.20 Weatherwatch

SBS 2

5.00 Weatherwatch 6.00 World News 6.00 Global Village 6.30 Iron Chef 7.30 Dateline 8.30 Tour Of Beijing Cycling 9.30 Movie: Delhi-6 (M 2009) Indian drama 11.55 Movie: The Protector (MA 2005) Thai action 1.25 Weatherwatch 3.00 TEN 6.00 Ten News 7.00 Kids' Programs 9.00 Ten News 10.00 The Circle 12.00 Dr Phil 1.00 The Doctors 2.00 Ready Steady Cook 3.00 Judge Judy 3.30 Infomercial 4.00 Huey's Kitchen 4.30 The Bold And The Beautiful 5.00 Ten News 6.30 6.30 With George Negus 7.00 The 7pm Project 7.30 Renovators 9.30 Terra Nova (M) 11.30 The Late Show 12.30 Burn Notice (M) 1.30 Infomercials 5.00 Religion

ELEVEN

6.00 Jag 7.00 MacGyver 8.00 The Brady Bunch 8.30 Neighbours 9.00 Touched By An Angel 10.00 7th Heaven 11.00 The Love Boat 12.00 Diagnosis Murder 1.00 Jag 2.00 MacGyver 3.00 The King Of Queens 3.30 Cheers 4.00 Roseanne 4.30 Family Ties 5.00 Happy Days 5.30 The Brady Bunch 6.00 Sabrina The Teenage Witch 6.30 Neighbours 7.00 Everybody Loves Raymond 7.30 So You Think You Can Dance

8.30 Britain's Next Top Model 9.30 Sex And The City (MA) 10.40 The Late Late Show 11.30 Cheers 12.00 Roseanne 12.30 Sabrina The Teenage Witch 1.00 The King Of Queens 1.30 Happy Days 2.00 The Love Boat 3.00 Diagnosis Murder 4.00 Touched By An Angel 5.00 7th Heaven

ONE HD

6.00 American Baseball League 9.00 National Football League 11.30 NFL Total Access 12.30 America's Game 1.30 Fear Factor 2.30 World Rally Championship 3.00 Omnispot 3.30 Beach Patrol 4.00 Airline 4.30 Extreme Dreams 5.00 I Fish 6.00 Airline 6.30 Beach Patrol 7.00 Cops 7.30 World's Toughest Fixes 8.30 Movie: The Fast And The Furious - Tokyo Drift (M 2006) US action. Lucas Black, Zachery Ty Bryan 10.40 NBL Basketball 12.40 Breakout Kings (M) 1.50 NASCAR Nationwide Series 2.40 Omnispot 3.00 OneAsia Tour Golf

PRIME

6.00 Sunrise 9.00 The Morning Show 11.30 Seven News 12.00 Toybox 12.30 That '70s Show 1.00 V8 Supercars LIVE - Bathurst 4.00 It's Academic 4.30 Seven News 5.30 Deal Or No Deal 6.00 Prime News 6.30 Seven News 7.00 Home And Away 7.30 Better Homes And Gardens

9.00 Movie: The Mummy Returns (M 2001) US action. Brendan Fraser, Rachel Weisz 11.45 That '70s Show 12.15 October Road 2.15 Home Shopping

7TWO

6.30 Martha Stewart Show 7.30 Dr Oz 8.30 Sons & Daughters 9.00 Home & Away 9.30 Shortland Street 10.00 Coronation Street 10.30 Emmerdale 11.00 Designing Women 11.30 Deal Or No Deal 12.00 Passport To The Sun 12.40 To The Manor Born 1.15 Born And Bred 2.30 Murphy Brown 3.00 Perfect Strangers 3.30 Movie: Kiss Me, Stupid (PG 1964) US comedy. Dean Martin, Kim Novak 6.00 Bargain Hunt 7.00 Harry's Practice 7.30 Are You Being Served? 8.10 One Foot In The Grave 8.45 Escape To The Country 11.00 Living In The Sun 12.00 Passport To The Sun 12.30 Movie: The Master Race (PG 1944) WWII drama. George Coulouris, Osa Massen 2.30 Leyland Brothers World 3.30 Passport To The Sun 4.00 Coronation Street 4.30 Emmerdale 5.00 Designing Women 5.30 Home Shopping

7MATE

6.30 Six Million Dollar Man 7.30 Alias Smith And Jones 8.30 Adam 12 9.00 NBC Today 11.00 Quantum Leap 12.00 Knight Rider 1.00 Simon And Simon 2.00 Malcolm And Eddie 2.30 Newsradio 3.00 Xena 4.00 Hercules 5.00 The Drew Carey Show 5.30 Minute To Win It

6.30 That '70s Show 7.30 How I Met Your Mother 8.30 My Name Is Earl 9.30 Movie: Hard Target (AV 1993) US action. Jean-Claude Van Damme, Lance Henriksen 11.45 Reaper (M) 12.30 Malcolm And Eddie 1.00 Six Million Dollar Man 2.00 Quantum Leap 3.00 Knight Rider 4.00 Xena 5.00 Hercules

NBN

5.30 Today 9.00 Kerri-Anne 11.00 Infomercials 12.00 The Ellen Degeneres Show 1.00 The View 2.00 Days Of Our Lives 3.00 Alive And Cooking 3.30 Kids' Programs 4.30 Afternoon News 5.30 Hot Seat 6.00 Evening News 7.00 A Current Affair 7.30 Two And A Half Men 8.30 Movie: My Sister's Keeper (M 2008) US drama. Cameron Diaz, Abigail Breslin 10.45 Movie: Friends With Money (M 2005) US comedy. Jennifer Aniston, Scott Caan 12.30 Movie: The Big White (M 2005) US comedy. Robin Williams, Holly Hunter 2.30 The Baron 3.30 Entertainment Tonight 4.00 Danoz 4.30 Good Morning America

GO!

6.00 Kids' Programs 11.00 Wipeout USA 12.00 Bewitched 12.30 Spin City 1.00 Seinfeld 1.30 Entertainment Tonight 2.00 TMZ 2.30 Married With Children 3.00 Just Shoot Me 3.30 Kids' Programs 5.30 Movie: Flight Of The Navigator (G 1986) US adventure. Joey Cramer, Paul Reubens 7.30 Movie: Lost In Space (PG 1998) US scifi. William Hurt, Mimi Rogers 10.10 Movie: Beowulf (M 2007) US action. Ray Winstone, Anthony Hopkins 12.30 Fringe (M/AV) 2.30 Reno 911 (M) 4.35 Seinfeld 5.00 The Hills 5.30 Tamagotch!

GEM

6.00 Today 9.00 Alive & Cooking 9.30 The Zoo 10.00 Friends 11.00 Murder, She Wrote 12.00 Movie: Carry On Cruising (PG 1962) UK comedy. Sid James, Kenneth Williams 2.00 RPA 3.00 McLeod's Daughters 4.00 The Golden Girls 5.00 The Ellen Degeneres Show 6.00 Friends 7.00 The Farmer Wants A Wife 8.30 The Mentalist (M) 9.30 Prime Suspect (AV) 11.30 Conan (M) 12.30 Psychic TV 2.00 Movie: Don't Look Now (M 1973) UK drama. Julie Christie, Donald Sutherland 4.05 Movie: The Man Who Finally Died (PG 1962) WWII drama. Stanley Baker, Peter Cushing

SATURDAY 8

ABC 1

5.00 rage (PG) 11.00 Bill's Tasty Weekends 12.00 Elders: Helen Bamber 12.30 Australian Story 1.00 WNBL Basketball 3.00 Movie: The Way We Were (PG 1973) US romance. Barbra Streisand, Robert Redford 5.00 Australian Indoor Bowls 6.00 Planet Food Lebanon 6.30 Gardening Australia 7.00 ABC News 7.30 Doctor Who 8.30 Monroe (M) 9.25 Penn And Teller 10.10 Trial And Retribution (M) 11.40 rage (MA)

ABC 2

6.00 Kids' Program 7.00 Monkey Thieves 7.30 Rome Wasn't Built In A Day 8.15 At The Movies 8.30 Movie: The High And The Mighty (PG 1954) US drama. John Wayne, Claire Trevor 10.55 Movie: The Ugly American (M 1963) US drama. Marlon Brando, Eiji Okada 12.50 Eatatholics 1.50 Close

ABC 3

6.05am to 5.45pm Kids' Programs 6.00 Stoked 6.30 The Slammer 7.00 Deadly 6.00 7.30 Good Game SP 8.00 The Tribe 9.15 Close

ABC NEWS 24

4.00 ABC News 4.05 Health Quarter 4.15 The Drum 5.00 Q&A 6.00 7.30 6.30 Behind The News 7.00 ABC News

7.30 Contact Sport 8.00 ABC News 8.45 Finance Quarter 9.00 ABC News 9.45 Weather Quarter 10.00 ABC News 10.30 7.30 11.00 ABC News 11.30 7.30 12.00 ABC News 12.30 7.30 Select 1.00 Big Ideas 2.00 ABC News 2.30 7.30 3.00 ABC News 3.30 Foreign Correspondent 4.00 ABC News 4.30 Behind The News 5.00 ABC News 5.30 One Plus One 6.00 ABC News 6.30 Australian Story 7.00 ABC News 7.30 The World This Week 8.00 Four Corners 8.45 Big Ideas 9.00 ABC News 9.30 State To State 10.00 ABC News 10.30 7.30 Select 11.00 ABC News 11.30 Foreign Correspondent 12.00 Big Ideas 1.00 BBC World News 1.30 7.30 3.00 One Plus One 2.30 7.30 3.00 BBC World News 3.30 7.30

SBS 1

5.00 World News 9.00 Weatherwatch 9.30 World News 10.00 FIFA World Cup Qualifier LIVE - Argentina v Chile 12.30 World News 1.00 Opera: L'Orfeo 3.00 Empire Of The Word 4.00 James Rhodes: Piano Man 4.30 Newshour 5.30 Costa's Garden Odyssey 6.00 Love's Harvest Eggs 6.30 World News Australia 7.30 Engineering Connections 8.30 Mythbusters 9.30 RockWiz 10.20 Movie: Public Enemy Number 1 (MAV 2008) Part 1 of French biography 12.25 SOS (M) 1.25 Life's A Zoo (M) 1.45 Weatherwatch

SBS 2

5.00 Weatherwatch 6.00 World News 6.00 Wine Lovers' Guide To Australia 6.30 Hairys Bikers Food Tour Of Britain 7.30 The Deadlys 9.00 Tour Of Beijing Cycling 10.00 Movie: Princesses (MA 2005) Spanish drama 11.55 Movie: Eager Bodies (MA 2003) French drama 1.40 Weatherwatch

TEN

6.00 Kids' Programs 12.00 Landed Music 12.30 Hit Rater.Com 1.00 Coffee Culture 2.00 Saving Kids 3.00 Movie: The Flintstones In Viva Rock Vegas (G 2000) US comedy. Mark Addy, Stephen Baldwin 5.00 Ten News 6.30 Jamie's 30 Minute Meals 7.00 Movie: The Simpsons Movie (PG 2007) Animation 8.45 Movie: There's Something About Mary (M 1998) US comedy. Ben Stiller, Cameron Diaz 11.10 Movie: The Machinist (M 2004) Spanish drama. Christian Bale, Jennifer Jason Leigh 1.30 Infomercials 4.00 Religion

ELEVEN

6.00 Jag 7.00 MacGyver 8.00 The Brady Bunch 8.30 Everybody Loves Raymond 9.00 Touched By An Angel 10.00 7th Heaven 11.00 The Love Boat 12.00 Diagnosis Murder 1.00 Jag 2.00 MacGyver 3.00 The King Of Queens 3.30 Cheers 4.00 Roseanne

4.30 Family Ties 5.00 Happy Days 5.30 The Brady Bunch 6.00 Sabrina The Teenage Witch 6.30 Everybody Loves Raymond 7.30 Frasier 8.00 Everybody Loves Raymond 8.30 Frasier 9.00 Everybody Loves Raymond 9.30 Buffy The Vampire Slayer (M) 11.30 Angel (M) 12.30 Sabrina The Teenage Witch 1.00 The King Of Queens 1.30 Happy Days 3.00 Diagnosis Murder 4.00 Touched By An Angel 5.00 7th Heaven

ONE HD

6.00 American Baseball League 9.00 America's Game 10.00 Pro Bull Riding 11.00 World Of Free Sports 11.30 Drive 12.00 World Championship Triathlon 1.00 WWE Experience 2.00 NASCAR Sprint Cup 3.00 First Ascent 3.30 Omnispot 3.50 Formula 1 Qualifying LIVE - Japan 5.15 Omnispot 5.30 Save Point 6.00 IRC Series Sailing 6.30 WWE Experience 7.30 Fear Factor 9.00 Ross Noble's Australian Trip (M) 10.00 Cops (M) 10.30 NBL Basketball 12.30 NASCAR Sprint Cup 1.30 WRC Access All Areas 2.30 ATP World Tour Tennis 3.00 OneAsia Tour Golf

PRIME

6.30 Kids' Programs 7.00 Weekend Sunrise 9.00 Kids' Programs 1.00 V8 Supercars LIVE - Bathurst 5.00 Destination Prix Racing Heroes 5.30 Sydney Weekender

6.00 Seven News 6.30 Movie: The Pacifier (PG 2005) US comedy. Vin Diesel, Lauren Graham 8.30 Movie: Knowing (M 2009) US scifi. Nicholas Cage, Rose Byrne 11.05 Movie: Flight Of The Phoenix (M 2003) US action. Dennis Quaid, Tyrese Gibson 1.20 Grey's Anatomy (M) 3.20 Home Shopping

7TWO

6.30 Kids' Programs 9.00 Better Homes And Gardens 10.00 The Great Outdoors 11.00 Queensland Weekender 11.30 Great South East 12.00 Sandcastles 12.30 The Travel Bug 1.30 Weekend Kitchen 4.30 My Pregnancy 5.00 Great Australian Doorstep 5.30 Men Behaving Badly 6.00 Are You Being Served? 6.30 All Creatures Great & Small 7.30 Heartbeat 8.40 Taggart (M) 10.20 Movie: Kramer vs Kramer (PG 1979) US drama. Dustin Hoffman, Meryl Streep 12.30 Minder 1.30 Floyd's American Pie 2.00 Sweet Baby James 2.30 A House In Tuscany 3.00 Room For Improvement 3.30 Australian Ark 5.00 Leyland Brothers World

7MATE

6.00 Jeff Foxworthy Show 6.30 Six Million Dollar Man 7.30 Alias Smith And Jones 8.30 Adam 12 9.00 NBC Today 11.00 Quantum Leap 12.30 SCU: Serious Crash Unit 12.30 Car Sharks 1.00 Zoom TV 1.30 Great Grand Prix Racing Heroes 2.30 Fifth Gear 3.30 Targa Tasmania 2009 4.30

Monster Garage 5.30 Destroyed In Seconds 6.30 Eco Engineering 8.30 Movie: Thunderball (PG 1965) 007 action. Sean Connery, Claudine Auger 11.20 Unsolved Mysteries (M) 12.20 Jeff Foxworthy Show 1.00 Six Million Dollar Man 2.00 Great Grand Prix Racing Heroes 3.00 Alias Smith And Jones 4.00 Quantum Leap 5.00 Adam 12 5.30 Home Shopping

NBN

6.00 Danoz 7.00 Weekend Today 9.00 Kids' Programs 12.00 Horse Racing LIVE - Caulfield Guineas 3.30 Rugby World Cup LIVE - Quarter final: Ireland v Wales 6.00 NBN News 6.30 Rugby World Cup LIVE - Quarter final: England v France 8.30 Movie: Spiderman 2 (M 2004) US action. Tobey Maguire, Kirsten Dunst 8.40 Lotto 9.15 Movie: Bonnie And Clyde (M 1967) US action. Warren Beatty, Faye Dunaway 1.30 Movie: Cavedweller (M 2004) Canadian drama. Aidan Quinn, Kyra Sedgwick 3.30 Skippy 4.00 Infomercials

GO!

6.00 Kids' Programs 1.00 Married With Children 2.00 Spin City 3.00 Green Acres 3.30 Just Shoot Me 4.30 Dukes Of Hazzard 5.30 Wipeout 6.30 Movie: The Pink Panther (PG 2006) US comedy. Steve Martin, Kevin Kline 9.00 Movie: The Lord Of The Rings - The Fellowship Of The Ring (M 2001) NZ adventure. Elijah Wood, Ian McKellen 12.30 Vampire Diaries (M/AV) 4.00 Tool Academy (M) 5.00 The Hills 5.30 Tamagotch!

GEM

6.00 Movie: Carry On Cruising (PG 1962) UK comedy. Sid James, Kenneth Williams 8.00 Infomercials 9.00 Movie: Train Of Events (PG 1952) UK drama. Valerie Hobson, John Clements 10.50 Movie: The Young Ones (G 1961) UK comedy. Cliff Richard, Robert Morley 1.05 Movie: The Call Of The Wild (PG 1972) UK adventure. Charlton Heston, Maria Rohn 3.15 Movie: Marriage On The Rocks (G 1965) US comedy. Frank Sinatra, Deborah Kerr 5.30 The Golden Girls 6.30 Antiques Roadshow 8.30 CSI: NY (M) 9.30 CSI: Miami (M) 10.30 CSI (M) 11.30 Conan (M) 12.20 Psychic TV 1.50 Movie: Blood From The Mummy's Tomb (M 1972) UK thriller. Andrew Keir, Valerie Leon 3.35 Movie: Call Of The Wild 5.30 The Golden Girls

stars

WITH LILITH

The personal planets in easy-pleasy Libra make October a company month and this a people week for patching up differences and catching up with neglected friends...

ARIES: Your planet boss Mars is in crowd-commanding mode, but October's emphasis in your house of teamwork suggests setting your highest intentions for what you want for yourself and what you're prepared to share with others. And making that your generous best, Aries.

TAURUS: A top week for networking and scene-surfing to swap ideas and info over meals and vino. With this month encouraging fitness and beauty initiatives, it's time to decide which artistic touches you'll choose next for the great creative artwork that is Your Life.

GEMINI: Something that isn't fair and equitable in joint finances or shared resources needs settling. With your planetary leader Mercury in Libra fostering objectivity and

cooperation, right now two heads work better than one - meaning yours and someone else's, not you and your twin self.

CANCER: The uber-Cancerian Dalai Lama reckons love and peace physically suit humans because calm, affectionate feelings benefit our health while frustration and agitation harm it. Venus decrees that existential confusion can be soothed this week with a little judicious retail therapy and some well chosen love substitutes.

LEO: Keep Mars on a short leash because this Venusian week favours the arts: of negotiation, compromise and creative adaptation when mind-changing becomes a pain in the arts. Even if others are infuriating, forget furious and channel charming by focusing on love results and business bonuses.

VIRGO: Your brief is transforming this week's raw materials into works of art, followed by a spritz-up of your love generators and receptors. And finally a quick self-assessment avoiding past comparisons - not trying for who you once were, but who you're meant to be now.

LIBRA: This week tips the starry scales in your favour with vixen Venus suggesting you do something gorgeous for yourself and the key people in your life. And Saturn, business boss of the planetary family, giving credible backup to your stylish solutions and amusing views.

SCORPIO: This week offers lessons in whichever section of affection you're currently struggling with, whether that's self-value or appreciating others. Friends are a constructive

influence and encouraging outlet for your ideas right now - more willing than usual to discuss compromises and consider alternatives. How about you?

SAGITTARIUS: The present star scenario doesn't appreciate a blunt, upfront approach, so artistic manipulation of the mind-to-mouth highway is advised. With the planetary emphasis in the sign of togetherness, this week's magic moments are in connection with others: one on one, in group activities, with new friends.

CAPRICORN: This week celebrates the feast day of Francis of Assisi, patron saint of ecology - an appropriate time for considering the effect you have on the environment around you. For

taking a look at your internal environment too, in case that needs a seasonal clean and fluff up.

AQUARIUS: A week of new contacts, influential allies and just the kind of fun types you like, though late-week Aquarius moon advises editing your signature straightforwardness. Because soft words not only turneth away wrath but are much more likely to get the results you want.

PISCES: Wow factor been waning lately? This frisky week whips up a bonanza of lively interactions - a fun balance to the coming month's sorting out joint finances, property and possessions. Your stars also request you refresh your personal presentation for new-season mixing, mingling, seeing and being seen...

ABC 1

5.00 rage (PG) 6.30 Kids' Programs 9.00 Insiders 10.00 Inside Business 10.30 Offsiders 11.00 Asia Pacific Focus 11.30 Songs Of Praise 12.00 Landline 1.00 7.30 1.30 Message Stick 2.00 Super Fish 3.00 1000 Journals 4.30 First Tuesday Book Club 5.00 Art Nation 5.30 Dance Academy

6.00 Life Fish

7.00 ABC News

7.30 Grand Designs

8.20 No.1 Ladies Detective Agency

9.15 Grumpy Guide To Work (M)

9.50 Compass

Christos Tsiolkas

10.20 The Next Big Thing

11.20 Ladies Of Letters

11.45 Grand Designs

12.35 Movie: The Spaniard's Curse (PG 1958) UK thriller. Lee Patterson, Tony Wright

2.00 The Next Big Thing

3.05 Carbon Cops

3.35 Headcases (M)

ABC 2

6.00 Kids' Programs

7.00 At The Movies

7.30 Dancing King

8.30 Sunday Best

Jesus Camp (M)

9.55 The Jonathan Ross Show

10.45 Art Nation

11.15 Absolutely Fabulous

11.45 Glastonbury 2010: Scissor Sisters

12.45 The Making Of I Was Only 19 (M)

1.10 Later... With Jools Holland

2.10 Close

ABC 3

6.05am to 5.35pm Kids' Programs

6.00 The Legend Of Dick And Dom

6.30 Horrible Histories

7.00 Trapped!

7.30 The Avengers

7.50 Deltora Quest

ABC NEWS 24

4.00 7.30 5.00 Big Ideas 6.00 7.30 6.30 Behind The News 7.00 ABC News 7.30 The World This Week 8.00 ABC News 9.00 Insiders 10.00 ABC News 10.30 7.30 11.00 ABC News 11.30 7.30 12.00 ABC News 12.30 Offsiders 1.00 Big Ideas 2.00 ABC News 2.30 7.30 3.00 ABC News 3.30 Australian Story 4.00 ABC News 4.30 Behind The News 5.00 ABC News 5.30 Inside Business 6.00 ABC News 6.30 Foreign Correspondent 7.00 ABC News 7.30 One Plus One 8.00 Insiders 9.00 ABC News 9.30 Asia Pacific Focus 10.00 ABC News 10.30 The World This Week 11.00 ABC News 11.30 Australian Story 12.00 Landline 1.00 BBC World News 1.30 7.30 2.00 Big Ideas 3.00 BBC World News 3.30 7.30

SBS 1

5.00 World News 8.30 PopAsia 10.30 Football Asia 11.00 Football Feature 12.00 UEFA Champions League 12.30 Speedweek 2.00 Al Jazeera News 3.00 Hitler's Bodyguard 4.00 Fork In The Mediterranean: Israel 4.30 Living Black 5.00 Cycling Central

6.00 Thalassa

6.30 World News Australia

7.30 Lost Worlds

Planet Egypt

8.30 Dateline

9.30 The Hungry Tide

10.30 Movie: Lola – The Movie (M 2007) Spanish drama

12.35 Movie: Opium – Diary Of A Madwoman (MA 2007) Hungarian drama

2.35 Weatherwatch

SBS 2

5.00 Weatherwatch 5.05 World News 6.00 More Than A Fiesta 6.35 Italian Food Challenge 7.30 Ninja Warrior 8.00 Unbeatable Banzuke 8.30 Tour Of Beijing Cycling 9.30 Movie: The Cellist (M 2009) Kurt Wallander crime

11.05 Movie: Summer Storm (M 2004) German drama

12.50 Weatherwatch

TEN

6.00 Religion 7.00 Kids' Programs 8.00 Totally Australia 9.00 Hot30 Countdown 12.00 Biggest Loser 1.00 I Fish

2.00 Test Series Netball LIVE – Australia v England

4.00 Meet The Press

4.30 The Bolt Report

5.00 Ten News

6.30 Renovators

7.30 Junior Masterchef

8.30 Terra Nova (M)

9.30 Ringer (M)

10.30 Formula 1 Grand Prix Japan

1.00 Infomercials

4.00 Religion

ELEVEN

6.00 Jag 7.00 MacGyver 8.00 The Brady Bunch 8.30 Everybody Loves Raymond 9.00 Touched By An Angel 10.00 7th Heaven 11.00 The Love Boat 12.00 Diagnosis Murder 1.00 Jag 2.00 MacGyver 3.00 The King Of Queens 3.30 Cheers 4.00 Roseanne 4.30 Family Ties 5.00 Happy Days 5.30 The Brady Bunch

6.00 Sabrina The Teenage Witch

6.30 Everybody Loves Raymond 7.30 The Simpsons 8.00 Futurama 8.30 Movie: Over Her Dead Body (M 2008) UK comedy. Eva Longoria, Paul Rudd

10.30 Angel (M) 11.30 Cheers 12.00 Roseanne 12.30 Sabrina The Teenage Witch 1.00 The King Of Queens 1.30 Happy Days 2.00 The Love Boat 3.00 Diagnosis Murder 4.00 Touched By An Angel 5.00 7th Heaven

ONE HD

6.00 Ironman: New Zealand 7.00 Ironman: South Africa 8.00 Magic Of The FA Cup 9.30 IRC Series Sailing 10.00 World Of Free Sports 10.30 World Tour Snowboarding 11.00 UFC 136 12.00 Triathlon: Madrid 1.30 Airline 2.30 Fear Factor

4.00 Formula 1 Grand Prix LIVE – Japan

7.05 Megabridges

8.00 Cops

8.30 Movie: Twisted (M 2004) US drama. Ashley Judd, Samuel L Jackson

10.35 NBL Basketball

12.35 Omnisport

1.00 OneAsia Tour Golf

4.00 National Football League – LIVE

PRIME

6.00 Religion

7.00 V8 Supercars LIVE – Bathurst

6.00 Seven News

6.30 Sunday Night

7.30 Wild Boys

8.30 Bones (M)

9.30 Castle (M)

10.30 The Suspects (M)

11.30 Forensic Investigators (M)

12.30 Grey's Anatomy (M) 1.30 Home Shopping 5.30 Seven News

7TWO

6.00 Home And Away 8.20 Ugly Betty 9.15 Flipper 10.05 Britannia High 11.00 The Making Of Johnny English Reborn 11.30 Welcome Back Kotter 12.10 Movie: Twist Around The Clock (G 1961) US musical. Chubby Checker, Dion

2.00 Movie: Mackenna's Gold (PG 1969) Western. Gregory Peck, Telly Savalas

4.15 Movie: Big (PG 1988) US comedy. Tom Hanks, Elizabeth Perkins

6.30 Some Mothers Do 'ave 'em

7.00 Sandcastles

7.30 Homes Under The Hammer

8.45 Escape To The Country

11.00 Living In The Sun

12.00 No Going Back

1.00 Movie: Behind The Rising Sun (PG 1943) US drama. Robert Ryan, Tom Neal

3.00 Leyland Brothers World

4.00 The World Around Us

5.00 Passport To The Sun

5.30 Home Shopping

7MATE

6.00 Six Million Dollar Man

7.00 V8 Supercars LIVE – Bathurst

7.00 Pimp My Ride

6.30 American Dad

7.00 Family Guy

7.30 Mythbusters

8.30 Movie: You Only Live Twice (PG 1967) 007 action. Sean Connery, Akiko Wakabayashi

11.00 Seconds From Disaster

12.00 Movie: National Lampoon's Holiday Reunion (M 2004) US comedy. Bryan Cranston, Judge Reinhold

2.00 Movie: Hidalgo (M 2004) US adventure. Viggo Mortensen, Omar Sharif 4.30 Six Million Dollar Man 5.30 Home Shopping

NBN

6.00 Home Shopping 7.00 Weekend Today 10.00 Wide World Of Sports 11.00 Kids' Programs 1.30 Movie: Montana (PG 1990) Western. Richard Crenna, Gena Rowlands

3.30 Rugby World Cup LIVE – Quarter final: South Africa v Australia

6.00 NBN News

6.30 Journey To The Centre Of The Planet

7.30 60 Minutes

8.30 Underbelly: Razor (M)

9.30 Person Of Interest (M)

10.30 William Shatner Roast (MA)

12.00 Rugby World Cup Quarter final: New Zealand v Argentina

2.00 Skippy

2.30 Home Shopping

4.00 Good Morning America

5.00 Early Morning News

GO!

6.00 Kids' Programs 12.00 The City 12.30 Eclipse Music TV 1.00 Take 40 Live Lounge: Panic At The Disco 1.30 Married With Children 2.30 Spin City 3.00 The Bachelorette 4.30 Crash Course 5.30 Wipeout USA

6.30 The Middle

7.30 Two And A Half Men

8.00 The Big Bang Theory

8.30 Teen Mum

9.30 Movie: Four Holidays (M 2008) US comedy. Vince Vaughn, Reese Witherspoon

11.30 Gossip Girl (M) 12.30 Miss Popularity 1.30 Reno 911 (M) 2.00 Home Shopping 4.00 Just Shoot Me 4.30 TMZ 5.00 Married With Children 5.30 The Flintstones

GEM

6.00 Religion 6.30 Movie: The Green Man (G 1957) UK comedy. Alastair Sim, Terry Thomas

8.10 Movie: Blue Murder At St Trinians (G 1957) UK comedy. Terry Thomas, Alastair Sim

10.00 The Conquest Of Everest

11.35 Movie: 4 For Texas (PG 1963) Western. Frank Sinatra, Dean Martin

2.00 Movie: Mogambo (PG 1953) US drama. Clark Gable, Ava Gardner

4.30 The Golden Girls

5.30 Getaway

6.00 Rugby World Cup LIVE – Quarter final: New Zealand v Argentina

8.30 Movie: Misery (M 1990) US thriller. Kathy Bates, James Caan

10.45 Friends

11.45 Movie: 7 Women (M 1966) US drama. Anne Bancroft, Sue Lyon

1.30 The Golden Girls

2.00 Home Shopping

4.30 Religion

5.00 The Golden Girls

5.30 Today

ABC 1

4.00 rage (G) 5.00 Art Nation 5.30 At The Movies 6.00 ABC News Breakfast 9.30 Business Today 10.00 Kids' Programs 11.00 Landline 12.00 Midday Report 12.30 Monarch Of The Glen 1.30 Cheese Slices 2.00 Poirot 3.00 Kids' Programs

6.00 Time Team

7.00 ABC News

7.30 7.30

8.00 Australian Story

8.30 Four Corners

9.15 Media Watch

9.35 Q&A

10.30 Lateline

11.05 Lateline Business

11.35 Darling Buds Of May

12.30 Monarch Of The Glen

1.20 Animal Tales

2.00 Australian Indoor Bowls

ABC 2

6.00 Kids' Programs

7.00 Spicks And Specks

7.30 Rude Boy Food

8.00 Outnumbered

8.30 Father & Son (M)

9.30 Breaking Bad (MA)

10.20 Graham Norton Show (M)

11.05 The Prisoner (M) 11.55 Gimme, Gimme, Gimme (M) 12.25 Extras (M) 12.55 Later... With Jools Holland

2.00 Close

ABC 3

6.05am to 5.30pm Kids' Programs

6.00 Stoked

6.25 Pixelface

7.10 Black Hole High

7.35 Deltora Quest

8.30 Deggrassi: The Next Generation

9.00 Close

ABC NEWS 24

4.00 ABC News 4.05 Big Ideas 5.00 ABC News 5.15 Rural Quarter 5.30 Asia Pacific Focus 6.00 ABC News Breakfast 9.00 ABC News 9.30 Business Today 10.00 ABC News 12.30 Inside Business 1.00 ABC News 2.30 Asia Pacific Focus 3.00 Afternoon Live 5.30 Capital Hill 5.45 Finance Quarter 6.00 ABC News 6.05 The Drum 6.45 Health Quarter 7.00 ABC News 7.30 7.30 8.00 ABC News 8.30 Lateline Business 9.00 The World 9.30 Q&A 10.30 ABC News 11.00 The Drum 11.45 Health Quarter 12.00 ABC News 12.20 Lateline 1.00 BBC News 1.30 Lateline Business 2.00 BBC World News 2.30 7.30 3.00 Lateline 3.35 Lateline Business

SBS 1

5.00 Weatherwatch 5.05 World News 1.00 Dateline 2.00 Insight 3.00 Letters And Numbers 3.30 Al Jazeera News 4.00 The Journal 4.30 Futbol Mundial 5.00 The Crew 5.30 Living Black

6.00 Letters And Numbers

6.30 World News Australia

7.30 William Shatner's Weird Or What?

8.30 Swift & Shift Couriers (M)

9.00 South Park (M)

9.30 World News Australia

10.00 This Is England '86 (M)

10.55 South Park (M) 11.30 The World Game 12.30 Living Black

1.00 Movie: The Damned Rain (M 2009) Indian drama

2.50 Weatherwatch

SBS 2

5.00 Weatherwatch 6.00 World News 6.00 Living Black 6.30 Iron Chef 7.30 Why Doesn't Maths Add Up? 8.30 Tour Of Beijing Cycling 9.30 The World Game 10.30 Movie: Red Firecracker, Green Firecracker (M 1994) Mandarin drama

12.35 Weatherwatch

TEN

6.00 Ten News 7.00 Kids' Programs 9.00 Ten News 10.00 The Circle 12.00 Dr Phil 1.00 The Doctors 2.00 Ready Steady Cook 3.00 Judge Judy 3.30 Infomercial 4.00 Huey's Kitchen 4.30 The Bold And The Beautiful

5.00 Ten News

6.30 6.30 With George Negus

7.00 The 7pm Project

7.30 Junior Masterchef

8.30 Undercover Boss Australia

9.30 Law & Order: SVU (M)

10.30 Good News World (M)

11.30 The Late Show

12.30 Saving Grace (M)

1.30 Infomercials

4.00 Religion

ELEVEN

6.00 Jag 7.00 MacGyver 8.00 The Brady Bunch 8.30 Neighbours 9.00 Touched By An Angel 10.00 7th Heaven 11.00 The Love Boat 12.00 Diagnosis Murder 1.00 Jag 2.00 MacGyver 3.00 The King Of Queens 3.30 Cheers 4.00 Roseanne 4.30 Family Ties 5.00 Happy Days 5.30 The Brady Bunch

6.00 Sabrina The Teenage Witch

6.30 Neighbours 7.00 Everybody Loves Raymond 7.30 Futurama 8.30 Supernatural (M) 9.30 Smallville (M)

10.30 The Late Late Show

11.30 Cheers

12.00 Roseanne

12.30 Sabrina The Teenage Witch

1.00 The King Of Queens

1.30 Happy Days

2.00 The Love Boat

3.00 Diagnosis Murder

4.00 Touched By An Angel

5.00 7th Heaven

ONE HD

6.00 National Football League – LIVE 10.15 ATP World Tour Tennis 10.45 Omnisport 11.15 National Football League – LIVE 2.30 Netball Test Series: Australia v England 4.30 Extreme Dreams 5.00 I Fish 6.00 Airline 6.30 Beach Patrol 7.00 Cops

7.30 Psych

8.30 Burn Notice (M)

10.30 Formula 1 Grand Prix Japan

12.30 Movie: The Buried Secret Of M. Night Shyamalan (PG 2004) US scifi. Billy Arrowood, Adrien Brody

3.00 Arsenal Football

PRIME

6.00 Sunrise 9.00 The Morning Show 11.30 Morning News 12.00 Movie: Though None Go With Me (G 2006) US drama. Cheryl Ladd, Bruce Weitz

2.00 Do Oz 3.00 Samantha Who? 3.30 Kids' Programs 4.30 Seven News 5.30 Deal Or No Deal

6.00 Prime News

6.30 Seven News

7.00 Home And Away

7.30 The X Factor

9.00 Body Of Proof (M)

10.00 Norway Massacre (M) 11.00 Suits (M) 12.00 Heroes (M) 1.00 Home Shopping 5.30 News

7TWO

6.30 Martha Stewart Show 7.30 Dr Oz 8.30 Sons & Daughters 9.00 Home & Away 9.30 Shortland Street 10.00 Coronation Street 10.30 Emmerdale 11.00 Designing Women 11.30 Deal Or No Deal 12.00 Passport To The Sun 12.40 To The Manor Born 1.15 Born And Bred 2.30 My Pregnancy 3.00 Perfect Strangers 3.30 Night Court

4.00 Movie: White Water Summer (PG 1987) US adventure. Kevin Bacon, Sean Astin

6.00 Bargain Hunt

7.00 Harry's Practice

7.30 Heartbeat

8.40 Keeping Up Appearances

9.20 Catherine Cookson's The Man Who Cried

10.45 Open All Hours

11.20 The Sweeney (M)

12.30 Movie: Badman's Territory (PG 1946) Western. Randolph Scott, Gabby Hayes

2.00 Leyland Brothers World

3.00 Room For Improvement

3.30 Passport To The Sun

4.00 Coronation Street

4.30 Emmerdale

5.00 Designing Women

5.30 Home Shopping

7MATE

6.00 Jeff Foxworthy Show 6.30 Six Million Dollar Man 7.30 Alias Smith And Jones 8.30 Adam 12 9.00 NBC Today 10.00 NBC Meet The Press 11.00 Quantum Leap 12.00 Knight Rider 1.00 Simon And Simon 2.00 Malcolm And Eddie 2.30 Newsradio 3.00 Xena 4.00 Hercules 5.00 The Drew Carey Show 5.30 According To Jim

6.00 My Wife And Kids

6.30 That '70s Show

7.30 How I Met Your Mother

8.30 Family Guy (M)

9.00 American Dad (M)

9.30 Family Guy (M)

10.30 Chaser's War On Everything (M)

11.00 Scrubs

12.00 Malcolm And Eddie

12.30 Newsradio

1.00 Six Million Dollar Man

2.00 Quantum Leap

3.00 Knight Rider

4.00 Hercules

5.00 Adam 12

5.30 Home Shopping

NBN

5.30 Today 9.00 Kerri-Anne 11.00 Danoz 12.00 The Ellen Degeneres Show 1.00 The View 2.00 Days Of Our Lives 3.00 Alive And Cooking 3.30 Kids' Programs 4.30 Afternoon News 5.30 Hot Seat

6.00 NBN News

7.00 A Current Affair

7.30 The Big Bang Theory

8.25 Lotto

8.30 The Mentalist (M)

9.30 CSI: Miami (M)

11.30 Better With You

12.00 Super League

2.00 Infomercials

3.30 Good Morning America

5.00 Early Morning News

GO!

6.00 Kids' Programs 1.00 Seinfeld 1.30 Entertainment Tonight 2.00 TMZ 2.30 Married With Children 3.00 Just Shoot Me 3.30 Kids' Programs

6.00 Seinfeld

6.30 The Big Bang Theory

7.00 Australia's Funniest Home Videos

7.30 Top Gear

8.30 Two And A Half Men (M)

9.00 The Big Bang Theory

9.30 Movie: Wolf Creek (AV 2005) Australian thriller. John Jarratt, Nathan Phillips

11.30 Chuck (M)

1.30 Reno 911 (M)

2.00 Home Shopping

4.00 Just Shoot Me

4.30 TMZ

5.00 Married With Children

5.30 The Flintstones

GEM

6.00 Today 9.00 Alive & Cooking 9.30 The Zoo 10.00 Friends 11.00 Murder, She Wrote 12.00 Movie: Soldier In The Rain (PG 1963) US comedy. Jackie Gleason, Steve McQueen

2.00 RPA

3.00 McLeod's Daughters

4.00 The Golden Girls

5.00 The Ellen Degeneres Show

6.00 Friends

7.00 The Zoo

7.30 Michaela's Animal Road Trip

8.30 Survival

9.30 Kitchen Nightmares (MA)

10.30 The Big C (M)

11.00 Weeds (M)

11.30 Friends

12.30 Murder, She Wrote

1.30 The Golden Girls

2.00 Home Shopping

4.30 Religion

5.00 The Golden Girls

5.30 Today

ABC 1

4.00 rage (G) 5.00 Q&A 6.00 ABC News Breakfast 9.30 Business Today 10.00 Kids' Programs 11.00 Big Ideas 12.00 Midday Report 12.30 Dangerous Jobs For Girls 1.30 Meerkat Manor 2.00 Parliament Question Time 3.00 Kids' Programs

6.00 Lost Gardens

7.00 ABC News

7.30 7.30

8.00 Foreign Correspondent

8.30 Rome Wasn't Built In A Day (M)

9.30 United States Of Tara (M)

10.00 Alexander McCall Smith

10.25 Lateline

11.00 Lateline Business

11.30 Four Corners

12.15 Media Watch

12.30 Parliament Question Time

1.35 Sex And Romance (MA)

2.10 Rome Wasn't Built In A Day (M)

3.00 Big Ideas

ABC 2

6.00 Kids' Programs

7.00 Spicks And Specks

7.30 Dirty Jobs

8.30 Good Game

9.00 twentysomething (M)

9.30 Sanctuary (M)

10.20 Architecture In Helsinki Live

10.45 The Graham Norton Show (M)

11.30 The Bazura Project (M) 12.05 Arrested Development 12.25 Extras (M) 1.00 Love Soup (M) 2.00 Close

ABC 3

6.05am to 5.30pm Kids' Programs

6.00 Stoked

6.25 Pixelface

7.10 Black Hole High

7.40 Deltora Quest

8.30 Degrassi

9.00 Close

ABC NEWS 24

4.00 ABC News 4.05 Rural Quarter 4.20 The Drum 5.00 ABC News 5.15 Health Quarter 5.30 Newsline 6.00 ABC News Breakfast 9.00 ABC News 9.30 Business Today 10.00 ABC News 12.30 Newsline 1.00 ABC News 2.00 Question Time 3.30 Afternoon Live 5.30 Capital Hill 5.45 Environment Quarter 6.00 ABC News 6.05 The Drum 6.45 Indigenous Quarter 7.00 ABC News 7.30 7.30 8.30 Lateline Business 9.00 The World 10.00 The Drum 10.45 Indigenous Quarter 11.30 Newsline 12.00 ABC News 12.20 Lateline 1.00 BBC News 1.30 Lateline Business 2.00 BBC World News 2.30 7.30 3.00 Lateline 3.30 Lateline Business

SBS 1

5.00 Weatherwatch 5.05 World News 1.00 Movie: In The Mood For Love (G 2000) Cantonese drama

2.45 Juvenile (M)

3.00 Letters And Numbers

3.30 Al Jazeera News

4.00 The Journal

4.30 Newshour

5.30 Global Village

6.00 Letters And Numbers

6.30 World News Australia

7.30 Insight

8.30 Operation Afghanistan

Kill/Capture

9.30 World News Australia

10.00 Hot Docs

Armadillo: Afghan Frontline (MAV)

11.55 Movie: Never On A Sunday (M 2006) Mexican comedy

2.10 Weatherwatch

SBS 2

5.00 Weatherwatch 6.00 World News 6.00 Global Village 6.30 Iron Chef 7.30 Lost Worlds Ancient discoveries

8.30 The Raising Of The K-129

9.30 Movie: Elite Squad (MAV 2007) Brazilian thriller

11.35 Movie: Sons (MA 2006) Norwegian drama

1.20 Weatherwatch

TEN

6.00 Ten News 7.00 Kids' Programs 9.00 Ten News 10.00 The Circle 12.00 Dr Phil 1.00 The Doctors 2.00 Ready Steady Cook 3.00 Judge Judy 3.30 Infomercial 4.00 Huey's Kitchen 4.30 The Bold And The Beautiful

5.00 Ten News

6.30 6.30 With George Negus

7.00 The 7pm Project

7.30 Modern Family

8.30 NCIS (M)

9.30 NCIS: Los Angeles (M)

11.30 Late Show

12.30 Saving Grace (M)

1.30 Infomercials

4.00 Religion

ELEVEN

6.00 Jag 7.00 MacGyver 8.00 The Brady Bunch 8.30 Neighbours 9.00 Touched By An Angel 10.00 7th Heaven 11.00 The Love Boat 12.00 Diagnosis Murder 1.00 Jag 2.00 MacGyver 3.00 The King Of Queens 3.30 Cheers 4.00 Roseanne 4.30 Family Ties 5.00 Happy Days 5.30 The Brady Bunch

6.00 Sabrina The Teenage Witch

6.30 Neighbours

7.00 Everybody Loves Raymond

7.30 The Simpsons 8.00 Futurama 8.30 The Simpsons 9.00 Futurama 9.30 The Office

10.30 The Late Late Show

11.30 Cheers

12.00 Roseanne

12.30 Sabrina The Teenage Witch

1.00 The King Of Queens

1.30 Happy Days

2.00 The Love Boat

3.00 Diagnosis Murder

4.00 Touched By An Angel

5.00 7th Heaven

ONE HD

6.00 NASCAR Sprint Cup 9.00 Pro Bull Riding 10.00 America's Game 11.00 World Championship Triathlon 1.30 World Of Free Sports 2.00 Fear Factor 3.00 Omnisport 3.30 Beach Patrol 4.00 Airline 4.30 Extreme Dreams 5.00 I Fish 6.00 Airline 6.30 Beach Patrol

7.00 Cops

7.30 Black Gold

8.30 Cops (M)

9.30 Can Of Worms (MA)

10.30 24 (M)

11.30 American Baseball League

2.30 Liverpool Football

5.30 FA Cup Classic

PRIME

6.00 Sunrise 9.00 The Morning Show 11.30 Morning News 12.00 Movie: Making Of A Hollywood Madam (M 1996) US drama. Michael Gross, George Segal

2.00 Dr Oz

3.00 Samantha Who?

3.30 Kids' Programs

4.30 Seven News

5.30 Deal Or No Deal

6.00 Prime News

6.30 Seven News

7.00 Home And Away

7.30 The X Factor 8.30 Packed To The Rafters 9.30 Parenthood 10.30 Hung (MA) 11.10 Parks And Recreation 11.40 Perfect Couples 12.05 House Calls To The Rescue 1.00 Home Shopping 5.30 News

7TWO

6.00 Jeff Foxworthy Show 6.30 Martha Stewart Show 7.30 Dr Oz 8.30 Sons & Daughters 9.00 Home & Away 9.30 Shortland Street 10.00 Coronation Street 10.30 Emmerdale 11.00 Designing Women 11.30 Deal Or No Deal 12.00 Passport To The Sun 12.40 To The Manor Born 1.15 Born And Bred 2.30 Murphy Brown 3.00 Perfect Strangers 3.30 Night Court

4.00 Movie: You Must Be Joking! (G 1965) UK comedy. Michael Callan, Lionel Jeffries

6.00 Bargain Hunt

7.00 Harry's Practice

7.30 Dad's Army

8.10 Keeping Up Appearances

8.50 One Foot In The Grave

9.30 Homes Under The Hammer

10.45 60 Minute Makeover

11.45 Jonathan Creek (M)

12.45 Movie: The Falcon Strikes Back (PG 1943) US action. Tom Conway, Rita Corday

2.00 Leyland Brothers World

3.00 Room For Improvement

3.30 Passport To The Sun

4.00 Coronation Street

4.30 Emmerdale

5.00 Designing Women

5.30 Home Shopping

7MATE

6.00 Jeff Foxworthy Show 6.30 Six Million Dollar Man 7.30 Alias Smith And Jones 8.30 Adam 12 9.00 NBC Today 11.00 Quantum Leap 12.00 Knight Rider 1.00 Simon And Simon 2.00 Malcolm And Eddie 2.30 Newsradio 3.00 Xena 4.00 Hercules 5.00 The Drew Carey Show 5.30 According To Jim

6.00 My Wife And Kids

6.30 That '70s Show

7.30 Mythbusters

8.30 All Worked Up (M)

9.30 Family Guy (M)

10.30 Chaser's War On Everything (M)

11.00 Scrubs

12.00 Malcolm And Eddie

12.30 Newsradio

1.00 Six Million Dollar Man

2.00 Quantum Leap

3.00 Knight Rider

4.00 Hercules

5.00 Adam 12

5.30 Home Shopping

NBN

5.30 Today 9.00 Kerri-Anne 11.00 Danoz 12.00 The Ellen Degeneres Show 1.00 The View 2.00 Days Of Our Lives 3.00 Alive And Cooking 3.30 Kids' Programs 4.30 Afternoon News 5.30 Hot Seat

6.00 NBN News

7.00 A Current Affair

7.30 Charlie's Angels

8.30 Two And A Half Men (M)

9.00 Joy Of Sets

9.30 Survivor: South Pacific

10.30 Embarrassing Bodies (M)

11.30 Better With You

12.00 20/20

1.00 Entertainment Tonight

1.30 Home Shopping

3.30 Good Morning America

5.00 Early Morning News

GO!

6.00 Kids' Programs 1.00 Seinfeld 1.30 Entertainment Tonight 2.00 TMZ 2.30 Married With Children 3.00 Just Shoot Me 3.30 Kids' Programs

6.00 Seinfeld

6.30 The Big Bang Theory

7.00 Australia's Funniest Home Videos

7.30 TBA

9.30 The Bachelorette

11.00 South Park (M)

12.00 Eclipse Music TV

12.30 Rock Rivals (M)

1.30 Reno 911 (M)

2.00 Home Shopping

4.00 Just Shoot Me

4.30 TMZ

5.00 Married With Children

5.30 The Flintstones

GEM

6.00 Today 9.00 Alive & Cooking 9.30 The Zoo 10.00 Friends 11.00 Murder, She Wrote 12.00 Movie: Are You Being Served? (PG 1977) UK comedy. Mollie Sugden, Frank Thornton

2.00 RPA

3.00 McLeod's Daughters

4.00 The Golden Girls

5.00 The Ellen Degeneres Show

6.00 Friends

7.00 The Zoo

7.30 Lion Country

8.00 Cheetah Kingdom

8.30 As Time Goes By

9.30 Sensing Murder (M)

10.30 How Clean Is Your House

11.30 Friends

12.30 Murder, She Wrote

1.10 The Golden Girls

2.00 Home Shopping

4.30 Religion

5.00 The Golden Girls

5.30 Today

ABC 1

4.00 rage (G) **5.00** Talking Heads: Lambis Englezos **5.30** Spicks And Specks **6.00** ABC News Breakfast **9.30** Business Today **10.00** Kids' Programs **11.00** Big Ideas **12.00** Midday Report **12.30** National Press Club Address **1.30** Family Fortunes **2.00** Parliament Question Time **3.00** Kids' Programs **6.30** **Country House Rescue** **7.00** **ABC News** **7.30** **7.30** **8.00** **Poh's Kitchen** **8.30** **Spicks And Specks** **9.00** **Gruen Planet** **9.30** **The Hamster Wheel** **10.00** **At The Movies** **10.35** Lateline **11.10** Lateline Business **11.40** Ganges **12.30** Parliament Question Time **1.30** Bloodlines **2.00** Country House Rescue **3.00** Big Ideas

ABC 2

6.00 Kids' Programs **7.00** **Spicks And Specks** **7.30** **Mega Builders** **8.30** **Louis Theroux** **9.30** **Kill It, Cook It, Eat It** **10.35** The Graham Norton Show **11.20** Fat And Fatter **12.15** Inside The Actors Studio: Goldie Hawn **1.00** Later... With Jools Holland **2.00** Close

ABC 3

6.05am to **5.30pm** Kids' Programs **6.00** Stoked **6.25** Pixelface **7.10** Black Hole High **7.35** Deltora Quest **8.30** Degrassi **9.00** Close

ABC NEWS 24

4.00 ABC News **4.05** Health Quarter **4.20** The Drum **5.00** ABC News **5.15** Indigenous Quarter **5.30** Newsline **6.00** ABC News Breakfast **9.00** ABC News **9.30** Business Today **10.00** ABC News **12.30** National Press Club Address **1.00** ABC News **2.00** Question Time **3.30** Afternoon Live **5.30** Capital Hill **5.45** Culture Quarter **6.00** ABC News **6.05** The Drum **6.45** Arts Quarter **7.00** ABC News **7.30** **7.30** **8.00** ABC News **8.30** Lateline Business **9.00** The World **10.00** ABC News **10.05** The Drum **10.45** Arts Quarter **11.00** ABC News **11.30** Newsline **12.00** ABC News **12.20** Lateline **1.00** BBC News **1.30** Lateline Business **2.00** BBC World News **2.30** **7.30** **3.00** Lateline **3.35** Lateline Business

SBS 1

5.00 Weatherwatch **5.05** World News **1.00** **Movie: Himalaya** (PG 1999) French drama **3.00** Letters And Numbers **3.30** Al Jazeera News **4.00** The Journal **4.30** Newshour **5.30** Global Village **6.00** Letters And Numbers **6.30** **World News Australia** **7.30** **Amazon** **8.30** **One Born Every Minute** **9.30** **World News Australia** **10.05** **Movie: The Kite Runner** (M 2007) US drama **12.15** 112 Emergency **1.50** Weatherwatch

SBS 2

5.00 Weatherwatch **6.00** World News **6.00** **Global Village** **6.30** **Iron Chef** **7.30** **Inspector Rex** **8.30** **Spiral** (M) **9.30** **Movie: In The Battlefields** (M 2004) Lebanese drama **11.05** **Movie: Ushpizin** (PG 2004) Hebrew comedy **12.35** Weatherwatch

TEN

6.00 Ten News **7.00** Kids' Programs **9.00** Ten News **10.00** The Circle **12.00** Dr Phil **1.00** The Doctors **2.00** Ready Steady Cook **3.00** Judge Judy **3.30** **Spiral** (M) **4.00** Huey's Kitchen **4.30** The Bold And The Beautiful **5.00** **Ten News** **6.30** **6.30 With George Negus** **7.00** **The 7pm Project** **7.30** **The Renovators Auction** **9.30** **Hawaii Five-O** (M) **10.30** **Test Series Netball** Australia v England **12.00** Late Show **1.00** Infomercials **4.00** Religion

ELEVEN

6.00 Jag **7.00** MacGyver **8.00** The Brady Bunch **8.30** Neighbours **9.00** Touched By An Angel **10.00** 7th Heaven **11.00** The Love Boat **12.00** Diagnosis Murder **1.00** Jag **2.00** MacGyver **3.00** The King Of Queens **3.30** Cheers **4.00** Roseanne **4.30** Family Ties **5.00** Happy Days **5.30** The Brady Bunch **6.00** **Sabrina The Teenage Witch** **6.30** **Neighbours** **7.00** **Everybody Loves Raymond**

7.30 The Simpsons **8.00** Futurama **8.30** The Simpsons **9.00** Futurama **9.30** **The Cleveland Show** (MA) **10.30** The Late Late Show **11.30** Cheers **12.00** Roseanne **12.30** Sabrina **1.00** The King Of Queens **1.30** Happy Days **2.00** The Love Boat **3.00** Diagnosis Murder **4.00** Touched By An Angel **5.00** 7th Heaven

ONE HD

6.00 American Baseball League **9.00** Pro Bull Riding **10.00** NFL Total Access **11.00** America's Game **12.00** World Championship Triathlon **1.00** NASCAR Nationwide Series **2.00** NASCAR Sprint Cup **3.00** Omnispport **3.30** Beach Patrol **4.00** Airline **4.30** Extreme Dreams **5.00** I Fish **6.00** Airline **6.30** Beach Patrol **7.00** Cops **7.30** **Fear Factor** **8.30** **Cops** (M) **9.30** **Sons Of Anarchy** (AV) **10.30** RPM **11.30** Pro Bull Riding **12.30** Ironman 2009 World Championship **1.30** WRC Access All Areas **2.30** National Football League **5.00** ATP World Tour Tennis **5.30** FA Cup Classic

PRIME

6.00 Sunrise **9.00** The Morning Show **11.30** Morning News **12.00** **Movie: McBride – Dogged** (M 2007) US drama. John Larroquette, Matt Lutz **2.00** Dr Oz **3.00** Samantha Who? **3.30** Kids' Programs **4.30** Seven News **5.30** Deal Or No Deal **6.00** **Prime News** **6.30** **Seven News** **7.00** **Home And Away**

7.30 The One – Australia's Most Gifted Psychic **8.30** **Criminal Minds** (M) **9.30** **Law & Order: LA** (M) **10.30** **Great Escapes** (M) **11.30** Gangs Of Oz (M) **12.30** Home Shopping **5.30** News

7TWO

6.30 Martha Stewart Show **7.30** Dr Oz **8.30** Sons & Daughters **9.00** Home & Away **9.30** Shortland Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Designing Women **11.30** Deal Or No Deal **12.00** Passport To The Sun **12.40** To The Manor Born **1.15** Born And Bred **2.30** Murphy Brown **3.00** Perfect Strangers **3.30** Night Court **4.00** **Movie: The Tiger Makes Out** (PG 1967) US comedy. Eli Wallach, Anne Jackson **6.00** **Bargain Hunt** **7.00** **Harry's Practice** **7.30** **Heartbeat** **8.40** **Ruth Rendell's Mysteries** (M) **11.00** Mrs Bradley Mysteries (M) **12.00** Minder **1.00** Passport To The Sun **1.30** Room For Improvement **2.00** Coronation Street **2.30** Emmerdale **3.00** Home Shopping **4.00** NBC Today

7MATE

6.30 Six Million Dollar Man **7.30** Alias Smith And Jones **8.30** Adam **12** **9.00** NBC Today **11.00** Quantum Leap **12.00** Knight Rider **1.00** Simon And Simon **2.00** Malcolm And Eddie **2.30** Newsradio **3.00** Xena **4.00** Hercules **5.00** The Drew Carey Show **5.30** According To Jim **6.00** **My Wife And Kids** **6.30** **That '70s Show**

7.30 Pimp My Ride **8.30** **Hardcore Pawn** (M) **9.30** **American Pickers** **10.30** **Operation Repo** (M) **11.30** Extreme Jobs **12.00** Malcolm And Eddie **12.30** Newsradio **1.00** Six Million Dollar Man **2.00** Knight Rider **3.00** Home Shopping **3.30** Room For Improvement **4.00** NBC Today **5.00** Adam **12** **5.30** Home Shopping

NBN

5.30 Today **9.00** Kerri-Anne **11.00** Danoz **12.00** The Ellen Degeneres Show **1.00** The View **2.00** Days Of Our Lives **3.00** Alive And Cooking **3.30** Kids' Programs **4.30** Afternoon News **5.30** Hot Seat **6.00** **NBN News** **7.00** **A Current Affair** **7.30** **Send In The Dogs Australia** **8.25** Lotto **8.30** **CSI** (M) **9.30** **Prime Suspect** (M) **10.30** **Who Do You Think You Are?** **11.30** Better With You **12.00** Eclipse Music TV **12.30** What Would You Do? **1.30** Home Shopping **3.30** Good Morning America **5.00** Early Morning News

GO!

6.00 Kids' Programs **1.00** Seinfeld **1.30** Entertainment Tonight **2.00** TMZ **2.30** Married With Children **3.00** Just Shoot Me **3.30** Kids' Programs **6.00** **Seinfeld** **6.30** **The Big Bang Theory** **7.00** **Australia's Funniest Home Videos** **7.30** **Top Gear** **8.30** **Two And A Half Men** (M)

9.00 **The Big Bang Theory** **9.30** **Movie: Be Cool** (M 2005) US comedy. Uma Thurman, John Travolta

12.00 South Park (M) **12.30** V (M) **1.30** Reno 911 (M) **2.00** Home Shopping **4.00** Just Shoot Me **4.30** TMZ **5.00** Married With Children **5.30** The Flintstones

GEM

6.00 Today **9.00** Alive & Cooking **9.30** The Zoo **10.00** Friends **11.00** Murder, She Wrote **12.00** **Movie: Five Golden Dragons** (PG 1967) UK action. Robert Cummings, Margaret Lee **2.00** RPA **3.00** McLeod's Daughters **4.00** The Golden Girls **5.00** The Ellen Degeneres Show **6.00** **Friends** **7.00** **The Zoo** **7.30** **Wild South America** Andes to Amazon **8.30** **Who Do You Think You Are?** **9.30** **The Closer** (M) **10.30** **Rizzoli & Isles** (M) **11.30** Conan (M) **12.30** Murder, She Wrote **1.30** The Golden Girls **2.00** Home Shopping **4.30** Religion **5.00** The Golden Girls **5.30** Today

PLEASE NOTE: *The Echo* takes great care producing this guide, but unfortunately TV stations like to tinker with things at the last minute and sometimes make changes after we have gone to print.

ABC 1

4.00 rage (G) **5.00** National Press Club Address **6.00** ABC News Breakfast **9.30** Business Today **10.00** Kids' Programs **12.00** Midday Report **12.30** Hope Springs **1.30** Mother And Son **2.00** Parliament Question Time **3.00** Kids' Programs **6.30** **Mastercrafts** Thatching **7.00** **ABC News** **7.30** **7.30** **8.00** **QI** **8.30** **The Slap** (M) **9.30** **Crownies** (M) **10.30** **Lateline** **11.05** Lateline Business **11.35** Make 'Em Laugh (M) **12.30** Parliament Question Time **1.30** **QI** **2.00** **Movie: Women Of Twilight** (PG 1952) UK drama. Freda Jackson, René Ray **3.30** The Occasional Cook

ABC 2

6.00 Kids' Programs **7.00** **Spicks And Specks** **7.30** **Bad Guys Dead Ahead** **8.30** **Arrested Development** **9.00** **The Bazura Project** (M) **9.30** **Gruen Planet** **10.05** **twentysomething** (M) **10.35** **The Hamster Wheel** **11.05** Graham Norton Show (M) **11.55** Bad Guys Dead Ahead **12.40** Later... With Jools Holland **1.40** Close

ABC 3

6.05am to **5.30pm** Kids' Programs **6.00** Stoked **6.25** Pixelface **7.10** Black Hole High **7.35** Deltora Quest **8.30** Degrassi **9.00** Close

ABC NEWS 24

4.00 ABC News **4.05** Indigenous Quarter **4.20** The Drum **5.00** ABC News **5.15** Arts Quarter **5.30** Newsline **6.00** ABC News Breakfast **9.00** ABC News **9.30** Business Today **10.00** ABC News **12.30** Newsline **1.00** ABC News **2.00** Question Time **3.30** Afternoon Live **5.30** Capital Hill **5.45** Rural Quarter **6.00** ABC News **6.05** The Drum **6.45** Consumer Quarter **7.00** ABC News **7.30** **7.30** **8.00** ABC News **8.30** Lateline Business **9.00** The World **10.00** ABC News **10.05** The Drum **10.45** Consumer Quarter **11.00** ABC News **11.30** Newsline **12.00** ABC News **12.30** Lateline **1.00** BBC News **1.30** Lateline Business **2.00** BBC World News **2.30** **7.30** **3.00** Lateline **3.30** Lateline Business

SBS 1

5.00 Weatherwatch **5.05** World News **1.00** Food Lovers' Guide To Australia **1.30** Dateline **2.30** Everyone Loves A Wedding **3.00** Letters And Numbers **3.30** Al Jazeera News **4.00** The Journal **4.30** Newshour **5.30** Global Village **6.00** Letters And Numbers **6.30** **World News Australia** **7.30** **Gourmet Farmer** Wild food **8.00** **Luke Nguyen's Vietnam** **8.30** **Supersizers Go...** **9.30** **World News Australia** **10.00** **Big Love** **11.05** **Movie: Satanas** (MAV 2007) Colombian drama **1.00** **Movie: Secret Agents** (M 2004) French thriller **2.50** Weatherwatch

SBS 2

5.00 Weatherwatch **6.00** World News **6.00** **Global Village** **6.30** **Iron Chef** **7.30** **Trails From The East** Malaysia **8.30** **WikiRebels** (M) **9.35** **Movie: If I Want To Whistle, I Whistle** (M 2010) Romanian drama **11.15** **Movie: Days And Clouds** (M 2007) Italian drama **1.25** Weatherwatch

TEN

6.00 Ten News **7.00** Kids' Programs **9.00** Ten News **10.00** The Circle **12.00** Dr Phil **1.00** The Doctors **2.00** Ready Steady Cook **3.00** Judge Judy **3.30** Infomercial **4.00** Huey's Kitchen **4.30** The Bold And The Beautiful **5.00** **Ten News** **6.30** **6.30 With George Negus** **7.00** **The 7pm Project** **7.30** **Recruits Paramedics** **8.30** **Rush** (M) **9.30** **Law & Order: SVU** (M) **11.30** Late Show **12.30** Eureka (M) **1.30** Infomercials **4.00** Religion

ELEVEN

6.00 Jag **7.00** MacGyver **8.00** The Brady Bunch **8.30** Neighbours **9.00** Touched By An Angel **10.00** 7th Heaven **11.00** The Love Boat **12.00** Diagnosis Murder **1.00** Jag **2.00** MacGyver **3.00** The King Of Queens **3.30** Cheers **4.00** Roseanne **4.30** Family Ties **5.00** Happy Days **5.30** The Brady Bunch **6.00** **Sabrina The Teenage Witch** **6.30** **Neighbours**

7.00 Everybody Loves Raymond **7.30** The Simpsons **8.30** **Star Trek Next Generation** **10.30** **The Late Late Show** **11.30** Cheers **12.00** Roseanne **12.30** Sabrina The Teenage Witch **1.00** The King Of Queens **1.30** Happy Days **2.00** The Love Boat **3.00** Diagnosis Murder **4.00** Touched By An Angel **5.00** 7th Heaven

ONE HD

6.00 American League Baseball **9.00** This Week In Baseball **9.30** Pro Bull Riding **10.30** NFL America's Game **11.30** Magic Of The FA Cup **1.00** Black Gold **2.00** RPM **3.00** Omnispport **3.30** Beach Patrol **4.00** Airline **4.30** Extreme Dreams **5.00** I Fish **6.00** Airline **6.30** Beach Patrol **7.00** Cops **7.30** **Extreme Fishing** **8.30** **Movie: Hot Shots! 2** (M 1993) US action. Charlie Sheen, Lloyd Bridges **10.15** **The Ultimate Fighter** (M) **11.15** World Rally Championship: France **12.15** Omnispport **12.30** Pro Bull Riding **1.30** Omnispport **2.00** NFL America's Game **3.00** OneAsia Tour Golf

PRIME

6.00 Sunrise **9.00** The Morning Show **11.30** Morning News **12.00** **Movie: Someone Is Watching** (M 2002) US drama. Stefanie Powers, Martin Neufeld **2.00** Dr Oz **3.00** Samantha Who? **3.30** Kids' Programs **4.30** Seven News **5.30** Deal Or No Deal **6.00** **Prime News** **6.30** **Seven News** **7.00** **Home And Away**

7.30 **Four Weddings** **8.30** **Beauty & The Geek Aust** **9.30** **The Amazing Race** **10.30** **Outsourced** **11.30** Off The Map (M) **12.30** Home Shopping **5.30** News

7TWO

6.30 Martha Stewart Show **7.30** Dr Oz **8.30** Sons & Daughters **9.00** Home & Away **9.30** Shortland Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Designing Women **11.30** Deal Or No Deal **12.00** Passport To The Sun **12.40** To The Manor Born **1.15** Born And Bred **2.30** Murphy Brown **3.00** Perfect Strangers **3.30** Night Court **4.00** **Movie: Sail A Crooked Ship** (PG 1962) US comedy. Robert Wagner, Dolores Hart **6.00** **Bargain Hunt** **7.00** **Harry's Practice** **7.30** **The Royal** **8.30** **William And Mary** (M) **10.30** **Movie: Hidalgo** (M 2004) US adventure. Viggo Mortensen, Omar Sharif **1.20** The World Around Us **2.15** Leyland Brothers World **3.10** Room For Improvement **3.30** Passport To The Sun **4.00** Coronation Street **4.30** Emmerdale **5.00** Designing Women **5.30** Home Shopping

7MATE

6.30 Six Million Dollar Man **7.30** Alias Smith And Jones **8.30** Adam **12** **9.00** NBC Today **11.00** Quantum Leap **12.00** Knight Rider **1.00** Simon And Simon **2.00** Malcolm And Eddie **2.30** Newsradio **3.00** Xena **4.00** Hercules **5.00** The Drew Carey Show **5.30**

According To Jim **6.00** **My Wife And Kids** **6.30** **That '70s Show** **7.30** **Ice Road Truckers** **8.30** **Lockdown** (M) **9.40** **Operation Repo** (M) **10.40** Jail (M) **11.35** Helioggers (M) **12.30** Newsradio **1.00** Six Million Dollar Man **2.00** Quantum Leap **3.00** Knight Rider **4.00** Hercules **5.00** Adam **12** **5.30** Home Shopping

NBN

5.30 Today **9.00** Kerri-Anne **11.00** Danoz **12.00** The Ellen Degeneres Show **1.00** The View **2.00** Days Of Our Lives **3.00** Alive And Cooking **3.30** Kids' Programs **4.30** Afternoon News **5.30** Hot Seat **6.00** **NBN News** **7.00** **A Current Affair** **7.30** **RBT** **8.30** **Unforgettable** (M) **9.30** **CSI: Miami** (M) **10.30** **Chase** (M) **11.30** Better With You **12.00** Rubicon (M) **1.00** Entertainment Tonight **1.30** Skippy **2.00** Infomercials **3.30** Good Morning America **5.00** Early Morning News

GO!

6.00 Kids' Programs **1.00** Seinfeld **1.30** Entertainment Tonight **2.00** TMZ **2.30** Married With Children **3.00** Just Shoot Me **3.30** Kids' Programs **6.00** **Seinfeld** **6.30** **The Big Bang Theory** **7.00** **Australia's Funniest Home Videos** **7.30** **My Dad Says** **8.30** **The Big Bang Theory**

9.30 **Movie: Guess Who** (M 2005) US comedy. Bernie Mac, Ashton Kutcher **11.40** The Ultimate Fighter (M) **12.40** Tool Academy (M) **1.30** Reno 911 (M) **2.00** Home Shopping **4.00** Just Shoot Me **4.30** TMZ **5.00** Married With Children **5.30** The Flintstones

Saving Club Sportsmans Lunch

After Queensland’s record-breaking six series wins in a row on Wednesday night, Salt SLSC has announced that Queensland Coach and Rugby League legend, MalMeninga will be one of the guest speakers at their 7th Annual Salt SLSC Sportsman’s Lunch.

Big Mal will be entering Blues territory to share his many stories of footy, fame, locker-room antics and of course how he led Queensland



to six straight State Of Origin series victories.

Mal will also be joined by Sam Kekovich, AFL legend and champion of lamb for a hilarious afternoon of footy stories from greats of both codes.

The 7th Annual Salt Surf Life Saving Club Sportsman’s lunch will be held at Saltbar Beachbar and Bistro on Friday October 14 with funds raised from the event going to support the Salt SLSC.

SPORT RESULTS

BOWLS
Cabarita Beach Men
Club 4s Championship Semifinal: Sam Di-mario, Julian Richards, Cecil Shepherd and Steven Anderson def C Mantell, B Parr, R Maunders and Mick Morgan 24 points to 16. B Grade Pairs Semifinal Greg Goode and David Crow defeated Gary Minnards and Tony Cox 26 points to 19. Danny Vegter and Bob Gormley defeated Jason Clarke and Ray Millington 18 points to 15.
Wednesday September 21 Winners were Tony Cox and Chris Mullins. Runners Up were Mal Cox and Serge Brecard. Consolation went to Dave Crow and Serge Brecard.
Monday September 26 Winners were Dave Crow and Serge Brecard. Runners Up were Mario Azzopardi and Bernie Lamberton and Consolation went to Graham Lake and Derek Hopps.
Wednesday September 28; Winners were B Verrell and Pat Glancy. Runners Up were Ian Turnbull and Derek Hopps. Consolation went to Jack McArdle and Ces Shepphard.
Monday October 3 Winners were K Coyte and Barry Shepphard. Runners Up were Tom Hunter and Barry Griffiths. Consolation went to Ian Creelman and Woody.
Cabarita Beach Women
October 4: C Grade Singles Final. Congratulations to Michelle Mantell, winner of this event and runner-up Nancy Dodds.
Social Bowls: Winning Rink Margaret Watson, Marlene Lambert and Jocelyn Simpson. Consolation prize went to Fay Wright, Valerie Edwards and June Maitre. Raffles were won by Robyn Darling, Sadie Vincent and Marlene Lambert.
Cudgen Leagues Ladies
Congratulations to Eileen Burke & Bev Hall winners of the Club Selected Pairs final played on Friday Sept 23, & to Runners up Beryl Mapp & Lorraine Sandall, well done.
Cudgen Men
Major/Minor championships continue to go down to the wire with results for this week being F. Smith & P. Tindale victorious over B. Bell & G. Border 25/23 while J. Haze & P Prichard defeated G. Ellen & B. Cusack 19/13. Social games saw Monday’s Mixed Mufti winners D. Hodson, A. Reid & M. Hodson take out the cash and on Wednesday Mens winners were F. Smith & P. Tindale with the losing rink going to J. McDonald, B. Knight & G. Whelan, Fridays pairs game was won by Speedy & D. North.
Kingscliff Ladies
Social Play, Wednesday, September 28: Rink Winners:J. Duffy, B. Mirls, E. Downes Consistency Singles Played Wednesday, September 28: D. Jones defeated B. Jack; J. Scott defeated W. Butler; S. Akers defeated C. Smith; J. Bonett won on forfeit from J. Mitchell.
Kingscliff Men
Pennants Division 1 won all three rinks to record a 39 shot win against Tugun. Division 3 defeated the 3rd placed Tugun by 5 shots. Division 6 also had a 39 shot win to defeat Beenleigh. Division 9 while, not winning, only went down by 5 shots to the higher placed Tugun.
Majo Minor Pairs: The following game has been called for Saturday 8th October. C Lane, P Murphy v R Lewis, K Liddington. Roll up at 9:00am.
Social Bowls Results: Tuesday 27th September Amcal Open Pairs: Winners: J Brinsmead, D Roughley. Runners Up: P Crompton, T Abraham. Plate Winners: I Azzopardi, L Willoughby. Thursday 29th September: Winners: B Beattie, B Morrow, J Brinsmead; W Wood, T Dimmock, J Findlay. Plate Winners: J Reason, R Raeburn, R Amour.
Saturday 1st October: Social bowlers Winners: B Morrow, R Payne, B Beattie. Plate Winners: D Clark, R Norris, A Hansen.
Pottsville Men
Wednesday September 28th 2011 Winners: D. Appleton – B. Clarke – J. Banks. Runners-up: M. Delaney – G. Crawley – D. Moir Consolation: B. White – C. Gallagher – D. Dever. Championship Mixed Pairs: G. Sawtell – M. Comerford. Runners Up : C. Moir – K. Coyte

Score 25-14.
South Tweed Ladies
Thursday 29th Sept: Winners: V.Gravolin - D.O’Neil: Winner Losing Rink : G.O’Leary - M.Dare.
Tuesday 4th October: Winners: J.Leckie - J. Brand S.Gordon: Winner of Losers: A.Howard C.Stevens N.Renwick: Jackpot won by: M.Hubbard C.Cornwaith M.Santos:
Tweed Byron District Women
District Competition, 29th and 30th September .
32 teams from Clarence River, Northern River, Mid North Coast and Tweed Byron Districts-faced off for the coveted prize. Congratulations to Clarence River District, this year’s winner of this competition and all the ladies who were selected to represent their district. Winner of the T.B.D. Major Raffle was Betty Croft (Mullumbimby), 2nd prize was won by Fay Parkes (Brunswick Heads) and 3rd prize went to Joan Bartlett (Ocean Shores).
Tweed Heads Ladies
Monday Indoor Singles: K. Thatcher def. L. Rayward, D. Cunningham def. B. Makin B. Gates def. J. Pearce.
Wednesday Indoor Singles: K. Thatcher def. K. Figura. Indoor Pairs: L. Hodsdon, B. Bradley def. L. Elsey, P. Griffith, E. Ebsworth, M. Wright def. L. Robins, D. Kendall, S. Goldsmith, H. Ramsay def. J. Roche, S. Lusby
Triples Final: L. Hodsdon, B. Bradley, S. Hanlon def. C. Hawkins, J. Smith, L. Rayward
Star of the Green: N. Wise, def. J. Youl
Wednesday Ladies Pairs: B. Bryant, K. Robinson def. V. Moore, R. Curtis, P. Mann, J. Finney, def. N. Wise, D. Turner, L. A. French, A. Plowright def. E. Bartrim, H. Mason, M. Rodgers, I. Muldoon def. B. LeBouef, N. Bell, D. Duncan, J. Gilroy, def. F. Martin, P. Dearlove, G. Wood, E. Simpson, R. Davies def. J. Clark, M. VanRunt, J. Alcott.
Tweed Heads Men
Pennants Round 9 [last sectional round] results played Saturday October 1
Div 1 V Musgrave Hill lost 42/63 no points, Div 2 V Mudgeeraba lost 57/70 no points, Div 4 V Beenleigh won 75/55 2 points, Div 5 V Broadbeach lost 50/63 no points, Div 6 V Beaudesert lost 64/71 no points, Div 7 V Mudgeeraba won 71/37 2 points, Div 8 V Beaudesert won 70/57 2 points, Div 9 V Musgrave Hill lost 53/73 no points
Championships:
Mixed Pairs: Final: Bernice Bryant and Leon Harvey beat Trish Dixon and Greg Ash 20/18 coming from behind with 2 ends to play.
Social Results Sun Sept 25: Green 1: Mike McDonald, Jill Clarke, Ngarie Matheson, Ron Edwards; r/up: Trevor Bauerchse, Phyllis Dwyer, Tony and Linda Kattenberg.
Green 2: Joan Lyon, Tony and Pam Govett, Ken Calvert; r/up: Ruth and Max Reiter, Doreen and George Kendall
Tues Sept 27: Men: winners: Laurie Rea, Trevor Smith, Max Reiter, George Kendall; r/up: Cliff Dury, Stan Nicol, Tom Reeves, Les Morrison. Ladies: winners: Yvonne Woolsten-craft, Dawn Cramb, Estelle Bartram r/up: Gail Gorgenyi, Adrienne Nash, Marlene Gwynne, Marie Purcell.
Wed Sept 28: Highest Winning Margin Green 1: Allan Davis, Doug Grenfell + 11; r/up: John Reardon, Dennis Freeman + 9
Green 2: Ian Nixon, John Rayward, Fred McIntyre + 16; r/up: Laurie Cooper, Terry Patton, Bernie Fletcher + 4 on c/b
Green 3: Frank McPhillips, Roger Sydenham, Peter Benson + 25; r/up: Gordon Wright, Gary Clarkson, Charles Merriman, John Heath + 23.
Fri Sept 30: Green 1: Richard Mills, Ron Edwards, Jim Croghan; r/up: Geoff Green, George Kendall, Dennis Agnew
Green 2: Ray White, Jim Maynard, Russell Iuland; r/up: John LeBoeuf, Tom Wotton, Bill Grose
Green 3: Ron Hodsdon, Dennis Lusby, Ron Duckworth; r/up: Frank Birkin, John Sieben, Errol Perkins
Sat Oct 1: Winners: Lidia Vlismas, Lidia Elsey; r/up: Ian Nixon, Ray Carter.

GOLF
Chinderah Seniors Social Golf
Results for 25/9/2011 Stroke & Monthly Med-al. Winner Monthly Medal Richard Girdle-stone (c/back).
Winner A grade Glen Henry net 57 new h/cap 8, R/up Robert Northey net 58 - new h/cap 11.
Winner B grade Richard Girdlestone net 56 new h/cap 13, R/up Margaret Watson net 57 new h/cap 13.
Winner C grade Margaret Hope net 56 new h/cap 30, R/up Gary Freeman net 59 (c/back) new h/cap 23.
Ball rundown to net 62(c/back)
Results for 29/9/2011 Stableford
Winner A grade David Frazer 41 points new h/cap 11, R/up Betty Tolley 37 points new h/cap 10.
Winner B grade John Hunter 42 points new h/cap 19, R/up Narelle Frazer 41 points (c/back) new h/cap 23. Ball rundown to 39 points.
Murwillumbah
Monday September 26th Veterans individual stableford medley A.Grade winner L.Morris 42 pts r.up K.Blyth 41 pts B.Grade J.Kuhne 39 pts r.up R.Brims 38 pts Women Winners P.Buckler 37 pts r.up L.Turner 34 pts N/Pin 2nd K.Bullen 8th D.White 10th C/Someerville 14th M.Lackey B.R.D 36 pts Wednesday September 28th Individual Stableford Winner a.grade J.Harris 44 pts R.Up S.Derepas 42 pts b.winner J.Lindenthal 42 pts r.up G.Hughes 40 pts N/Pin 2nd P.Heath 8th M.Secomb Winner 4.B.B.B. m.Lawson & P.Putland 48 pts c.b.r.up L.Rada & G.Thorburn 48 pts B.R.D to 45 pts c.b Wednesday 9 hole sporters Winner G.hughes 21 pts n.pin 8th A.McClean 14th g.Austin b.r.d. to 19 pts c.b Veterans Winners C.Somerville & R.Masiar 47 pts c.b Friday September 30th winner M.Kohler 41 pts Members D.Noonan 42 pts b.r.d.to 38 pts c.b Saturday October 1st Individual Stableford in 4 Grades A.Winner G.Rosenbaum 42 pts R.Up B.McClean 40 pts Winner B.Grade R.Masiar 40 pts r.up M.Lawson 39 pts C.Grade G.Clarke 40 pts r.up A.Smith 40 pts D.Grade W.Henderson 42 pts R.Up J.quinn 41 pts N.Pin 2nd C.Read B.R.D 34 pts c.b. Sunday October 2nd Individual Stableford Winner Women B.Blunden 33 pts Members D.Bateman 39 pts B.R.D. to 32 pts c.b
SHOOTING
Murwillumbah Pistol Club
27-Sept-11: Sports Pistol - B Clinch 611, A Gazzard 603, P Cusack 601, B Wenban 593, A Uren 592, J Kilpatrick 543, R Kilparick 516, B Thompson 494.
Ladies Air Pistol - T Clinch 357, E Reid 311. Air Pistol - D Reid 548.
28- Sept- 11: Air Pistol - A Berry 587, P Melnikas 585, B Thompson 568, R Cavanagh 566, L Blair 542, J Lumsden 533. Ladies Air Pistol- E Reid 373, A Gazzard 362.
1 - Oct - 11: Standard Pistol - R Fleming 601, P Melnikas 597, L Allen 579, A Berry 578, S Stebbing 545, S Dundon 542, J MacLachlan 524, J Hoctor 517, A Gazzard 511, B Kleem 504, K Hansen 491, J Gove 473, R Rees 470. Ladies Air - E Reid 378. Air Pistol D Reid 526. 2 - Oct - 11: Rifle- E Reid 593, J Lumsden 579, J Guinary-Smith 546, D Gazzard 533, B Cornford 518.
Air Pistol - D Reid 556. Ladies Air - E Reid 396. Free Pistol -A Gazzard 554.
Murwillumbah Rifle Club
Murwillumbah Rifle Club celebrated 110th Birthday on 1-10-2011.
Fullbore: 300 yards: B Barrett 88.6, 14, 102.6; D Phippard 99.10, 2, 101.10; S.Waddell 96.7, 2, 98.7; W Shoobridge 95.10, 2, 97.10.
Scope: C Freeman 103.1, 18, 121.1; P.Weeks 107.3, 10, 117.3.
Smallbore: 50 metres: G Johnston 386, 18, 406; Rama 395, 9, 404; C Freeman 388, 13, 401; A Cronk 400, 0, 400; W Shoobridge 394, 6, 400; W Sunderland 395, 4, 399; R Millingen 392, 7, 399; G MacMahon 392, 7, 399; R Couch 387, 11, 398; P Loxley-Lewis 383, 15, 398; A Glover 382, 13, 395; J Malek 377, 17, 394; W Pulkownik 360, 33, 393.

No fish? Raid Pete’s stash



David Solano

I fished the river all weekend, hitting all the usual spots, but I failed to get anything worthy of a mention. The weather was good, I was up early enough, so what happened? Where did all those nice fish go? Anyone I saw fishing I would ask how they were doing.

I ran across the famous tournament fisho Ben Godfrey, or God Benfrey as some people call him, because the guy is a weapon when it comes to lure fishing. Ben told me all he could catch were rats (little bream); he was at least catching something while most other people I chatted to were struggling to get a bite.

Jayden my neighbour and his dad Pete spent Saturday night on the river with me. Pete is just getting into soft plastics and I think you could say he is hooked. Flathead seem to be like the training wheels for soft-plastic fishing as the lizards love them. They

are a good fighting fish, apparently one of the quickest off the mark, so they are a lot of fun and if it wasn’t for them I would have questioned soft plastics’ effectiveness.

Another thing with flatties is they have such a big mouth they don’t miss when they have a go. Pete’s been catching so many lizards lately he is starting to look like one.

So what’s the difference between flathead and bream? For starters bream have a tiny mouth so a much smaller hook is required,;they have such personality these fish!

They spook easily, fight well, fight dirty; the big ones are like miniature snapper and if you hang around any structure early in the morning you can hear them smashing oysters. They have massive predator eyes, big teeth and will snap your lure off quicker than you can blink.

Why do I chase bream? Because they are so hard to catch on lures–legal ones that is.

I don’t know if I’ve mentioned this before but it took me a long time to land a legal bream on a plasti. It was in my first ABT tournament on the Clarence River and I was so excited when I landed this 26cm bream I grabbed my boater ‘Darren Love’ in a bear hug and we danced around the boat yelling and screaming. Funny stuff I know, but it was a milestone for me. But check this out: Pete next door caught one in the first week using softs, so there you go.

Pete is actually the most perfect fishing mate as he likes a snack; his backpack is full of food, you can usually call out a snack request.


Q: ‘Ah, Kit-Kat Pete?’
A: ‘Two bar snack or family pack Dave?’

MONTHLY MARKETS					
1st Sat	Brunswick Heads (02) 6628 4495				
1st Sun	Byron Bay (02) 6680 9703				
1st Sun	Pottsville (02) 6676 4555				
1st Sun	Tweed Heads (07) 5599 1714				
2nd Sat	Kingscliff 0406 724 323				
2nd Sun	The Channon (02) 6688 6433				
2nd Sun	Chillingham 0437 041 023				
2nd Sun	Lennox Head (02) 6672 2874				
2nd Sun	Coolangatta (07) 5533 8202				
2nd Sun	Tweed Heads (07) 5599 1714				
3rd Sat	Mullumbimby (02) 6684 3370				
3rd Sat	Murwillumbah Cottage Markets 0417 759 777				
3rd Sun	Ballina (02) 6687 4328				
3rd Sun	Nimbin (02) 6689 0000				
3rd Sun	Pottsville (02) 6676 4555				
3rd Sun	Tweed Heads (07) 5599 1714				
3rd Sun	Uki (02) 6679 5012				
4th Sat	Kingscliff 0406 724 323				
4th Sun	Bangalow (02) 6687 1911				
4th Sun (in 5 Sun month)	Coolangatta (07) 5533 8202				
4th Sun	Murwillumbah 0422 565 168				
4th Sun	Tweed Heads (07) 5599 1714				
5th Sun	Nimbin (02) 6689 0000				
5th Sun	Tweed Heads (07) 5599 1714				

WEEKLY FARMERS MARKETS	
Each Tue	New Brighton (02)6684 5390
Each Wed	7-11am Mur'bah (02) 6684 7834
Each Thu	8-11am Byron Bay (02) 6687 1137
Each Sat	8-11am Bangalow (02) 6687 1137
Each Sat	8am-1pm Uki (02) 6679 5438

● First quarter October 4 14:15					OCTOBER 2011 Astronomical data and tides		
○ Full moon October 12 13:06							
● Third quarter October 20 14:30							
● New moon October 27 06:56							
Day of month	Sun rise	Sun set	Moon rise	Moon set	High tide, height (m)	Low tide, height (m)	
1	S	0525	1746	0753	2205	1052,1.80; 2330,1.35	0424,0.30; 1728,0.22
Daylight Saving begins 2am – clocks forward one hour							
2	S	0624	1846	0949		1246,1.73	0615,0.41; 1932,0.31
3	M	0623	1847	1047	0007	0130,1.23; 1345,1.63	0711,0.51; 2042,0.39
4	T	0622	1847	1147	0102	0240,1.16; 1452,1.54	0815,0.59; 2153,0.43
5	W	0620	1848	1247	0150	0355,1.14; 1604,1.49	0929,0.62; 2258,0.45
6	T	0619	1848	1344	0233	0504,1.18; 1712,1.47	1041,0.61; 2352,0.43
7	F	0618	1849	1440	0311	0600,1.25; 1807,1.47	1145,0.57
8	S	0617	1850	1534	0345	0645,1.33; 1854,1.47	0037,0.41; 1240,0.52
9	S	0616	1850	1627	0417	0724,1.41; 1934,1.47	0115,0.38; 1326,0.46
10	M	0615	1851	1719	0448	0800,1.48; 2011,1.47	0147,0.37; 1406,0.42
11	T	0614	1851	1811	0519	0832,1.54; 2045,1.45	0218,0.36; 1444,0.38
12	W	0612	1852	1903	0551	0904,1.58; 2210,1.42	0247,0.36; 1519,0.36
13	T	0611	1852	1956	0624	0936,1.61; 2156,1.38	0316,0.38; 1556,0.35
14	F	0610	1853	2050	0700	1009,1.63; 2232,1.33	0346,0.41; 1633,0.36
15	S	0609	1854	2143	0740	1044,1.63; 2311,1.28	0418,0.45; 1712,0.39
16	S	0608	1854	2235	0823	1120,1.60; 2352,1.22	0452,0.49; 1754,0.42
17	M	0607	1855	2326	0911	1200,1.56	0530,0.54; 1840,0.47
18	T	0606	1855		1003	0039,1.17; 1247,1.52	0614,0.59; 1933,0.50
19	W	0605	1856	0015	1059	0133,1.13; 1341,1.48	0707,0.64; 2035,0.51
20	T	0604	1857	0100	1157	0237,1.12; 1444,1.46	0812,0.66; 2140,0.48
21	F	0603	1857	0143	1257	0348,1.16; 1552,1.47	0925,0.64; 2240,0.42
22	S	0602	1858	0223	1359	0453,1.26; 1658,1.52	1038,0.57; 2332,0.34
23	S	0601	1859	0302	1502	0548,1.39; 1757,1.58	1144,0.47
24	M	0600	1859	0340	1607	0637,1.54; 1852,1.62	0021,0.26; 1243,0.35
25	T	0559	1900	0420	1714	0725,1.68; 1945,1.64	0107,0.21; 1339,0.23
26	W	0558	1901	0502	1824	0813,1.81; 2038,1.62	0152,0.18; 1434,0.14
27	T	0557	1901	0548	1935	0900,1.90; 2131,1.56	0237,0.19; 1529,0.09
28	F	0557	1902	0638	2044	0949,1.94; 2226,1.49	0323,0.23; 1623,0.08
29	S	0556	1903	0734	2150	1040,1.94; 2321,1.40	0411,0.29; 1718,0.12
30	S	0555	1904	0833	2251	1131,1.88	0501,0.38; 1815,0.20
31	M	0554	1904	0935	2343	0017,1.32; 1225,1.78	0554,0.47; 1915,0.29

Times Eastern Daylight Saving Time. Time lags:
Ballina Boat Dock: 15 min; Byron Bay: nil; Brunswick River Highway Bridge: high 30 min, low 1 hr; Mullumbimby: 1 hr 10 min; Billinudgel: 3 hr 55 min; Chinderah: high 1 hr 30 min, low 2 hr; Terranora Inlet: high 2 hr 10 min, low 2 hr 25 min; Murwillumbah: high 2 hr 30 min, low 2 hr 50 min. **Tides in bold** indicate high tide of 1.7m or more and low tide of 0.3m or less. Data courtesy of the National Tidal Centre.





TWEED ECHO

SERVICE DIRECTORY

Full colour display ad only \$40 per week – 85mm x 28mm.
Line listing only \$80 for 12 weeks. Full year prepaid \$280.
Deadline for additions and changes is 12pm Monday.
Enquiries: 02 6672 2280 or adcopy@tweedecho.com.au

THE TWEED

Echo

ACCOUNTANTS & BOOKKEEPING

ACCOUNTANT Jeannie Anderson02 6672 4044
VIRGINIA FRANCIS MYOB, qualified, experienced, reasonable rates0434 630 953

AIR CONDITIONING

NAROS AIR CONDITIONING & VENTILATION.....07 5524 9111

cool-it

AIR CONDITIONING & REFRIGERATION

• SALES • SERVICE • INSTALLATION

Residential & commercial air conditioning with over 30 years experience
Ph: 07 5524 4439 • Fax: 07 5524 5424 • www.coolitac.com.au
BSC Lic 1180797 NSW Lic 178680C ARC AU05854

making cool waves

DAIKIN

Energy efficient. Quiet. Comfort all year round. Avoid the extremes with Daikin.

ANTENNA INSTALLATION



ARCHER

Communications

TV ANTENNA SERVICES

- Satellite systems • AM/FM radio
- Home audio • Sales • Service

Graeme Archer

Free quotes, free information, 17 years local experience, 12 month warranty on all installations

60 Poinciana Ave, Bogangar (02) 6676 0903 • 0417 496 282

ANTENNAS


Fix your **DIGITAL TV** reception **NOW**
NO FIX NO CHARGE*

*conditions apply


- DVD/ video setup • New TV sockets
- Surround sound setup • New phone sockets
- Flat TV wall mounting • Pensioner discounts
- FM radio antennas • Lic. electrical contractor

0402 022 111

www.iwire.net.au



David Levine



BLINDS & AWNINGS

Plantation Shutters
Timber Venetians
Sunscreen Roll Blinds
Roman Blinds
External Awnings
Curtains & Tracking
Shoji Screen Doors

Interior Motives

BlindDESIGN

Showroom Open Mon- Fri 9- 5pm
1/84 Centennial Ct. Byron Bay
Ph: 66808862 FREE M&Q ONSITE



BUILDING TRADES

CORBETT BUILDING Quality carpentry, steelwork & verandahs. Lic 70753C.....0407 337 855

ARCHITECTURAL

TIMBERS

JACK MANTLE

STAIRS

INTERNAL / EXTERNAL
OPEN / CLOSED RISERS

0408 740 480 / 07 5590 5696

WOOD MACHINING SERVICE

plus **CARPENTRY & JOINERY**

Sawing - Planing - Thicknessing - Routing - Mortice & Tenon

- New - Recycled - Salvaged - Slab or Stick Timber - Jambes - Sills - Doors -
- Windows - Benchtops - Furniture - Stairs - Roofs - Decks - Pergolas -
- NSW Lic 79961C - All Timber Repairs - **Quality Workmanship**

TONY 0429 038 412 026677 9519

Beautiful, Functional & Ethical



econstruct

AUSTRALIA

Designs that are

- ✓ Sustainable
- ✓ Comfortable
- ✓ Affordable

Inspired to support

- ✓ Planet
- ✓ People
- ✓ Budgets

Builders Lic. 218298C

Call to discuss your new home – 02 6684 2100
www.e-construct.com.au www.beconstruct.com

TIC

TWEED COAST

CARPENTRY

All aspects of carpentry. Qualified, friendly & professional.
Free COMPETITIVE quotes for all work – call Simon:
0427 633 703 / 02 6674 4709 Lic 227281C

CARPET CLEANING

APEX CARPET CLEANING Specialising in Bond Cleans, Any Area..... Nathan 0412 926 441

AWARD WINNING



Far North Coast
0408 232 066

Green & Clean

Carpet and upholstery cleaning, urine extraction, rust removal, heavy traffic areas, deodorising and sanitation.

Cleans deeply, dries in 1-2 hours

Commercial / Domestic / Insurance

CLEANING

HOUSE & OFFICE CLEANING Competitive prices07 5536 1773

ABSOLUTE DOMESTICS



Hard to believe, but we love *Housework*

- Cleaning • Washing
- Ironing • Tidying

1300 36 46 46

Enquiries till 9.00pm (incl. Week-ends) www.absolutedomestics.com.au



ADVANCED

Blind & Curtain Cleaning & Repairs

- Verticals • Curtains • Timber • Hollands • Romans

07 5523 3622

6/6 Enterprise Ave, Tweed Heads South



Gold Coast Domestic Cleaning

Servicing the Gold Coast & Tweed

2hr general home clean \$60	Oven cleans \$65
3hr general home clean \$90	Bond cleans from \$150

07 5524 9196 (8am-7pm)
See our website for full price list www.goldcoastdomesticcleaning.com.au
Contractor positions available

COMPUTER SERVICES

DOCTOR DATA RESCUE

Have you lost ? Has data been ? Call Doctor Data Rescue today!

- images • videos
- documents
- music

- formatted
- deleted
- damaged

Low rates, Fast local service.
0419 146618

We can recover from

- hard disks • USB flash drives • ipods/mp3 players
- CDs/DVDs • digital camera storage (SD etc)

- Professional data recovery (clean room class 100)
- Desktop/ laptop repairs & sales
- Computer component sales
- Network design & support
- Custom build computers



IT LAND

YOUR COMPUTER CENTRE

www.itland.com.au

Honest & Reliable Service

07 5523 2384 • info@itland.com.au
8/2 Machinery Drive, Tweed Heads South



IT SERVICE GUARANTEED

- Business & Residential
- Qualified Technicians
- Instore & Onsite Service

Aussie Computer Experts **1300 223 123**

Keeping I.T. Local

Tweed Coast Computing

www.tweedcc.com.au
0421 444 369

CONCRETING

CONCRETING All types of concreting, decorative spray-on paving, no job too small...0414 782 866

Mako Concrete Constructions

All aspects of concrete. No job too small.
Call now for a free quote.
Ph: **0403 053 073** email: aaron@alexciuc.com
Lic 222684C

DECKS, PATIOS & EXTENSIONS

ALL AREAS:
1300 199 585



You're in good hands

Naguar Holdings Pty Ltd T.A. Atlas Awnings, Northern Rivers NSW BLN 42748 Qld BLN 24566



DESIGN & DRAFTING

GERARD BISSHOP Design, drafting, extensions & carports.....0407 151 740 or 02 6676 3405

ELECTRIC MOTOR REPAIRS

TWEED ELECTRIC MOTORS

Sales & Service

Pool pumps, electric motors, power tools, electrical equipment & repairs
Unit 2/42 Machinery Drive, Tweed Heads South
07 5524 7055

ELECTRICIANS

CURTIS ELECTRICAL 24 hour service. Lic 79065C.....0427 402 399

2 Pauls Electricians

All electrical work, including home maintenance and air conditioning systems
Email: 2paulselectricians@gmail.com NSW: 218495C, Qld: 70561
Paul Taylor 0412 506 536

Ernst Max Mann

Electrical Contractor

02 6677 1943 / 0410 314 897
Lic EC 26523

FENCING

BEDNARZ, H & W, FENCING Specialise in pool, Colorbond & timber fencing.....0417 491 136

EDL FENCING Installations & repairs 0432 107 262 or 6677 1646

GARDEN & PROPERTY MAINTENANCE



Prestige

MAINTENANCE & REPAIRS

- Fully insured • Garden maintenance • Lawn/acreage mowing
- Edge trimming • Weeding/poisoning • Hedging/tree trimming
- Rubbish removal • Pressure cleaning • All handyman repairs
- Residential, commercial and body corporate • Lic 234358C

For a free quote call **07 5524 3202**



LOCAL GARDEN MAKEOVER & MAINTENANCE

- Weed control • Rubbish removal • Mowing
- Whipper snipping • Hedge trimming
- Small trees removed • Minor handyman work
- From \$30 – ring Woz for a free quote

0458 795 659(bk) 6679 5659(ah)

Nice to Mow you
10% DISCOUNT WHEN YOU MENTION THIS AD!
Anthony Neaves • Lawn mowing • Brush cutting • Pruning
0421 699 872 • Hedge trimming • Rubbish removal
nicetomowyou@gmail.com • Pressure cleaning • BBQ cleaning
Pensioner discount

GRAPHIC DESIGN

kimberley bloom design
your local print & web designer
t 02 6685 4846
e kim@kimberleybloom.com.au
w kimberleybloom.com.au

HANDY PERSONS

FIX.MATE Building maintenance & repairs 02 6689 7515

LANDSCAPING & EXCAVATION

lifestyle
paving & landscaping
Specialising in:
• all styles of paving & brickwork
• irrigation • retaining walls
• turf areas • water features
and all aspects of
paving and landscaping.
Over 20 yrs experience - friendly reliable service
Ring Dean on 0417 856 212

TINY EARTHWORKS
Philip Toovey 0409 799 909
ph/fax 02 6684 3208
various implements available for limited access projects

BTW EARTHMOVING
EXCAVATOR BOBCAT & WATER TRUCK
• TIP TRUCKS • FLOAT • TRUCK & DOGS • DRIVEWAYS
• ROADS • HOUSE PADS • CLEARING • DRAINAGE • CARPARKS
• BUSH ROCKS • ROCK WORK • MACHINE TICKETS
ALL MATERIAL DELIVERIES Ph: Quentin 0404 193 933

LICENSED BROTHELS

Venus Lounge
Gentlemen's Retreat
OUTCALLS AVAILABLE – OPEN 7 DAYS
17 Morton Street, Chinderah • 02 6674 5020

Black Orchid
OPEN 7 DAYS A WEEK
No. 12 Greg Chappell Drive, Burleigh Heads • 07 5522 1400

MARKETING

Let me help you market your business effectively
with eNewsletter, Automated eMails, Birthday
eCards, Promotional eBlasts.
p: Michael on 0402 728 207
michael.umback@emailnewsletter.com.au
www.emailnewsletter.com.au

MYOB TRAINING

GEOFFREY COLWILL Certified consultant, BAS agent..... 02 6679 4231

NATUROPATH

Your Professional Health Coach
Tracey Lee Morley ND DBM
24 years Experienced Practitioner
0266 841219
1446 Coolamon Scenic Drive Mullumbimby
www.alternative-natural-remedies.com.au

**Poor Digestion? Tired? Lethargic?
Bloated? Nauseous? Wind?**
This may lead to serious long term health problems
such as obesity, migraine and diabetes to name a few.
Call Naturopath / Nutritionist / Herbalist Barry Donnelly
Ph: 02 6680 3025 Mob: 0429 801 320

PAINTING

Professional Painting & Decorating
Specialising in: Customer Service,
Residential Homes, Interiors & Exteriors
Joel Watson 0404 202 415
Fully insured Lic No. 211420C

PEST CONTROL

SANCTUARY PEST MANAGEMENT Est. 1994
RELAX – Safe, effective pest control is our business
• Comprehensive management plans & property inspections
• Spray-free cockroach treatments • Non-toxic termite control
If you have found termites do not disturb them! Contact us for advice.
6672 4400 or after hours on 0414 769 018 • www.sanctuarypest.com.au

PLASTERING

MASTER PLASTER 20 years experience, best price. Lic 90972C..... 0433 800 333

PLUMBING

ADM PLUMBING SERVICES No job too small. Lic 234528C..... Adam 0466 992 483

PLUMBING & GAS SOLUTIONS
Blocked drains? New water heater?
Whatever your plumbing needs we have the answer.
Available 24/7. FREE quotes.
Personalised, professional approach to your plumbing requirements.
Nathan 0432 511 579
Tristan 0458 025 747
plumbjet@gmail.com
PLUMB-JET GAS-JET

Lee Alach PLUMBING
• Same day response
• 10% pensioner discount
• All plumbing & maintenance
• Plumbing & gasfitting
• Guttering & downpipe replacement
NSW Lic 204860C Qld Lic 28721
Call your local plumber 0409 848 800

buchanan PLUMBING
• Toilet repairs • Tap repairs
• Blocked drains • Gasfitting
• Hot water
• Emergencies – 24 hours 7 days
• 10% pensioner discount
CALL LUKE 0407 119 910

REMOVALISTS

MULLUMBIMBY RELIABLE REMOVALS
LOCAL • SYDNEY • GOLD COAST • BRISBANE • MELBOURNE
02 6684 2198
mullumbimbyremovals@bigpond.com

THE SHIRE FREIGHT CO
From Middle Pocket to Middle Earth – just give us a ring
• Freight services to Brisbane Mon & Wed
• Carriers of fine art • Furniture removal
• E-bay pick up & delivery
6687 6445 / 0409 917646

ROOFING

ROOFING CRAFTSMEN
6 GENERATIONS IN ROOFING
ROOF RESTORATIONS • RE-ROOFING • REPAIRS • FREE QUOTES
Honest, reliable, all work guaranteed.
6681 4163 / 0414 674 110 • www.roofingcraftsmen.com.au

RUBBISH REMOVAL

OCEAN SHORES SKIPS Mini skip specialist..... 0412 161 564

Tweed Skips
do it for you
Call Gary now for a free quote
0421 999 018 or 02 6676 0098
www.tweedskips.com.au

COWBOYS CAR REMOVALS
FREE PICK UP
All scrap metal, white goods, farm machinery
4WD access • Local towing service
Lic 06105 NSW
Ph/Fx 02 6677 9443 Mob 0421 251 477

A1 SKIPS 0418 992 111
Fast delivery and friendly staff.
Your local skip operator.
Call Mick & Jo 0418 992 111.
Share a bin with your neighbour!

SCREENPRINTING

T'SHIRT PRINTING
SMALL RUN SPECIALISTS!
* Over 10 Years servicing Northern NSW and the Tweed.
* Can print you 1-1000 T-shirts using only the best quality garments.
• BAGS • HATS • STUBBIE COOLERS • STICKERS •
Unit 3 / 5 Wollongbar Street, Byron Bay Industrial Estate
BBS BYRON BAY SCREENPRINTERS
Email: b.b.s@comcen.com.au
Ph: 02 6685 5802

SOLAR INSTALLATIONS

SUNBEAM SOLAR SYSTEMS
Lic. Electrical Contractors
• INSTALLATIONS • REPAIRS & SUPPLIES
Your local installer dealing in Sharp Solar Modules, Australian made Latronic Inverters and Century/Yuasa batteries. Specialists in Standalone and Grid Interact Solar Power Systems.
P: 02 6679 7228 E: sunbeamsolar@bigpond.com www.sunbeamsolar.com.au

Northern Solar Pty Ltd
Solar Power Systems & Electrical
Quality solar power systems, after sales service and maintenance program
Contact Darren or Jenny – phone 0427 661 421
or email info@northernsolar.com.au
Lic No. 230119C CEC No. A7271144

solarwave AUSTRALIA
Putting power back into your hands
www.solarwave.com.au
1300 445 755
MEMBER OF Clean Energy Council CEC Accreditation: A1501709 NSW 232448C

WARDROBES

SolSPACE designer Robes
design for living
Call for a free measure and quote today
Dean – 0418 739 169
www.solSPACE.com.au

WEDDING SERVICES

PERFECT WEDDINGS Diane Paludi. www.callacelebrant.com..... 0402 432 179

WINDOW TINTING

WINDOW TINTING
6680 2484 • 0416 218 720
TWEED BYRON WINDOW TINTING

ECHO CLASSIFIEDS
6672 2280

PHONE ADS
Ads may be taken by phone on **02 6672 2280**
9am-12pm Wednesday, 9am-5pm Monday to Friday.
Ads can't be taken on the weekend.

BY POST
PO Box 545
Murwillumbah 2484

RATES & PAYMENT
\$15.00 for the first two lines (minimum charge)
\$5.00 for each extra line (these prices include GST)
Cash, cheque or credit card – Mastercard or Visa.

DEADLINE
12pm Wednesday for display ads and line ads.

ACCOUNT ENQUIRIES phone **02 6684 1777**

THE TWEED
Echo

PUBLIC NOTICES

LOST?
FIND YOURSELF AT
THE RUG SHOP BANGALOW

ON A TIGHT BUDGET?
Need an interest free loan?

Contact the Byron Community Centre
on **6685 6807** or visit our website
www.byroncentre.com.au
look under Community Services,
NILS for more information.

Do You Have What
It Takes To Be An
Alternative Model ?

The EDGE Alternative Modeling Agency
is searching for 'The Face of 2012'
see website for details.
www.the-edge-alternative.com.au

BAYSIDE ACUPUNCTURE & HERBAL MEDICINE

Eeka Berghofer
BHSc (Acup) AACMA
Fertility, pregnancy
& childbirth
specialist.

David King
Adv Dip (Acup) AACMA
Pain conditions.
Mental/emotional
disturbances & general.

14 Park Street, Brunswick Heads | 02 6685 1088 | baysideacupuncture.com
ACUPUNCTURE CHINESE MEDICINE HERBS REMEDIAL MASSAGE

EMERGENCY NUMBERS
Please stick this by your phone

AMBULANCE, FIRE, POLICE **000**
AMBULANCE Mullumbimby & Byron Bay **131 233**
BRUNSWICK VALLEY RESCUE Sea & road rescue..... **6685 1999**
BRUNSWICK MARINE RADIO TOWER **6685 0148**
MULLUMBIMBY HOSPITAL..... **6684 2266**
BYRON BAY HOSPITAL **6685 6200**
POLICE Brunswick Heads..... **6685 1277**
Mullumbimby **6684 2144**
Byron Bay **6685 9499**
Bangalow **6687 1404**

STATE EMERGENCY SERVICE Storm & tempest damage, flooding. **6684 3444**
AIDS Confidential testing & information (ACON)..... **6622 1555**
AL-ANON Help for family & friends of alcoholics **6685 9690, 6680 4429**
ALCOHOLICS ANONYMOUS 24 hours..... **6686 8599**
ANIMAL RESCUE (DOGS & CATS) **6628 1358**
LIFELINE **131 114**
MENSLINE 7pm–11pm nightly (phone counselling & referral for men).. **6622 2240**
NARCOTICS ANONYMOUS Meets daily **1800 423 431**
NEIGHBOURHOOD CENTRE **6684 1286**
NORTHERN RIVERS GAMBLING SERVICE **6687 2520**
DOMESTIC VIOLENCE 24 hour crisis line..... **1800 656 463**
GAMBLERS' ANONYMOUS Meet 7.30pm Tuesdays
at Byron Hospital Group Room, Shirley St, Byron Bay..... **0466 885 820**
NORTHERN RIVERS WILDLIFE CARERS..... **6628 1866**
KOALA HOTLINE..... **6622 1233**
GEORGE THE SNAKE MAN..... **0407 965 092**
NSW Wildlife Information & Rescue Service (WIRES)..... **6628 1898**

SEXUAL HEALTH SERVICE
Free STI/HIV checkups
Clinics Murwillumbah & Tweed
For appointment phone 0755066850

Sexual Counselling
Alison Rahn qualified sex therapist
www.alisonrahn.com.au 0432599812

KINESIOLOGY
Clear subconscious sabotages.
Reprogram patterns and beliefs.
De-stress. Restore vibrancy and
physical health. Clear allergies.
SANDRA DAVEY, Reg. Pract. 66846914

KA HUNA BODYWORK IN KINGSCLIFF
MASSAGE
Bring the joy of life to your body.
Ph Susan 0418726877

TREE SERVICES

Tallow TREE SERVICES

FOR ALL YOUR PROFESSIONAL TREE CARE NEEDS!
• REMOVALS • PALMS • TREE SURGERY
• PROFESSIONAL CLIMBERS • 12' 15' & 18"
CHIPPER • FREE QUOTES • FULLY INSURED
'CERT. HORT/ARB' • STUMP GRINDING •
TREE REPORTS & DA APPLICATIONS
Carmine 6685 4015 - 0401 208 797

GARDEN MAINTENANCE

ACE MOWING & GARDENING

- LOWEST PRICES
- RUBBISH REMOVED
- PENSIONER DISCOUNT

• FRIENDLY HONEST RELIABLE SERVICE

RING RAY FOR ALL YOUR MOWING AND GARDENING NEEDS
M 0422 094 090
AH 02 6677 6220

FOR SALE

SOLAR PANELS portable fold-up 12v
120w as new. \$550 ono. Ph 66771022

DINING table & 4 chairs 1200x1200 glazed
Regina hardwood 2yo paid \$1800 sell
\$900 never used Ph 66791269

JACOBAN LOUNGE suite, 3 piece, A1
cond. Cream velvet upholstery, autumn
tones, a steal at \$600. 0423923581

BALI IRONWOOD ROOFING SHINGLES
\$25sqm, Phone 66856379

BAMBOO PLY
from \$10.50sqm & **Bamboo Flooring**.
For ceilings, walls, doors, etc.
Ph 66884188 - sample & brochure
www.bambooply.com.au

TIMBER, pine, treated pine, hardwood,
mouldings, sleepers, fencing, Koppers
logs, ply, MDF, lattice, made to order.
Brims Builders Hardware, Billinudgel
02 66801718, Sth Tweed 07 55236002

FIREWOOD DELIVERIES
- HONEST & RELIABLE -
Best rates & service in the Shire.
Phone Matt 0427172684

helenluna.com.au
locally made jewellery & wedding rings

GARAGE SALES

Clutter Overload?
Time to clear it out with a garage sale.
Ph us on 66722280 to advertise here.

POTTSVILLE 67 & 69 Korora Parkway,
Sat from 7am, 8 x 4 pool table \$1000,
Queen bed & mattress, futon, outdoor
furniture, bric a brac. Ph 0424151279

MOTOR VEHICLES

NISSAN PULSAR 2001, manual, sedan,
162,000km, 1.6lt, rego 9/12 rust free,
regular service. excellent condition \$4950
neg. Phone 66872091 or 0408247965

BARGAINS

'02 Ford Supercab Falcon Ute
Auto, AC, PS, tow bar. LKX697 **\$3,950**
'01 Toyota Camry Conquest Sedan
Auto, AC, PS, 92,091km. XQM 874 .. **\$7,250**
Holden Commodore Wagon
Auto, AC, PS, CD. Nice car. TSW280 **\$2,500**
Suzuki Vitara Soft Top 5 speed.
Ready for summer. AW45DW **\$2,350**
Convertible Ford Capri 5 speed, AC, PS,
5/2012 rego. Summer lovin'. YKX419 **\$2,450**
'99 Hyundai Lantra Sportswagon
5 speed, AC, PS. BF92DD **\$3,850**
50 CARS UNDER \$10,000
www.dealcars.net
16 ENDEAVOUR CLOSE, BALLINA
Ballina Car Centre
6686 5586 DLN 19950

MOTOR BIKES

YAMAHA TY 175
\$1200. Phone 0412196200

BUSINESS FOR SALE



Soft serve ice cream van
SUIT LOCAL OR BACKPACKERS
Fund your holiday then sell. Great
income, work your own hours \$39000neg
Phone 66805378 or 0419661002

LICENSED CAFE Byron A&I Est. Take
over now, \$12,000. Ph 0403337601

BANGALOW LIC'D POST OFFICE
(business only) Secure, profitable
excellent opportunities & choices
post2479.com.au Jacinta. 0417547242

FREEHOLD BUSINESS
Billinudgel Landscaping Supplies
1007sqm site, machinery, stock, WIWO,
\$630,000 Ph 66804634

MARKET STALL perm, active wear,
exclusive designs. Stock, website &
online stop incl. Recognised brand, return
customers, great option to expand. For
serious enq. Ph 0413656864

HOUSES FOR SALE

NTH OCEAN SHORES executive home,
4br, 2 bathroom, 10 min walk to beach,
spectacular ocean views, \$647,000. See
www.diysell.com.au ID#P19537. Phone
66284127 or 0429023402

HOLIDAY ACCOM.

MIA CASA lush oasis, pool, spa, view. 2
min Mullum, 15 Byron. Luxe room or s/c
cottage with woodstove. Ph 66844762

SHELL COTTAGE @ SCOTTS HEAD, NSW
FOR YOUR NEXT RELAXING GETAWAY
• Private one-bedroom beach house
• 10 minute walk to two surf beaches
• Fully furnished
• Suitable for couples or a small family
• Located in town, close to services
• Four hours drive south of Byron
• Well appointed
Check it out at
www.shellcottageonline.com
or call Ken on 6569 0447

TO LET

SOUTH GOLDEN BEACH
Recently renovated elevated 3br house,
walk to beach, covered timber deck,
polished floorboards throughout, 2
living areas, large backyard, large under
house storage, dishwasher, in
cul-de-sac, \$390pw, avail 9 September.
Professionals Ocean Shores
Phone 66804777

YELGUN/RURAL 1min to h'way, 20 min
to Tweed or Byron, 2br, 2 bath, study,
lge kitchen & lounge, u-cover parking 2
cars, suit home office, part furn, \$390pw
0755752151, 0407593757, 0451125537
Email: jwilson_59@bigpond.com.au

M'BAH 2 bedrm flat + c-port \$250pw &
\$1000 bond, 6 months plus lease, 2 flats
avail 8/10/11 & 11/11/11. Ph 66727494 ah

BANORA 1br unit \$190pw + bond. N/s,
Phone 07 55233244

CABARITA BEACH new very spacious 4+
br, all ensuite, 2 living areas, 4 car LUG,
NE to water, 200m to beach. \$700pw neg.
Long lease. Ph 0412367233

SOUTH GOLDEN BEACH
Recently renovated elevated 3br house,
walk to beach, covered timber deck,
polished floorboards throughout, 2
living areas, large backyard, large under
house storage, dishwasher, in
cul-de-sac, \$390pw, avail 9 September.
Professionals Ocean Shores
Phone 66804777

LOCAL REMOVAL
& backloads to Brisbane. Friendly, with 10
years local experience. Ph 0409917646

POSITIONS VACANT

DELIVER small local phone books. Own
vehicle required. Mid October start. Phone
0419009517 or 0418994956

Chillingham & Tyalgum Preschool
Bookkeeper/Admin Clerk - Perm P/time,
6hrs/wk, at Tyalgum. Duties: Maintain
preschool's financial & employment
records. Essential: MYOB, exp with
BAS, wages & awards. Apply by 21
Oct: Secretary, Chillingham & Tyalgum
Preschool, c/- PO Chillingham 2484
chillinghampreschool@bigpond.com

ASIAN CUISINE COOK/CHEF
Mur'bah. Must have an AQF III Certificate
or equivalent overseas qualification & 3
years experience with ability to train staff.
Send resume: au2008@hotmail.com.au

CAREER IN CHILDCARE
Would you like to become a carer and
work from home? Free training & financial
support is provided, to enable you to
provide accredited high quality care in a
home environment. You will be supported
by the largest scheme in NSW. Flexible
hours. Childcare benefit available. Phone
Northern Rivers Family Day Care for
more info on 07 5536 1865.

MODELS 18+ years required. Nude
female for Picture and People magazines.
No experience required. All shapes and
sizes. Backpackers welcome. Good money.
Professional accredited ACP photographer.
Ph 0413627846

FINS

Prep chef and kitchen hand
positions available at
FINS RESTAURANT. Looking
for passionate candidates to
join our dynamic team. Email
resume dining@fins.com.au

MUSICAL NOTES

JAZZ PIANO, DOUBLE BASS & DRUM
TRIO FOR HIRE
Well rehearsed & accomplished players.
Phone 0412732465

PETS

GOING AWAY? Who is looking after your
pets? Kingscliff Petsitting 0419358794 or
www.kingscliffpetsitting.com.au

Sammi is a
short haired, 3
yr old, desexed
female black
cat. She is an
energetic cat
who loves to
play. Sammi
has a very
sweet nature
and enjoys
cuddles. She
is not aggressive towards other cats
but is frightened of dogs. She would
appreciate a house that does not let
her roam. Sammi is a good indoor cat
but needs stimulation. She would get
along well with children as long as she
is getting affection and love but is not
suitable for an elderly person as she
has a tendency to run between feet.
If you can give Sammi a secure, loving
home, please **contact Sonia on 07
5524 8590**. FOP need to increase their
pool of foster carers. Please call if you
can help us!

Sammi

www.friendsofthepound.com
07 5524 8590

ONLY ADULTS

MISTRESS AVIKA de Vine, goddess
of conscious kink, play &/or personal
transformation. Ph 0420571847

CONSCIOUS EROTIC ARTS
sessions with Avika. Tantra Taoist
sexological bodywork, erotic massage,
kinky Tantra, Byron. 0420571847

TWEED COAST ESCORTS
0419 962 958

EARN BIG BUCK\$
Good working environment
with female staff
must be 18–65 yrs old
02 6674 5020

Are you part of
the conversation?

Your community newspaper is the
place where Tweed Shire people like
to air their concerns.

And, unlike other papers, we listen.

That is, we devote more space to our
letter writers than the others do.

(Maybe it's because more people
write to us!)

Have your say by writing to:
editor@tweedecho.com.au

THE TWEED
Echo

www.tweedecho.com.au

Echo PROPERTY

Weak housing outlook, urgent need for action: HIA

The Housing Industry Association has released the spring edition of its *National Outlook*.

The spring *Outlook* highlights a continuing deterioration in new home building conditions in 2011/12. Following a 5.8 per cent fall in 2010/11, HIA is forecasting a 10.3 per cent decline in new housing starts in 2011/12 to just over 140,000, the sixth decline in eight years.

HIA chief economist Dr Harley Dale said that prompt action is required on three fronts:

- Interest rate cuts are required and justified to bolster fragile business and consumer confidence and help boost new housing supply.

- Short-term fiscal stimulus is needed to boost owner-occupier and rental housing stock.

- A plan of fundamental tax

reform needs to be formulated at this week's Tax Forum.

'New housing is the second most heavily taxed of the 27 large industrial sectors in the Australian economy,' said Harley Dale. 'Many of the taxes on new housing are highly inefficient and inequitable and therefore heavily restrict the supply of a basic necessity of Australian life – shelter. '[...]In New South Wales over the last five years only 20 per cent of the nation's new housing stock was added, despite it having 33 per cent of the population.

Contrary to the new home building sector results, renovations activity is growing.

'The total investment in renovations increased in both the March and June quarters of 2011, driven by both small and large

renovation jobs,' said Harley Dale.

'The high transaction costs involved in moving home – the largest cost of which is stamp duty – is driving households to invest in their existing property.

'Following a bare easing of 0.3

per cent in 2010/11, total renovations investment is forecast to grow by 2.3 per cent to \$31.6 billion in 2011/12 and to increase by a further 4.6 per cent to \$33 billion in 2012/13, which would be approaching a record high.'

INVESTMENT, FAMILY HOME OR REFINANCE...

First Home Owners please contact me. Stamp Duty Exemptions cease next year. If you are a First Home Owner contact me now to see what finance options are available to you. My service is No Obligation and Free to you, ring or email me now to arrange a meeting.



Creating and protecting your wealth

rshaw@acceptancefinance.com.au

www.acceptancefinance.com.au

Russel Shaw
6680 8045
0412 833 280



MR PROPERTY
SERVICES

"The Manufactured Home Specialist"

View over 40 homes at
www.mrpropertieservices.com.au

A company that prides itself on specialising in assisting 'Buyers' and 'Sellers' of manufactured & relocatable homes located at Lifestyle Villages and residential Parks in Tweed Valley.



139 Minjungbal Drive Tweed Heads South
Ph: (07) 5523 3431 Mob: 0423 028 468
Email: kprice@mrpropertieservices.com.au

TWIN TOWNS



Attention buyers \$300s to \$700s

- Great selection of units in both Ocean Tower and Harbour Tower
- Choose from 1 bed, dual key, 2 bedroom and 3 bedroom
- All with superb views, full resort facilities and reasonable levies
- One of the best beaches on the planet just over the road!
- Skyway access directly into world renowned Twin Towns Services Club

WINSTON LAMONT
REAL ESTATE

www.Domain.com.au/WinstonLamont

Enq: Winston 07 5506 6645 or 0414 997 722

Noticeboard

■ Please note all times are in Daylight Saving Time (DST).

Annual fete

Tweed Hospital Auxiliary annual fete on Saturday, October 8, in the Civic Centre, Powell St., Tweed Heads. Lots of bargains in babywear, soft toys, books, craft, cakes and jams, jewellery, remnants, odds and sods, sweets, preloved clothing. Barbecue from 7.30am (doors open 8am close 2pm) and light refreshments available, raffle drawn about noon.

Friends of the Pound

Friends of the Pound are having a sausage sizzle in front of JH Williams on Tweed Valley Way, from 9am to noon on Saturday, October 15. All welcome.

Financial info

Tweed Heads Library and Kingscliff Library for the month of October are providing free community information sessions on investment and lifestyle choices in conjunction with Centrelink's Financial Information Service in October and November at Tweed Heads and Kingscliff. Bookings essential, call Kingscliff Library 02 6674 1607 or Tweed Heads Library 07 5569 3150.

Historical society

Tweed Heads Historical Society's monthly meeting will be held on Tuesday, October 18, at 10am DST in The Old Court House, Pioneer Park, Kennedy Drive, West Tweed Heads. Guest speaker Alan Beck will talk on the Madura Tea project at Clothiers Creek, visitors welcome, for info call 07 5536 8625. Opening days for research centre and the Tweed River

Regional Museum are Tuesdays and Fridays 11am-4pm, Sundays 1pm-4pm.

Garden club

Twin Towns and District Garden Club will hold the October meeting on Monday October 10 in the Tweed Heads Civic Centre. Guest speaker will be Carol Kerken on cottage gardens. Meeting will start at 10am with morning tea from 9.45 am (included in entry fee of \$3). All the usual benching, cutting and trading tables, library, raffle, lucky door prizes and a friendly atmosphere. All welcome.

VIEW clubs

Twin Towns Evening View Club meets at 6.30pm (DST) the 2nd Wednesday of each month at Tweed Heads Bowls Club. Next dinner meeting Oct 12, guest speaker is Senior Constable Jennifer Toolman. To book, call Barbara 07 5523 1057.

Tweed Coast View Club celebrates its 23rd birthday on October 10 at Cabarita Sports Club. Morning tea will be held at 10.30am followed by a short meeting. Entertainment will be provided by Chris Harvey prior to the birthday luncheon. To book or for info call Heather 02 6670 4013.

Murwillumbah Evening View Club will meet at Condong Bowls Club, October 10, 6.30pm for 7pm start. Guest speaker will be Marilyn Gilmore, showing flower arranging. Apologies to Gloria on 6672 3794.

Friendship group

St Mary and Ambrose Friendship Group is an association of Tweed Coast women who get together and share a meal. We all bring a plate of food to share after our meeting and meet in the Recreation Room at 89 Tweed Coast Road, Hastings Point on the 1st Monday of each month at 11.30am. All women welcome to

join us, next meeting is on Monday, October 3. For info call Joan on 02 6676 4270.

Book sale

Friends Of the Library, Kingscliff, is holding its book sale on Saturday, October 8, 9am-11.45am. All welcome to find a bargain while helping to raise funds for the library.

Probus club

Probus Club of Hastings Point Tweed Coast meets next Tuesday, October 18, at 10am at The Point, Tweed Coast Road, Hastings Point. Guest speakers at each meeting, all welcome, for info call Jill 6676 4534

AOOB

AOOB Twin Towns branch's next monthly meeting on Friday, October 7, at South Tweed Sports Club, Tweed Heads South at 2pm in the Secret Garden Room. Our guest speaker will be Leah from Dog Story. All members and intending members are invited to attend, for info call 07 5536 2653.

Toastmasters

Looking to form a new club, meeting twice a month, 3pm-5pm on a Sunday. The focus is on communication and leadership development, while at the same time encouraging good friendships and fun. For info call Gary on 0438 889 919 or visit high.ttm@gmail.com.

Table tennis

On Saturday, October 8 from 9am Coolangatta Seniors Centre will be celebrating one year of social table tennis. Free games of table tennis and a free morning tea will be offered to all who attend. Bingo, \$1000 major cash prize, Tuesdays 9.30am. All welcome at Coolangatta Senior

Citizens Centre, 2 Gerrard Street. For info call 07 5536 4050.

Kingy CWA

Kingscliff Country Womens Association annual general meeting October 11 at Cudgen Leagues Club at 9.30am. Raffle winner at the sausage sizzle was Norma Martin from Kingscliff.

Men's a cappella

Are you of the male variety, can sing and possess a sense of comedy, then come and join Men Wot Sing a cappella singers. We perform at various functions, weddings, corporate gigs, festivals, and charities. Check us out on menwotsing.com.au or call Lou on 0419 735 633.

Voice Weavers

A cappella choir, if you like to sing, come along on Thursday evening 6.30pm at the Coolangatta-Tweed Heads Golf Club auditorium, Soorley St. Tweed Heads South. New members welcome. For info visit <http://voiceweavers.brettlogan.com> or call Brett 0418 754 868 Jan 07 5536 1078.

Girl Guides

The annual Guiding Get-Together is to be held at the home of Anne Bid-dulph, 64 Laura Street, Banora Point on Wednesday, October 26, at 11am. All persons who have been associated with guiding at any time either past or present, local or interstate are invited to come along and enjoy a great day. For info call Pat on 02 6674 4622.

Library storage need

Friends of Tweed Heads Library need storage space for books accumulated by donations for our annual book sale. An unneeded lockable, easily assessable dry garage would be ideal. All profits from our book sale are

spent on improving library facilities. Friends of Library meet 4th Wed. of the month at 10.30am at library to discuss recently reads books. New members welcome. If you can help call Rosalind on 07 5524 3342.

U3A

U3A Twin Towns Fridays at 10am, members enjoy mah jong and workshop, at 4 Boyd Street, Tugun and 'Find the Artist in you' at CWA Hall, Coolangatta, and at PCYC Florence Street, Tweed Heads at 9.30am tap dancing. Each day there are a variety of activities for both men and women. For info call before noon 07 5534 7333.

U3A Tweed Coast, First Friday Forum to be held on October 7 at the Kingscliff Uniting Church, Pearl Street at 2pm. Be entertained to some jazz, afternoon tea served in the Church Hall, donation \$2. All welcome.

ZONTA

ZONTA Club of Southern Gold Coast/ Tweed meets 3rd Monday of each month in Secret Garden Room, South Tweed Sports Club, 4 Minjungbal Drive, South Tweed. For info on community and international projects call Marie-Elise 0412 632 304 or Carolyn 0416 637 771.

Computers for seniors

Computer Association Tweed Seniors meets on the third Wednesday of each month at 10.30am in the Seagulls Club. Get computer advice and learn computer skills at your own pace in a friendly social environment. All welcome. For info call Noeline on 07 5599 8939 bh.

Lifeball

Lifeball is an exercise sport similar to netball but played at walking pace by senior men and women. At Chindera:

sessions held every Tuesday 9.30am-11.30am at Tweed Supersports Centre, Chindera, for info call Jill 02 6674 0636 or George 02 6624 4558. At Pottsville: men and women players needed, sessions every Thursday 9.30am to 11.30am at Pottsville Community Hall, Coast Road, Pottsville. For info call Ruth 02 6676 0411.

Banora Pt community

Banora Point Community Centre Senior Program has various groups available on Tuesday afternoons and all day Fridays. If you are interested in card playing, Stretch your Mind, Tai Chi, Mah Jong, Scrapbooking, Art, Scrabble, Gentle exercise with weights call Lyn on 0755 232030. The centre is on the corner of Leisure and Woodland Drives, Banora Point.

Riding volunteers

Riding for the Disabled Tweed Valley Centre needs regular helpers on Tuesday, Thursday or Saturday mornings during school terms. Horse skills are not essential and training is provided. Call Sylvia 0419 437 217.

Encore program

Registrations are now open for the free YWCA Encore exercise program. This eight-week program runs for 2 hours a week starting on Friday, October 14, and is for any woman who has experienced breast cancer at any time in her life. Call 1800 305 150 for details and to register.

Lupus

Lupus and Sjogren's Gold Coast-Tweed Support Group meeting on Saturday, 8 October at 10.30am (DST) at the Uniting Church, Cnr McLean & Lanham Streets, Coolangatta. All welcome, tea and coffee provided. For info call Kelly on 02 6676 2646 or email info@lupusnsw.org.au

Northern Rivers Produce

Produce by locals for locals

Order online and we'll deliver farm fresh, local produce direct to your door.

www.northernriversproduce.com.au

**Picked fresh
Arrives fresher
Tastes better**

HOME DELIVERY AREAS INCLUDE
MURWILLUMBAH AND
POTTSVILLE TO KINGSCLIFF

RECEIVE WEEKLY EMAILS ADVISING
EACH UPCOMING BOX'S CONTENTS

COOL BOX AND ICE BOTTLE TO
KEEP YOUR PRODUCE FRESH

Choose from a selection of box options that you can add to, and customise as little or as often as you like.

Enjoy super fresh local fruit, vegetables, eggs, herbs, deli meats and freshly baked breads.



**No fees
Best rates
Exotic currency on hand
Special rates for Seniors
International money transfers available**

**9am-5pm Mon-Fri
07 5536 8217
Beachcomber Arcade,
122 Griffith Street, Coolangatta**



**PH: 1300 765 161
www.aquablinds.com.au
sales@aquablinds.com.au**

**FACTORY DIRECT
SAVE UP TO
45% OFF***



Café Blinds, Vertical Blinds, Sun Blinds, Venetian Blinds, Roman Blinds, Roller Blinds, Panel Glide Blinds, Stainless Steel Invisi-Gard Security Doors & Screens, Internal/External Shutters & Louvers. Custom Made Enclosures.

*SELECTED FABRICS. SEE INSTORE FOR FULL DETAILS.

The state government's planning review's statewide 'listening tour' rode into Murwillumbah last Friday. The two chairmen, former state government ministers Tim Moore (a Liberal) and Labor's Ron Dyer (note, minor parties don't get a look in) could be forgiven for being a little short with some; after all there're a lot of gripes to hear. At the second forum, when some participants expressed their frustration at the lack of compliance enforcement, an earnest Mr Dyer interjected that they weren't there to 'resolve extraneous issues'. When another speaker complained about constraints on development due to blanket flood-level height controls, Mr Dyer again pointed out that they 'can't actively resolve grievances'. Further along, he emphasised the point that 'it's wrong to imagine planning legislation can deal with all possible scenarios that exist; we're not here to solve the world's problems but to devise a simpler more efficient planning system'. Fighting words, but he did say he hoped to render the new legislation into plain English 'so ordinary people understand it'.

His colleague Tim Moore also didn't mince words in trying to keep the meeting focused. When a speaker suggested retrospective action to address inappropriate development on prime agricultural land, Mr Moore said 'we can't undo what happened in the past', adding that 'retrospective legislation is what the Germans used to confiscate property from Jews and led to the Holocaust'. The speaker agreed, but succinctly reminded the former coalition environment minister that the O'Farrell government had itself recently tried to use retrospective legislation to ditch contracts in the solar-panel tariff scheme. *Touché*. As the session wore on, Mr Moore apologised for being 'wound up' and that he might have to get himself a



Caldera Artfest third-prize winner Graham Abraham, left, with Currumbin Wildlife Sanctuary CEO Jonathan Fisher after Mr Fisher presented the Brisbane-based artist with the prize for his large oil painting entitled *Riflebirds Shoot for Survival* at the recent Caldera Artfest awards night at the Tweed River Art Gallery.

Artfest organiser Andy Reimanis said paintings in the event aimed to educate people about the unique biodiversity and geography of the caldera region to foster an understanding of the need for conservation and sustainable practices. Photo Albert Elzinga

Mogadon'. He soon called for a final question 'unless it doesn't raise my blood pressure'. Seems listening's not as easy as it used to be.

Local cops suspended: at least two commissioned officers attached to Local Area Commands within the northern regions were suspended during August following positive drug tests, our online *Echonetdaily* has discovered. A police media spokesperson declined to reveal the identities of the two men. He did, however, separately confirm that Detective Inspector Shane Diehm, who has worked for many years with the Tweed and Richmond commands, has been suspended from duty.

The row between federal MP Justine Elliot and councillors Warren Polglase and Kevin Skinner over federal funding bids going astray touched a sore point with minders for the MP and brings a little history to the fore. Mrs Elliot's spokesman sneered, 'We don't want to

get back to the previous situation', referring to the former government's regional funding arrangements through the old area consultative committees, which were criticised in federal parliament for giving millions of taxpayer money to companies on the north coast, some of which collapsed soon after.

In June 2005, just before the council led by Cr Polglase was sacked by the state government, the then federal opposition raised concerns about the former mayor's appointment as chair to the Northern Rivers Area Consultative Committee. The opposition's then spokesman for regional development and roads, Kelvin Thomson, said he believed Mr Polglase was 'unfit to be a member of the northern NSW-based committee' as he 'did not seem to understand the term "conflict of interest"' when questioned during the Daly inquiry into Tweed council's relationship with developers which led to council's sacking. Mr Thomson said the committees dealt in

big sums of money and were the responsibility of then deputy PM John Anderson (the Nationals leader) and called, unsuccessfully, on the minister to remove Mr Polglase (a local National) from the committee.

Last week we reported that a historic Burringbar church would soon be sold off as part of a financial consolidation program by its local diocese. Of course it's not the only one, and is part of an ongoing and widespread trend of churches dying around the country, as flocks dwindle and age, and they struggle with financial upkeep. But there's still lots of faith in the buildings themselves, with innovative ideas springing up to keep them going as centres for community activities. One purchaser of an old church even plans to turn the property into a holiday house, without destroying its character. Let's hope more community-minded entrepreneurs and organisations see the positives of integrating the new with the old.

Get Echo news on the net, daily!



and entertainment, and weather, and classifieds...

We have started a subscription-based daily web publication called *Echonetdaily*. There's no cost to readers, and all you have to do is visit the site **www.echonetdaily.net.au** and use the 'subscribe' button on the top right hand corner to enter your email address. It's that simple!

Echonetdaily



STIMULATE YOUR BODY'S NATURAL HEALING MECHANISMS

Acupuncture and Traditional Chinese Medicine stimulates your body's immune system and triggers natural physiological responses for healing without the use of drugs. Pain, fatigue, emotional concerns, women's health... this practice is gentle, safe and effective.

Combine this ancient science with REIKI and you have a truly holistic therapy for more profound healing of MIND, BODY, & SPIRIT.



Blissful Being Acutherapies is now at Kingscliff & Tweed Heads South, as well as a mobile service

For a complete wellness experience call Tanya Kane (B.H.Sc) today on **0413 672 160 blissfulbeingacutherapies.com.au**